

**SHAC 05/07/2019**

**Minutes:** 15:30-16:45

Members present: Myles Pennington, Rachel Thompson, John Norrell, Trish Trejo, Jenny Moore, and Sunday Elerson.

Rachel Thompson from Superior healthcare reviewed resources for the district such as: Breath of Life Screen for asthma/respiratory illness screenings, and Cody Stephens Foundation for cardiac screenings.

We also reviewed the following:

### **Health Services Mission Statement**

The Canton Public School Nurses are essential members of the educational team. Our mission is to foster growth, development and educational achievement of all students by promoting health and wellness, in a safe and supportive environment. We are committed to meeting the health needs of individual students and through collaboration with public and private agencies and health care providers, we advocate for students, their families and the school community.

### **Philosophy of School Health**

The National Association of School Nurses (NASN) defines school nursing as:

“A specialized practice of professional nursing that advances the well-being, academic success, and lifelong achievement of students. To that end, school nurses facilitate positive student responses to normal development, promote health and safety; intervene with actual and potential health problems; provide case management services; and actively collaborate with others to build student and family capacity for adaption, self-management, self-advocacy, and learning.”

Canton Public School Nurses endorse the following beliefs developed by the American School Health Association and The National Association of School Nurses:

- Every child is entitled to educational opportunities that will allow him/her to reach full capacity as an individual and prepare him/her for responsibility as a citizen.
- Every child is entitled to a level of health which permits maximum utilization of educational opportunities.
- The school health program, through the components of health service, health education and concern for the environment, provides knowledge and understanding on which to base decisions for promotion and protection of individual, family and community health.
- Parents have the basic responsibility for the health of their children; the school health program activities exist to assist parents in carrying out their responsibilities.

- The core roles that the school nurse fulfills to foster student health and educational success include: providing direct care to students, providing leadership for the provision of health services, providing/coordinating screening and referral for health conditions, promoting a healthy school environment, promoting/providing health education, serving in leadership roles for health policies and programs, being a liaison between school personnel, family, health care professionals, and the community.

### **Goals of Canton Public School Nurses**

- Reduce health related barriers to learning and health related absenteeism, thus improving student achievement.
- Promote the health, safety, and wellness of all students and staff in the Canton Public Schools.
- Promote best practices in school health services through professional development and resources.

### **When to Keep Your Sick Child Home**

Canton Public School health guidelines, regarding school attendance and illness, asks that you please keep your child home if he/she:

- Has had a fever, vomiting or diarrhea within the past 24 hours
- Has been dismissed from school due to illness, fever, vomiting or diarrhea. He/she may not return to school the next day
- Is being treated for a contagious illness and he/she must remain at home until on antibiotics for a full 24 hours

*When you call in your child's absence, please specify the nature of the illness. Thank you for your cooperation in helping to keep all of our students and staff healthy!*

### **Screening Information**

- **Vision and Hearing Screening**

The Texas Health and Safety Code requires that all children enrolled for the first time in any public, private, parochial, or denominational school or in the Department of Family and Protective Services licensed child care center and licensed child care home in Texas, or who meet certain grade criteria (specified below), must be screened or have professional examination for possible vision and hearing problems. The requirements apply each year for the ages and grades as follows:

*Children who turn 4 years old by September 1, kindergartners or any first time entrants (4 years through 12<sup>th</sup> grade) screening must be done within 120 days of admission.*

*1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> graders- screening must be done anytime during the school year (preferably within the first semester).*

### **Acanthosis Nigricans Screening**

The Texas Risk Assessment for Type 2 Diabetes in Children is a legislatively mandated program developed, coordinated and administered by The University of Texas Pan-American Border Health Office (BHO). The program assesses children who may be at high risk of developing Type 2 Diabetes in Texas Education Agency Regional Education Service Centers 1, 2, 3, 4, 10, 11, 13, 15, 18, 19, and 20. During vision/hearing and scoliosis screenings of 1st, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> graders in public and private schools, certified individuals assess children for the acanthosis nigricans marker, a skin condition that signals high insulin levels. Children who are positively identified with the marker undergo additional assessments of body mass index (BMI), BMI percentile, and blood pressure. Referrals are issued to the parents of these children, alerting each parent of their child's risk factors and encouraging further evaluation from a health professional. Becoming aware of and understanding what risk factors suggest can help stimulate the changes necessary to prevent or delay future problems for children at risk for developing Type 2 Diabetes and other conditions.

### **Spinal Screening**

In 1985, the Texas Legislature passed House Bill 832 which requires screening for abnormal spinal curves for students as follows:

Girls are screened two times: Age 10 (or fall semester of grade 5) and age 12 (or fall semester of grade 7).

Boys are screened one time: Age 13 or 14 (or fall semester of grade 8).

### **School Health Advisory Council (SHAC)**

A SHAC is a group of individuals representing segments of the community, mandated by the Texas Education code and appointed by the school district to serve at the district level, to provide advice to the district on coordinated school health programming and its impact on student health and learning. The SHAC assists the district in ensuring that local community values are reflected in the district's health education instruction. The SHAC Committee will conduct their work in accordance with Title 2, Chapter 28, Section 28.004 of the Texas Education Code.

### **Immunization Compliance**

Campus nurses ensure eligibility of students enrolling in Texas schools in accordance with Title 25, Rules 97.66 and 97.69 of the Texas Administrative code. Minimum State Vaccine Requirements for Student K-12 can be found at:

<https://www.dshs.texas.gov/immunize/school/school-requirements.aspx>

### **Immunization Exemptions**

Medical:

The law allows physicians to write a statement stating that the vaccine(s) required would be medically harmful or injurious to the health and well-being of the child. The written statement by the physician must be submitted to the school nurse. Unless it is written in the statement that a lifelong condition exists, the exemption statement is valid for only one year from the date signed by the physician.

For Reasons of Conscience, including religious beliefs:

The law allows parents /guardians to choose an exemption from immunization requirements for reasons of conscience, including a religious belief. The completed and returned form from the Texas DSHS must be submitted to the school nurse in order for the school nurse in order for the student to be admitted. The school will accept only the original official affidavit forms developed and issued by the Texas DSHS. The affidavit will be valid for two years.

Because the student had the disease:

Parents of students who had the chicken pox disease (varicella) may submit a signed form to the campus nurse that indicates the date that the child had the disease. It may also be documented by the physician on the immunization record.

Immunity Documented by Lab Result (Immunity by Titer):

Students who have had a lab test that shows that they are immune to the following diseases may present a copy of the laboratory results in lieu of documentation of the vaccines: Measles, Mumps, Rubella, Varicella, hepatitis A, Hepatitis B.

***Canton Health Services provides a back to school immunization clinic annually in August for district students (for the date and time check with the campus nurse), as well a flu shot clinic in October.***

Identifying and Caring for Students with Health Needs:

Parents are responsible for communicating to the campus nurse any medical condition their child has. Parents are to visit with the campus nurse to identify the need for an Action Plan, and a Medication Administration Permission Sheet for health needs such as: anaphylaxis, epilepsy, asthma, diabetes, and ADHD. **Each year Action Plans must be updated.**

The public is welcome to participate in SHAC! Please contact a campus nurse for SHAC dates and times. SHAC will resume in the Fall 2019.