



Welcome to School!

Dear Parents/Guardians,

I am very fortunate to join Lincoln School this year and I look forward to meeting and getting to know everyone! Our health office has a tradition of an open-door policy, and you are welcome to stop by to visit or contact me with any questions or concerns.

A Note About Allergies

Please be aware that many of our students have severe food allergies requiring emergency medications/procedures. We strongly suggest that you do not pack peanuts, tree nuts, or sesame in your child's snack & lunch. Students with severe food allergies are not permitted to eat foods brought in by others. Keeping the classrooms peanut/tree nut/sesame free helps us to avoid accidental exposures. We greatly appreciate your cooperation.

Helpful Tips

Practice the skills your child will be responsible for at school such as packing/unpacking backpacks and lunch bags, opening drink cartons and food containers, putting on sneakers/shoes and outerwear. Please teach and model proper handwashing and cough/sneeze etiquette.

I encourage you to check out our school website where you'll find great health information, useful links, and school forms. Once again, feel free to contact me anytime by phone or email. I check my email frequently, however if there is an urgent matter, you may call the health office (please do not leave important messages on my voicemail) or speak with our main office staff. I wish everyone a healthy and productive school year!

Sincerely,

Jescenia Oviedo, BSN, RN, CSN-NJ
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