

Base Menu Spreadsheet

Weighted Values

Sep 13, 2019 thru Sep 13, 2019

Menu Name: HIGH SCHOOL LINE 1 Revolving

Include Cost: No

Site:

Report Style: Detailed

Friday - 09/13/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Protn (g)
990034 Beef and Broccoli w/ Fried Rice	Serving	50	158	351	21.78	13.78
990205 Chicken and Broccoli w/ Fried Rice	Serving	20	62	167	9.36	4.42
001421 Sriracha Chicken	Bowl	30	108	277	16.99	5.00
000561 Egg Roll	each	73	113	162	19.07	2.92
000450 Broccoli and Carrots	1/2 cup	40	10	10	2.24	0.77
001477 Baked Beans	1/2 cup	20	28	74	6.00	1.00
000064 Fresh Apple	apple	30	22	0	5.72	0.11
001476 Banana	each	25	38	0	9.68	0.46
000648 Orange	each	25	11	0	2.82	0.23
000526 Pears, fresh	each	10	9	0	2.53	0.06
000588 Chocolate Milk	each	60	66	60	11.40	4.80

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Protn (g)
000589 White Milk	each	20	20	25	2.40	1.60
Weighted Daily Average			646	1126	109.99	35.16
% of Calories					68.1%	21.8%
Weekly Nutrient Guideline			750 - 850	1420		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.