



# BREAKFAST

# JANUARY 2019

## FAYETTE COUNTY PUBLIC SCHOOLS K-12

A complete Breakfast Includes 4 Components:  
 1 Grain 2 1 c. Fruit & or ½ c Fruit / ½ c Juice  
 1 Milk, (1% White / Fat Free Flavored & Skim White)

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
Breakfast Pizza OR Assorted Cereal Assorted Fruit Fruit Juice Milk	Sausage & Biscuit OR Assorted Cereal Oatmeal Toast Fruit Juice Milk	French Toast Stick W/ Little Smokies Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk	Chicken & Biscuit OR Assorted Cereal Assorted Fruit Fruit Juice Milk	Blueberry Pancakes OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk
Egg & Cheese Breakfast Sandwich OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk	14 Buttered Toast/Jelly Scrambled Eggs OR Assorted Cereals Fruit Juice Milk	15 Sausage & Biscuit OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk	16 Dutch Waffle OR Assorted Cereal Mixed Fruit Fruit Juice Milk	17 Ham & Biscuit OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk
21 Cheese Toast OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk	22 Ham & Biscuit OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk	23 Blueberry Pancakes OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk	24 Breakfast Pizza OR Assorted Cereal Assorted Fruit Fruit Juice Milk	25 Sausage & Biscuit OR Assorted Cereal Oatmeal Toast Fruit Juice Milk
28 Ham & Biscuit OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk	29 Sausage Breakfast Bites OR Assorted Cereal Assorted Fresh Fruit Fruit Juice Milk	30 Egg and Cheese Croissant Assorted Cereal Applesauce Fruit Juice Milk	31 Dutch Waffle OR Assorted Cereal Mixed Fruit Fruit Juice Milk	

This Institution is an equal opportunity provider

MENUS MAY CHANGE DUE TO PRODUCT AVAILABILITY