

Arrow Academy Wellness Policy Assessment Tool

<input checked="" type="checkbox"/> Champions <input type="checkbox"/> Harvest <input type="checkbox"/> Liberation <input type="checkbox"/> SOS				
	Fully In Place	Partially In Place	Not in Place	Example/Comment
Nutrition Guidelines				
Campus does not sell competing foods and drinks on campus during the school day including fund raisers.	X			
Campus does not market or advertise food or beverage that does not meet Smart Snack or National School Lunch Program standards.	X			
Wellness Goals				
Students receive education on healthy eating.		X		Some expectations are reviewed at the beginning of the year.
Nutrition education is integrated into classroom curriculum.		X		Some expectations are reviewed at the beginnng of the year.
Campuses only allow outside food that has nutrition lableing to be brought into classrooms.	X			
Nutrition staff participates in district provided development training and huddles.	X			
Positive nutritional messaging and promotion occurs in the cafeteria and the classroom.	X			
Educational nutrition information is shared with families and the general public.	X			
Physical Activities				
Campus provides at minimum the required amount of physical activity and physical education to students.	X			
Physical education classes empasize moderate to vigorous activity.	X			
Teachers incorporate physical activity into the academic curriculum.	X			
Educational fitness information is shared with families and the general public.		X		Information is shared at the beginning of each semester.
Families are encouraged to be active role models and to include physical activity in family events.	X			This is promoted through some campus events and through the district's SHAC organization in which many of our parents are a part of.
Implementation				
Campus completes an annual assessment of the implementation of the Wellness Policy.	X			This is facilitated by our Nutrition Aide and the SHAC organization.

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