

Boling Independent School District

SCHOOL WELLNESS POLICY (Assessment on Implementation)

Area: Nutrition Education
Effective Date: October 27, 2014
Implementation: SY 2018-2019

Below is the standard procedure to be followed at all District Schools regarding the School's Wellness Policy.

The Boling Independent School District supports the USDA Requirements for establishing and following a Local Wellness Policy. It is of utmost importance that students in Boling ISD learn healthy habits (nutritional and physical). These are important in that they promote good health and will become a normal part of student's (and later adults) lives.

For each item, please indicate whether goal is met or not met. Include information that may support your assessment.

GOALS FOR NUTRITION EDUCATION

Boling ISD will promote, support and encourage proper nutrition for all students
Boling ISD will follow the state health curriculum and TEKS
Boling ISD campuses will link nutrition education activities to the coordinated school health program (CATCH Program)

Principals: Mr. Floyd:	Met	Mr. Pohler:	Met	Mr. Jedlicka:	Met
Food Service Director:	Met				
Superintendent:	Met				

PHYSICAL ACTIVITY

Schools will adopt and implement state standards for physical activity

- Students at the Elementary School will be required to participate in a minimum of 135 minutes per week of PE activities. Jogging or brisk walking will each day as part of their closing activity. Students will be provided recess after lunch.
- Students at the Junior High Campus will be required to participate in Physical Education a minimum of one semester per year. Jogging or brisk walking will be done at the close of each activity.

- Students at the High School Campus will be required to meet the current Physical Education requirements as set forth by the district. Jogging or brisk walking will be done at the close of each PE activity.
- a. Students at each campus will be educated about the Fitnessgram assessment and its measures. Students will participate in Fitnessgram activities throughout the year in preparation for the final assessment.

Principals: Mr. Floyd: Met Mr. Pohler: Met Mr. Jedlicka: Met

Food Service Director: Met

Superintendent: Met

Comments: Principals observed physical activity in classes and preparations for Fitnessgram assessment.

NURTRITIONAL GUIDELINES FOR ALL

Boling ISD will ensure nutrition information for products offered is readily available near the point of sale.

Boling ISD will ensure that all students have affordable access to the varied and nutritious foods they need to stay healthy and learn.

Principals: Mr. Floyd: Met Mr. Pohler: Met Mr. Jedlicka: Met

Food Service Director: Met

Superintendent: Met

Comments: signage in each cafeteria observed; SmartSnack guidelines for ala carte items implemented; more fresh vegetables and fruit choices observed; menu reviews observed

STUDENT FOOD ALLERGY

Boling ISD will ensure identification of Students with Food Allergies At-Risk for Anaphylaxis

Boling ISD will ensure development, implementation, communication and monitoring of Emergency Care Plans, 504 plans, and/or Individualized Health Care Plans for Students with Food Allergies At-risk for Anaphylaxis.

Boling ISD will implement procedures reducing the risk of exposure within the school setting

Boling ISD will ensure training for school staff on anaphylaxis and emergency response to anaphylactic reactions

Boling ISD will implement post anaphylaxis reaction-review of policies and procedures

Principals: Mr. Floyd: Met Mr. Pohler: Met Mr. Jedlicka: Met
Food Service Director: Met
Superintendent: Met

IMPLEMENTATION

The above policy will be put in place at each campus. The District Food Director will be in charge of ensuring implementation at each campus and will be assisted by school administrators, SHAC (School health Advisory Committee), and the Superintendent of Schools.

Principals: Mr. Floyd: Met Mr. Pohler: Met Mr. Jedlicka: Met
Food Service Director: Met
Superintendent: Met
Comments: implemented as presented