

Monday

Tuesday

Wednesday

Thursday

Friday



5
Taco Salad
Refried Beans
Pico de Gallo
Spanish Rice
Grapes
Salad Bar

6
Hot Dog
Baked Beans
Potato Salad
Watermelon Wedges

Salad Bar

7
Beef Stroganoff
Green Beans
Garlic Bread Sticks
Cantaloupe

Salad Bar

1
Shepherd's Pie
Carrot Coins
Fresh Baked Roll
Applesauce

Salad Bar

2
Pulled Pork
Coleslaw
Potato Wedges
Peaches

Salad Bar

8
BBQ Chicken
Corn
Rice Pilaf
Scalloped Potatoes
Pears
Salad Bar

9
Fish Sticks or Chicken
Sandwich
Potato Wedges
Macaroni and Cheese
Garden Green Salad
Salad Bar

12
History Lesson:
In the USA, Veterans Day annually falls on November 11th. This day is the anniversary of the signing of the armistice, which ended the World War I hostilities between the Allied nations and Germany in 1918. It is intended to honor and thank all military personnel who served the United States in all wars.

13
Bean Burritos or Pork Verde
Burrito
Chips and Salsa
Black Bean Salad
Mandarin Oranges
Salad Bar

14
Pepperoni Pizza or
Buffalo Chicken Pizza
Carrot Sticks
Caesar Salad
Peaches
Salad Bar

15
Grilled Chicken Sandwiches
Veggie Sticks w/dip
Cantaloupe

Salad Bar

16
Thanksgiving
Feast



19

20

21



23

26
Cheeseburgers
French Fries
Coleslaw
Honeydew Melon

Salad Bar

27
Vegetable Beef Soup &
Grilled Cheese
Garden Green Salad w/
vinaigrette dressing
Grapes
Salad Bar

28
Salisbury Steak and Gravy
Green Beans
Corn Muffin
Applesauce

Salad Bar

29
Spaghetti & Garlic Bread
Zucchini
Caesar Salad
Cantaloupe

Salad Bar

30
Western Burger
Onion Rings
Potato Salad
Chili
Mandarin Oranges
Salad Bar

Applications are available for the Free and Reduced Breakfast and Lunch Program. Applications may be picked up in the school office or are available to fill out online on the district website.

Breakfast Price: Paid \$2.25 Reduced \$0.30

Lunch Price: Paid \$3.00 Reduced \$0.40

Contact the Food Service Department to resolve any issues with your child's lunch account at 707-725-4461 ext. 3095 or e-mail Regina Salmon: rsalmon@fuhdsdistrict.net