

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2019 thru Feb 28, 2019

**Menu Name:** TURNER. BREAKFAST Pre - K  
**Site:**

**Include Cost:** No  
**Report Style:** Detailed

### Friday - 02/01/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1 OZ	100	100	140	1	20.00	3.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	79	47	4	9	11.07	0.00
000589 White Milk	each	81	81	101	10	9.72	6.48
Weighted Daily Average			248	245	24	45.21	*9.48
% of Calories					38.7%	72.9%	*15.3%
Weekly Nutrient Guideline			350 - 500	540			

### Monday - 02/04/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000196 Cinn. Toast Crunch	BOWL	100	110	160	6	22.00	1.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	86	52	4	10	12.05	0.00

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	76	76	95	9	9.12	6.08
Weighted Daily Average			257	259	29	47.59	*7.08
% of Calories					45.1%	74.1%	*11.0%
Weekly Nutrient Guideline			350 - 500	540			

### Tuesday - 02/05/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000370 Sausage Roll	1 Roll	100	170	360	4	16.00	6.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001486 Apple Juice	4.23oz box	73	44	4	9	10.22	0.00
000589 White Milk	each	64	64	80	8	7.68	5.12
Weighted Daily Average			310	444	28	43.00	11.12
% of Calories					36.1%	55.5%	14.3%
Weekly Nutrient Guideline			350 - 500	540			

### Wednesday - 02/06/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000869 Breakfast Pizza	slice	100	210	430	9	25.01	10.01

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001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	69	41	3	8	9.66	0.00
000589 White Milk	each	82	82	102	10	9.84	6.56
Weighted Daily Average			353	536	31	48.94	*16.57
% of Calories					35.1%	55.5%	*18.8%
Weekly Nutrient Guideline			350 - 500	540			

### Thursday - 02/07/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001426 Pancake on a stick	SERVING	100	293	521	12	37.54	9.05
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001486 Apple Juice	4.23oz box	74	44	4	9	10.36	0.00
000589 White Milk	each	76	76	95	9	9.12	6.08
Weighted Daily Average			446	620	38	66.13	15.13
% of Calories					34.1%	59.3%	13.6%
Weekly Nutrient Guideline			350 - 500	540			

### Friday - 02/08/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1 OZ	100	100	140	1	20.00	3.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	79	47	4	9	11.07	0.00
000589 White Milk	each	81	81	101	10	9.72	6.48
<b>Weighted Daily Average</b>			248	245	24	45.21	<b>*9.48</b>
% of Calories					38.7%	72.9%	*15.3%
Weekly Nutrient Guideline			350 - 500	540			

### Monday - 02/11/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000196 Cinn. Toast Crunch	BOWL	100	110	160	6	22.00	1.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	97	58	5	12	13.59	0.00
000589 White Milk	each	72	72	90	9	8.64	5.76
<b>Weighted Daily Average</b>			260	255	30	48.65	<b>*6.76</b>
% of Calories					46.2%	74.8%	*10.4%
Weekly Nutrient Guideline			350 - 500	540			

### Tuesday - 02/12/2019

**Reimbursable Meal Total 100**

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000739 MINI WAFFLES, WG	PACKAGE	100	200	220	10	35.00	4.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001486 Apple Juice	4.23oz box	64	38	3	8	8.96	0.00
000589 White Milk	each	85	85	106	10	10.20	6.80
Weighted Daily Average			356	329	36	63.26	10.80
% of Calories					40.4%	71.1%	12.1%
Weekly Nutrient Guideline			350 - 500	540			

### Wednesday - 02/13/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001526 Breakfast Burrito, Egg & Chees	3.15 Each	100	192	344	0	25.02	8.66
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	73	44	4	9	10.22	0.00
000589 White Milk	each	64	64	80	8	7.68	5.12
Weighted Daily Average			320	427	20	47.35	*13.78
% of Calories					25.0%	59.2%	*17.2%
Weekly Nutrient Guideline			350 - 500	540			

### Thursday - 02/14/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000735 Pancakes Mini	Package	100	210	320	11	35.00	4.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001486 Apple Juice	4.23oz box	79	47	4	9	11.07	0.00
000589 White Milk	each	84	84	105	10	10.08	6.72
<b>Weighted Daily Average</b>			<b>374</b>	<b>429</b>	<b>38</b>	<b>65.25</b>	<b>10.72</b>
% of Calories					40.6%	69.8%	11.5%
Weekly Nutrient Guideline			350 - 500	540			

### Friday - 02/15/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1 OZ	100	100	140	1	20.00	3.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	79	47	4	9	11.07	0.00
000589 White Milk	each	81	81	101	10	9.72	6.48
<b>Weighted Daily Average</b>			<b>248</b>	<b>245</b>	<b>24</b>	<b>45.21</b>	<b>*9.48</b>
% of Calories					38.7%	72.9%	*15.3%
Weekly Nutrient Guideline			350 - 500	540			

# Base Menu Spreadsheet

Weighted Values

Feb 1, 2019 thru Feb 28, 2019

## Monday - 02/18/2019

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000145 NO SCHOOL TODAY							
Weighted Daily Average			0	0	0	0.00	0.00
% of Calories					0%	0%	0%
Weekly Nutrient Guideline			350 - 500	540			

## Tuesday - 02/19/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000370 Sausage Roll	1 Roll	100	170	360	4	16.00	6.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001486 Apple Juice	4.23oz box	73	44	4	9	10.22	0.00
000589 White Milk	each	64	64	80	8	7.68	5.12
Weighted Daily Average			310	444	28	43.00	11.12
% of Calories					36.1%	55.5%	14.3%
Weekly Nutrient Guideline			350 - 500	540			

## Wednesday - 02/20/2019

### Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000869 Breakfast Pizza	slice	100	210	430	9	25.01	10.01
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	69	41	3	8	9.66	0.00
000589 White Milk	each	82	82	102	10	9.84	6.56
Weighted Daily Average			353	536	31	48.94	*16.57
% of Calories					35.1%	55.5%	*18.8%
Weekly Nutrient Guideline			350 - 500	540			

### Thursday - 02/21/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001426 Pancake on a stick	SERVING	100	293	521	12	37.54	9.05
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001486 Apple Juice	4.23oz box	74	44	4	9	10.36	0.00
000589 White Milk	each	76	76	95	9	9.12	6.08
Weighted Daily Average			446	620	38	66.13	15.13
% of Calories					34.1%	59.3%	13.6%
Weekly Nutrient Guideline			350 - 500	540			

### Friday - 02/22/2019

Reimbursable Meal Total 100



# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1 OZ	100	100	140	1	20.00	3.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	79	47	4	9	11.07	0.00
000589 White Milk	each	81	81	101	10	9.72	6.48
<b>Weighted Daily Average</b>			<b>248</b>	<b>245</b>	<b>24</b>	<b>45.21</b>	<b>*9.48</b>
% of Calories					38.7%	72.9%	*15.3%
<b>Weekly Nutrient Guideline</b>			<b>350 - 500</b>	<b>540</b>			

### Monday - 02/25/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000196 Cinn. Toast Crunch	BOWL	100	110	160	6	22.00	1.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	97	58	5	12	13.59	0.00
000589 White Milk	each	72	72	90	9	8.64	5.76
<b>Weighted Daily Average</b>			<b>260</b>	<b>255</b>	<b>30</b>	<b>48.65</b>	<b>*6.76</b>
% of Calories					46.2%	74.8%	*10.4%
<b>Weekly Nutrient Guideline</b>			<b>350 - 500</b>	<b>540</b>			

### Tuesday - 02/26/2019

**Reimbursable Meal Total 100**

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000739 MINI WAFFLES, WG	PACKAGE	100	200	220	10	35.00	4.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001486 Apple Juice	4.23oz box	64	38	3	8	8.96	0.00
000589 White Milk	each	85	85	106	10	10.20	6.80
<b>Weighted Daily Average</b>			<b>356</b>	<b>329</b>	<b>36</b>	<b>63.26</b>	<b>10.80</b>
% of Calories					40.4%	71.1%	12.1%
Weekly Nutrient Guideline			350 - 500	540			

### Wednesday - 02/27/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001526 Breakfast Burrito, Egg & Chees	3.15 Each	100	192	344	0	25.02	8.66
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001486 Apple Juice	4.23oz box	73	44	4	9	10.22	0.00
000589 White Milk	each	64	64	80	8	7.68	5.12
<b>Weighted Daily Average</b>			<b>320</b>	<b>427</b>	<b>20</b>	<b>47.35</b>	<b>*13.78</b>
% of Calories					25.0%	59.2%	*17.2%
Weekly Nutrient Guideline			350 - 500	540			

# Base Menu Spreadsheet

Weighted Values

Feb 1, 2019 thru Feb 28, 2019

Thursday - 02/28/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000735 Pancakes Mini	Package	100	210	320	11	35.00	4.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001486 Apple Juice	4.23oz box	79	47	4	9	11.07	0.00
000589 White Milk	each	84	84	105	10	10.08	6.72
Weighted Daily Average			374	429	38	65.25	10.72
% of Calories					40.6%	69.8%	11.5%
Weekly Nutrient Guideline			350 - 500	540			

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**