

Creating Responsible Kids on Smartphones

A Discussion of Youth Social Media & Mental Health Trends

Learn About **#For Adults Only#**

apps, smartphones, social media use/misuse, privacy settings, sharing too much information, setting expectations and ways to talk to young people about wise use of their devices. There will also be a discussion of mental health topics such as depression, self harm and suicide.

Presented By: Ryan Klingensmith, Licensed Professional Counselor, Founder at Shape The Sky



www.shapethesky.org

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Facebook: Shape The Sky

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-Thursday, November 15, 2018

-6PM to 8PM

-Knoch Middle School

-LGI Room

