

November 2018

Milan Elementary

BREAKFAST



Breakfast is served free of charge to every student Pre-K thru 12.

This is an equal opportunity provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday



Thursday

Friday

5
Strawberry Pop Tart
100% Fruit Slush
Juice
Milk

6
Cherry Frudel
Strawberries
Juice
Milk

7
Hot Ham & Cheese
Applesauce
Juice
Milk

8
Chicken & Biscuit
Grapes
Juice
Milk

9
Cereal Kit
Craisins
Juice
Milk

12
Fudge Pop Tart
100% Fruit Slush
Juice
Milk

13
Strawberry Cream Cheese Bagel
Peach Cup
Juice
Milk

14
Cinimini
Mixed Fruit
Juice
Milk

15
Sausage & Biscuit
Banana
Juice
Milk

16
Cereal Kit
Raisins
Juice
Milk

19
Blueberry Pop Tart
100% Fruit Slush
Juice
Milk

20
Berry French Toast
Mixed Berries
Juice
Milk

21
PD Day

22
Happy
Thanksgiving

23
No
School

26
Strawberry Pop Tart
100% Fruit Slush
Juice
Milk

27
Chocolate Crescent
Strawberries
Juice
Milk

28
Doughnut
Applesauce
Juice
Milk

29
Chicken & Biscuit
Apple Slices
Juice
Milk

30
Cereal Kit
Raisins
Juice
Milk

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LUNCH



Student paid meal \$2.35
 Student reduced meal \$.40
 Visitors meal \$4.00
 We are an equal opportunity provider



A bulldog pack or yogurt is one of the options offered daily. A variety of fruits are offered daily. Cups for water are provided upon request. A variety of milk choices available daily. Menu is subject to change due to availability.

Monday

Tuesday

Wednesday

Thursday

Friday



5
 Chicken Tenders
 Roll
 Mashed Potatoes
 Sweet Peas
 Fruit Variety

6
 4-Meat Pizza
 Veggie Cup / Ranch
 Green Beans
 Fruit Variety

7
 Grilled Cheese
 Chili
 Broccoli w/ Ranch
 Fruit Variety

8
 Crispito /Cheese Sauce
 Fiesta Black Beans
 Emoji Potatoes
 Fruit Variety

9
 Baked Breaded Chicken
 Turkey & Dressing
 Roll
 Sweet Potato Casserole
 Whole Kernel Corn
 Cookie
 Cranberry Sauce

12
 Chicken Tenders
 Roll
 Scalloped Potatoes
 Green Beans
 Fruit Variety

13
 Primo Cheese Pizza
 Romaine Salad
 Pinto Beans
 Fruit Variety

14
 Spaghetti
 Cheesy Breadstick
 Coleslaw
 Roasted Brussel Sprouts
 Fruit Variety

15
 Beef Nachos
 Refried Beans
 Salsa Cup
 Fruit Variety

16
 Baked Breaded Chicken
 Turkey & Dressing
 Roll
 Sweet Potato Casserole
 Whole Kernel Corn
 Cookie
 Cranberry Sauce

19
 Chicken Tenders
 Hashbrown Casserole
 Carrots w/ Ranch
 Roll
 Fruit Variety

20
 Primo Pepperoni Pizza
 Broccoli w/ Ranch
 Emoji Potatoes
 Fruit Variety

21
 PD
 Day

22
 Happy
 Thanksgiving

23
 No
 School

26
 Chicken Tenders
 Mashed Potatoes
 Sweet Peas
 Roll
 Fruit Variety

27
 Fiestada Pizza
 Pintos & Cheese
 Mexicali Corn
 Fruit Variety

28
 Cheeseburger
 Trimmings
 Baked Beans
 Coleslaw
 Fruit Variety

29
 Breaded Baked Chicken
 Roll
 Harvest Bake
 Whole Kernel Corn
 Fruit Variety

30
 Corndog
 Seasoned Fries
 Broccoli w/ Ranch
 Fruit Variety