

# 'Cat Tracks

News from Windsor Elementary School, Home of the Wildcats ★ Mid-February 2019



## The PACE Character Trait for February is Honesty

Honesty

Written by Sutton Heikkila  
PACE Wildcat Pride



What is honesty? Honesty is a noun...but a very powerful noun! A noun that holds many meanings! Sometimes honesty doesn't feel like it's helping you get out of trouble, cause its not...but honesty is the right thing to do. Most peoples' goal is not to "do the right thing," but to get yourself out of trouble, not in trouble. Right? Well do you ever feel a weight, or a feeling that you shouldn't have lied, or even bended the truth? There is no bending the truth! Bending the truth will get you into even more trouble! But in most cases, honesty will keep you out of trouble! Like I said, being honest **will** take the burden off your shoulders! You will feel awesome! When you show honesty, you don't just help yourself, gut other people around you too! Honesty takes courage, but you will ace courage in May! Choose honesty! How will you show honesty this month?



**Congratulations** to the following Wildcats for demonstrating **Fairness** as a school citizen and as a 'Paws' reader in January!

### PACE

Jackson Loyd  
Austen Cook  
Nevaeh Alexander  
Juliana Sinyakov  
Gwenyth Nelson  
Brandon Lightwine  
Sofia Chernyavskiy  
Brody Karle  
Kellan Ittner  
Reegan Sorensen  
Kaileigh Lengling  
Alice Leitz  
RaeJon LeBret  
Allie Burton  
Elek Adams  
Elsa Harvey  
Daniel Swiggum  
Kobe Hunter  
Audrey Grassmyer  
Nolan Lengling  
Kenzie Cowell  
Makiah Ryan  
Karsten Harvey  
Timothy Medvedev  
Will Thomsen

### "Paws' to Read"

Denisse Osoria  
Graeme Hause  
Dallas McDonough  
Denis Grygorash  
Raylee Sharkey  
Liya Strode  
Chaselynn McDonald  
Aria Swiderski  
Ruby Hauf  
Keira Reynolds  
Aiden Morgan  
Chayton Lezard-Perez  
Reese Hebert  
Hazel Moore  
Mataya Kuchenbecker  
Caitlin Shaffer  
Ben Kutsar  
Allison Hart  
Colton Hallett  
Christian Ehr Gott  
Rex Note  
Ethan Guske  
Brian Blackorby  
Adrianna Sharkey  
Leo Tomsha

### Million Word Readers

How many words have you read since September? The Wildcats on the list below **have each read over 1,000,000 words** since school started in August! Way to go, Wildcat Readers!

Savannah Born Sam Dalton Liam Everman  
Kyleigh Greer Drew Kilgore Kiera Lanier  
Aubrey Quaschnick *Keep reading, Wildcats!*

(over, please)

## Cheney Public Schools Harvest of the Month

February – Red Sweet Cherries



Cherries are a great fruit to enjoy for health and nutrition. Cherries are one of the top antioxidant-rich foods, contain melatonin for a good night's sleep, and fight inflammation and pain linked to arthritis.

Try a Very Cherry Vanilla Smoothie!

### Ingredients

1 cup sweet cherries (frozen)  
1/4 cup banana (mashed)  
1/2 cup non-fat vanilla yogurt  
3/4 cup milk  
1 teaspoon vanilla

### Directions

Place cherries, banana, yogurt, and vanilla in a large blender. Blend until smooth. Makes a great on-the-go breakfast or afterschool snack!

Wildcats sampled the *Very Cherry Vanilla Smoothie* at lunch on February 14. The smoothies were made with cherries that came from Tonnemaker Hill Farm in Royal City, WA.

## Spokane Kids Fishing Event



Many of our Wildcats are ready for Spring! This is an opportunity you may want to check out!

The event will be held on May 4<sup>th</sup> from 8:00 a.m.-4:30 p.m. at Clear Lake, Fairchild AFB Recreation Area in Medical Lake.

Registration forms and details can be found at: <https://wdfw.wa.gov/fishing/kids/events.html> or by calling or stopping by the WDFW Spokane Regional Office at 2315 N Discovery Place Spokane Valley, WA 99216 (509) 892-1001

## Wow, Wildcats!



Our awesome Wildcats worked together to earn 10,000 'Wow, Wildcat!' slips since August!

These are earned when students demonstrate our school expectations (Wildcats are respectful, responsible, safe, and hard-working) or when showing a PACE character trait. We celebrated 10,000 slips with a special activity hour. Students chose from a variety of activities including slime making, construction, crafts, Legos, art projects, dance parties, and more! Way to go, 'Cats!



Friday, February 22<sup>nd</sup>, 7:05 p.m., Spokane Arena  
**Spokane vs. Kelowna**  
To Order Tickets (only \$7.00!)  
Contact Ticket Account Executive Gabe Via  
509-328-0450 ext. 316  
Or Visit [SpokaneChiefs.com/SchoolNight](http://SpokaneChiefs.com/SchoolNight)  
Tickets must be purchased by February 20<sup>th</sup>

## Windsor PTO

Come join this amazing group of Windsor supporters at the March PTO Meeting!

Tuesday, March 5<sup>th</sup>  
6:30 p.m.

Windsor Library

Childcare provided and includes pizza and a movie!





