



MARCH MILLTOWN

2020

Parkview School, 80 Violet Ter.,
Milltown, NJ 08850
732-214-2365



POMPTONIAN
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<div style="border: 1px solid green; padding: 5px; display: inline-block;"> Fruits & vegetables from The Farm Stand are included with lunch. </div>	
Dr. Seuss Day 2 Green Eggs & Ham on a Bagel with Cheese Sweet Potato Fries	3 Hot Dog on a Bun Baked Beans	4 Macaroni & Cheese with a Roll Caesar Salad <div style="text-align: center; color: red; font-weight: bold;"> National School Breakfast Week - School Breakfast: Out of this World </div>	5 French Toast Sticks with an Egg Patty & a 100% Juice Cup <div style="text-align: center;"> </div>	6 Domino's Pizza Celery Sticks with Dip
Weekly Alternate: Chicken Tenders with a Roll				
9 Baked Chicken Nuggets with a Dinner Roll	10 Nachos Grande with Beef Taco Meat, Cheese, Black Beans	11 Mini Eggo Waffles with Canadian Bacon 100% Fruit Juice	12 Baked Mozzarella Sticks with Marinara Sauce Steamed Broccoli	13 Maria's Pizzeria Pizza Garden Salad
Weekly Alternate: Hamburger or Cheeseburger on a Bun				
16 Cheese Pizza Bagel Carrot Coins	ST. PATRICK'S DAY 17 Macaroni & Cheese with Green Beans <div style="text-align: center;"> St. Patrick's Day Sticker w/ Lunch </div>	18 Big Daddy's Plain Pizza with Carrots <div style="border: 1px solid orange; padding: 2px; text-align: center;"> Weekly Alternate: BBQ Ribbie on a Bun </div>	19 Macaroni & Cheese with Green Beans & a Dinner Roll	20 Domino's Pizza Broccoli with Dip <div style="text-align: center; color: green; font-weight: bold;"> SPRING BEGINS </div>
23 Popcorn Chicken with Dip, a Roll & Corn on the Cob	24 Chicken Patty on a Bun with Apple Slices	25 Mini Maple Pancakes with Canadian Bacon 100% Fruit Juice	26 Hot Dog on a Bun Baked Beans <div style="border: 1px solid orange; padding: 2px; text-align: center;"> Weekly Alternate: Mozzarella Sticks </div>	27 Maria's Pizzeria Pizza Carrot Sticks with Dip
30 Cheese Pizza Bagel Oven Fries	National Ag Day 31 Nachos Grande with Beef Taco Meat, Cheese, Black Beans	<div style="text-align: center;"> March is National Nutrition Month </div>		
Weekly Alternate: Baked Chicken Nuggets with a Roll				

ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes Sliced French Bread)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese
Chicken Caesar Salad: Tossed Greens with Sliced Chicken & Caesar Dressing

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

CEREAL LUNCH

Cereal, Fun-Size Pretzels, Low-Fat Cheese & a Trip to The Farm Stand

PEANUT BUTTER & JELLY SANDWICH

DELI SANDWICH

- Week 1: Ham & Cheese on a Kaiser Roll with Lettuce & Tomato
- Week 2: Turkey Breast on a Kaiser Roll with Lettuce & Tomato
- Week 3: Tuna on a Kaiser Roll with Lettuce & Tomato
- Week 4: Ham on a Wrap with Lettuce & Tomato
- Week 5: Turkey & Cheese on a Kaiser Roll with Lettuce & Tomato

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us.

Please e-mail us at
comments@pomptonian.com

"This institution is an equal opportunity provider."



At least 50% of All Grains served w/ your meal are Whole Grain Rich

TAKE ADVANTAGE OF PRE-PAYMENT OPTIONS

- Cash
 - Check
 - On-line
- Visit "payforit.net"

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



Locally Grown Sweet Potatoes



Locally Grown Blueberries