

October 2019 Spring Creek Charter Academy



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Did You Know?</p> <p>Columbus Day is celebrated the second Monday every October.</p>	<p>1</p> <p>Hot Dogs Seasoned Whole Kernel Corn Sweet Potato Fries Fruit Cup</p>	<p>2</p> <p>Pizza Seasoned Corn Steamed Broccoli Marinara Sauce Fruit Cup</p>	<p>3</p> <p>PBJ Sandwiches Cheeze-itz Mozzarella Cheese Stick Fruit Cup Fruit Juice</p>	<p>4</p> <p>Pepperoni Croissant Marinara Sauce Scoops Fruit Juice Fresh Apple Slices</p>
<p>7</p> <p>Cheesy Chicken Brown Rice Butter Beans Sweet Potato Patty WG Roll Fruit Cup</p>	<p>8</p> <p>Chicken Nuggets Creamed Potatoes Black Eyed Peas WG Roll Fruit</p>	<p>9</p> <p>Stuffed Crust Pizza Carrots with Ranch Fruit Cup Marinara Sauce</p>	<p>10</p> <p>WG Twin Burgers Mozzarella Cheese Stick Broccoli Carrots Fruit Fruit Juice</p>	<p>11</p> <p>FALL BREAK</p>
<p>14</p> <p>FALL BREAK</p>	<p>15</p> <p>FALL BREAK</p>	<p>16</p> <p>Pizza Sticks Marinara Sauce Fruit Side Salad Kidney Beans</p>	<p>17</p> <p>PBJ WG Chips Mozzarella Cheese Stick Broccoli Carrots Fruits and Fruit Juice</p>	<p>18</p> <p>Pizza Croissants Scoops Mozzarella Sauce Broccoli Fruit Juice Cookies</p>
<p>21</p> <p>Baked Spaghetti Tossed Salad with Ranch Sweet Peas WG Bread Stick</p>	<p>22</p> <p>Chicken Nuggets Creamed Potatoes Black Eyed Peas WG Roll Fruit</p>	<p>23</p> <p>Pizza Seasoned Corn Steamed Broccoli Fruit Marinara Sauce</p>	<p>24</p> <p>Wg Twin Burgers Doritos Mozzarella Cheese Sticks Broccoli Carrots Fruit and Fruit Juice</p>	<p>25</p> <p>PBJ Cheeze-itz Mozzarella Cheese Sticks Fruit and Fruit Juice Cookies</p>
<p>28</p> <p>Cheeseburgers WG Bun Baked Beans Baked Fries Tomatoes Lettuce Pickles Fruit Cup</p>	<p>29</p> <p>Chicken Nuggets Creamed Potatoes Green Beans WG Roll Fruit</p>	<p>30</p> <p>Stuffed Crust Pizza Side Salad Marinara Sauce Fruit</p>	<p>31</p> <p>Pizza Croissant Doritos Mozzarella Cheese Sticks Broccoli Carrots Fruit Juice</p>	

Breakfast
 WG Breakfast Bars- Strawberry/Blueberry;
 Mozzarella Cheese Sticks;
 Variety of Cereal; Cinnamon Buns; Honey Buns; Fruit Juice; Yogurt; Fresh Fruit; or Fruit Cup.

1% Milk Offered Daily
 FF White Milk; FF Chocolate Milk.

This institution is an equal opportunity provider.

This menu is subject to change without notice.

School News

Fall Break Friday 10/11, Monday 10/14, and Tuesday 10/15

