

October 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
BREAKFAST Pepperoni Pizza Sticks or Cereal and Toast Orange Wedge Fruit Juice LUNCH Hot Dog in Bun Baked Beans Rainbow Salad Fruit Slushy	BREAKFAST Frankfurter Steamed Rice or Cereal and Toast Peaches Fruit Juice LUNCH Breaded Chicken Nuggets Steamed Rice Pickled Cabbage Broccoli & Carrots Pineapple Chunks	BREAKFAST Turkey Ham & Cheese Breakfast Sandwich or Cereal and Toast Pineapple Chunks Cranberries LUNCH Fried Saimin and Egg Roll House Salad Grape Tomatoes Fruit Juice	BREAKFAST Mini Pancakes or Cereal and Toast Banana Apple Wedge LUNCH Chili Potato Wedge Rainbow Salad Seasonal Fruit Whole Grain Roll	BREAKFAST Fried Rice or Cereal and Toast Mixed Fruit Fruit Juice LUNCH Teri Chicken Steamed Rice Cole Slaw Broccoli & Carrots Peaches Whole Wheat Roll
8	9	10	11	12
<h1>Fall Break</h1>				
15	16	17	18	19
BREAKFAST Maple Pancake Wrap or Cereal and Toast Sliced Peaches Cranberries LUNCH Breaded Chicken Nuggets Steamed Rice Hummus Baby Carrots Pineapple Chunks	BREAKFAST Breakfast Chicken Patty Steamed Rice or Cereal and Toast Mixed Fruit Fruit Juice LUNCH Vegetarian Pizza House Salad Mixed Fruit	BREAKFAST Belgium Waffle or Cereal and Toast Mixed Fruit Fruit Juice LUNCH Sloppy Joe House Salad Apple Wedge Cookie	BREAKFAST Breakfast Burrito or Cereal and Toast Pineapple Chunks Fruit Juice LUNCH Tuna Sandwich Potato Wedges House Salad Fruit Slushy	BREAKFAST Cinnamon Roll or Cereal and Toast Pineapple Chunks Orange Wedge LUNCH Beef Stew Steamed Rice House Salad Mixed Fruit Roll
22	23	24	25	26
BREAKFAST Apple Pastry or Cereal and Toast Orange Wedge Fruit Juice LUNCH Cheeseburger Potato Wedge Rainbow Salad Seasonal Fruit	BREAKFAST Breakfast Sliders or Cereal and Toast Peaches Fruit Juice LUNCH Pop Corn Chicken Steamed Rice Baked Beans Rainbow Salad Fruit Slushy	BREAKFAST Ham Links or Cereal Cinnamon Toast Pineapple Chunks Cranberries LUNCH Nachos House Salad Grape Tomatoes Fruit Juice	BREAKFAST Coffee Cake and Turkey Links or Cereal and Toast Mixed Fruit Fruit Juice LUNCH Breaded Chicken Tenders on Shredded Cabbage Steamed Rice Broccoli & Carrots Fruit	BREAKFAST Frankfurter and Steamed Rice or Cereal and Toast Peaches Fruit Juice LUNCH Turkey with Gravy Steamed Rice Cole Slaw Broccoli & Carrots Peaches Whole Wheat Roll
29	30	31		
BREAKFAST Pizza Bagel or Cereal and Toast Mixed Fruit Fruit Juice LUNCH Chicken Patty on Bun Curly Fries Lettuce Leaf Sliced Tomato Orange Wedge	BREAKFAST Hawaiian Style Sausage Steamed Rice or Cereal and Toast Peaches Fruit Juice LUNCH Pasta Florentine With French Bread House Salad Baby Carrots Peaches	BREAKFAST Yogurt or Cereal Cinnamon Toast Pineapple and Papaya Fruit Juice LUNCH Italian Sausage Pizza Baked Beans House Salad Baby Carrots Fruit Juice	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER MENUS SUBJECT TO CHANGE WITHOUT NOTICE ALL MENUS INCLUDE 1/2 PINT OF MILK	