



Portland Village School

FEATURE OF THE MONTH

Franz Bakery

Franz Bakery is a fourth generation, family-owned baking company based in Portland, OR. Since 1906, Franz has been providing communities with fresh bread, buns, bagels, cookies and pastries, using the highest quality ingredients. Fresh n' Local Foods is proud to partner with Franz in both Salem, OR and Tacoma, WA to provide our customers with locally produced whole grain bread, rolls and buns.

Student: _____

Teacher: _____

Please circle one option per day below.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	1 Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies	2 Lunch: (V, GF, DF) Hearty Chili, WG Tortilla Chips, fresh fruit, and veggies
Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, and veggies	6 Lunch: (DF) Orange Chicken, fresh fruit, and veggies	7 Lunch: (V) Veggie & Cheese Hoagie, fresh fruit, and veggies	8 Lunch: (GF Filling, DF) Soft Chicken Tacos, fresh fruit, and veggies	9 Lunch: (V) Hearty Pot Pie, Whole Wheat Roll, fresh fruit, and veggies
Alt. Lunch: (V, DF) Hearty Spaghetti, WG Garlic Bread	Alt. Lunch: (V) Cheesy Beans and Rice		Alt. Lunch: (GF Filling, V, DF) Soft Taco w/ Pinto Beans	
Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies	13 Lunch: (V) Cheesy Beans and Rice, fresh fruit, and veggies	14 Lunch: (V, GF) Vegetarian Taco Salad, fresh fruit	15 Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies	16 Lunch: Chicken Pot Pie, Whole Wheat Roll, fresh fruit, and veggies
			Alt. Lunch: (V) Traditional Pizza Bagel	Alt. Lunch: (V) Hearty Pot Pie, Whole Wheat Roll
Lunch: (V) Mozzarella Pasta Bake, WG Garlic Bread, fresh fruit, and veggies	20 Lunch: (V, GF, DF) Egg Fried Rice, fresh fruit, and veggies	21 Lunch: (V, DF) Pancake Breakfast, Raspberry Fruit Spread, Roasted Potatoes, and fresh fruit	22 Lunch: (V) Rolled Enchiladas Rojas, fresh fruit, and veggies	23 No School
No School	27 Lunch: (DF) Orange Chicken, fresh fruit, and veggies	28 Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	29 Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies	30 Lunch: Meaty Chili, WG Tortilla Chips, fresh fruit, and veggies
	Alt. Lunch: (V) Pasta Alfredo, WG Garlic Bread		Alt. Lunch: (V) Macho Nachos	Alt. Lunch: (V, GF, DF) Hearty Chili, WG Tortilla Chips

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

Portland Village School is an equal opportunity provider.