

# Baker Lunch Menu



December 2018



# CREATIONS

## DECEMBER MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>3<sup>rd</sup>-7<sup>th</sup></b>	Oven Roasted Chicken with Macaroni and Cheese and Broccoli	Country Fried Steak with a Dinner Roll	BBQ Pulled Pork Platter with Baked Beans and a Corn Biscuit	Chicken Nuggets with a Dinner Roll	Baked Penne with Green Beans and a Dinner Roll <b>V</b>
<b>10<sup>th</sup>-14<sup>th</sup></b>	Pizza Stuffed Bosco Sticks with Dipping Sauce and California Vegetable Blend	Mini Corn Dogs with Broccoli	Beefy Macaroni with Dinner Roll and Roasted Carrots	Chicken Potato Bowl with Corn and a Dinner Roll	Build-Your-Own Breakfast Burritos with Sweet Potato Bites <b>V</b>
<b>17<sup>th</sup>-21<sup>st</sup></b>	Philly Cheese Steak Sandwich with California Vegetable Blend	Broccoli Chicken Alfredo with Dinner Roll	Chili Baked Potatoes with Dinner Roll	Buffalo Chicken Macaroni & Cheese	Waffles with Turkey Sausage

**December 19<sup>th</sup> – January 4<sup>th</sup>  
Winter Break**

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian. Many of our other daily specials have the option to be made **vegetarian**, just ask!



# DECEMBER MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>EVERYDAY OPTIONS:</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>
<b>3<sup>rd</sup>-7<sup>th</sup></b>	<b>Philly Cheesesteak</b>	<b>Chicken Parm Sandwich</b>	<b>Bacon Cheeseburger</b>	<b>Pulled Pork Sandwich</b>	<b>Chicken Cordon Blue Sandwich</b>
<b>10<sup>th</sup>-14<sup>th</sup></b>	<b>BBQ Bacon Cheeseburger</b>	<b>Chicken Philly Sandwich</b>	<b>Italian Meatball Sub</b>	<b>Hot Dog</b>	<b>Chicken Club</b>
<b>17<sup>th</sup>-21<sup>st</sup></b>	<b>Grilled Cheese Sandwich <b>V</b></b>	<b>Chicken Parm Sandwich</b>	<b>Bacon Cheeseburger</b>	<b>Pulled Pork Sandwich</b>	<b>Chicken Cordon Blue Sandwich</b>

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# PIZZA

## DECEMBER MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>EVERYDAY OPTIONS:</b>	Cheese Pizza <b>V</b> Pepperoni Pizza	Cheese Pizza <b>V</b> Pepperoni Pizza	Cheese Pizza <b>V</b> Pepperoni Pizza	Cheese Pizza <b>V</b> Pepperoni Pizza	Cheese Pizza <b>V</b> Pepperoni Pizza
<b>3<sup>rd</sup>-7<sup>th</sup></b>	<b>BBQ Chicken Pizza</b>	<b>Meatlover's Calzone</b>	<b>Veggie Pizza <b>V</b></b>	<b>Sausage Pizza</b>	<b>Breakfast Pizza</b>
<b>10<sup>th</sup>-14<sup>th</sup></b>	<b>Buffalo Chicken Pizza</b>	<b>Sausage Pizza</b>	<b>Supreme Pizza</b>	<b>Sausage Calzone</b>	<b>Chicken Spinach Alfredo</b>
<b>17<sup>th</sup>-21<sup>st</sup></b>	<b>Mushroom Chicken Pizza</b>	<b>Cheese Flatbread <b>V</b></b>	<b>Bruschetta Pizza</b>	<b>Sausage Pizza</b>	<b>Chicken Bacon Ranch Pizza</b>

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# DECEMBER MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>EVERYDAY SIDES:</b>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>
3 <sup>rd</sup> -7 <sup>th</sup>	<b>Chicken Enchiladas</b> Taco Fiesta Black Beans	<b>Steak Fajitas</b> Refried Pinto Beans	<b>Cheese Quesadillas</b> ✓ Taco Fiesta Black Beans	<b>Beef Tacos</b> Refried Pinto Beans	<b>Beef or Bean and Cheese Nachos</b> ✓ Taco Fiesta Black Beans
10 <sup>th</sup> -14 <sup>th</sup>	<b>Beans Enchiladas</b> ✓ Refried Pinto Beans	<b>Cheese Quesadillas</b> ✓ Taco Fiesta Black Beans	<b>Beef or Bean and Cheese Nachos</b> ✓ Taco Fiesta Black Beans	<b>Chicken Fajitas</b> Taco Fiesta Black Beans	<b>Beef Tacos</b> ✓ Refried Pinto Beans
17 <sup>th</sup> -21 <sup>st</sup>	<b>Enchilada Suiza</b> Refried Pinto Beans	<b>Chicken Burrito</b> Taco Fiesta Black Beans	<b>Beef or Bean and Cheese Nachos</b> ✓ Refried Pinto Beans	<b>Chicken Burrito Bowl</b> Taco Fiesta Black Beans	<b>Cheese Quesadilla</b> ✓ Refried Pinto Beans

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# DECEMBER MENU



**DELI**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Protein</u></b> Salami Turkey Ham Roast Beef Chicken/Tuna Salad Hummus <b>V</b> American Cheese <b>V</b> White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b> Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b> Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><b><u>Sauce</u></b> <b>V</b> Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><b><u>Protein</u></b> Buffalo Chicken Turkey Ham Roast Beef Chicken/Tuna Salad Hummus <b>V</b> American Cheese <b>V</b> White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b> Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b> Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><b><u>Sauce</u></b> <b>V</b> Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><b><u>Protein</u></b> Bacon Turkey Ham Roast Beef Chicken/Tuna Salad Hummus <b>V</b> American Cheese <b>V</b> White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b> Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b> Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><b><u>Sauce</u></b> <b>V</b> Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><b><u>Protein</u></b> Chicken Nuggets Turkey Ham Roast Beef Chicken/Tuna Salad Hummus <b>V</b> American Cheese <b>V</b> White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b> Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b> Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><b><u>Sauce</u></b> <b>V</b> Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><b><u>Protein</u></b> Pepperoni Turkey Ham Roast Beef Chicken/Tuna Salad Hummus <b>V</b> American Cheese <b>V</b> White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b> Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b> Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><b><u>Sauce</u></b> <b>V</b> Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>

Each meal meets USDA meal requirements for grades 9-12 with a minimum of 2 oz M/MA, 2 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.



# FAST TAKES

## DECEMBER MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>3<sup>rd</sup>-7<sup>th</sup></b>	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad <b>V</b>	American Wrap Ham and Cheese American Sub Chicken Caesar Salad Garden Salad <b>V</b>	Buffalo Chicken Wrap Turkey and Cheese Ham and Cheese Sub Crispy Chicken Salad Garden Salad <b>V</b>	Crispy Chicken Wrap Ham and Cheese American Sub Chef Salad Garden Salad <b>V</b>	Chicken Bacon Wrap Italian Sub Turkey and Cheese Fajita Chicken Salad Garden Salad <b>V</b>
<b>10<sup>th</sup>-14<sup>th</sup></b>	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad <b>V</b>	Buffalo Chicken Wrap American Style Sub Ham and Cheese Chicken Caesar Salad Garden Salad <b>V</b>	Turkey Bacon Club Wrap Turkey and Cheese Turkey Bacon Club Sub Buffalo Chicken Salad Garden Salad <b>V</b>	Italian Sub Italian Wrap Ham and Cheese Chef Salad Garden Salad <b>V</b>	Southwest Wrap Buffalo Chicken Sub Turkey and Cheese Taco Salad Garden Salad <b>V</b>
<b>17<sup>th</sup>-21<sup>st</sup></b>	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad <b>V</b>	American Wrap Ham and Cheese American Sub Chicken Caesar Salad Garden Salad <b>V</b>	Buffalo Chicken Wrap Turkey and Cheese Ham and Cheese Sub Crispy Chicken Salad Garden Salad <b>V</b>	Crispy Chicken Wrap Ham and Cheese American Sub Chef Salad Garden Salad <b>V</b>	Chicken Bacon Wrap Italian Sub Turkey and Cheese Fajita Chicken Salad Garden Salad <b>V</b>

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