



SUBMITTED PHOTO *Addison Independent*

Blame it on the paint

Once the members of the Girls on the Run Club at Army Trail School had their hands covered in paint, well, might as well clap hands and see how much of a mess can be made – without getting into trouble! The girls made thank-you cards for Addison's first responders.

Girls on the Run club create gifts for first responders

On Thursday, Nov. 2, Army Trail School's Girls on the Run (GOTR) running club worked on creating gifts which they will present to Addison firefighters at a special celebration on Tuesday, Nov. 7. Girls on the Run is a national program designed to encourage positive emotional, social, mental and physical development in girls. With a curriculum that addresses a variety of topics, the girls and their sponsors discuss issues, complete related activities and then, go outside for some running. The program culminates with a service project and a 5K run.

This year's service project was to make high-five thank you cards using their hands in paint to give to local police and firefighters. The firefighters will be coming to Army Trail in a fire truck for the students to see. Firefighter Nikki will be talking to the girls about being motivated and she will explain to them how she got to be a firefighter.

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Above right: This member of Army Trail's Girls on the Run Club shows her hand to a friend after dipping it in blue paint and placing it on the card. The girls are making thank you cards to present to Addison's first responders.

Right: A student from Army Trail tries not to squirm as a teacher applies pink paint to her hand. She then used her hand to make a "high-five" onto a thank-you card, which will be given to a police or firefighter in Addison, who will visit the school next week.

