

# BROOKWOOD HIGH SCHOOL

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William Bo Ford, Jr.  
Principal

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Dear Parents and Guardians,

I am reaching out to you today to talk about something that has made the news in recent days and that understandably is causing concern for parents and others who care about children. I am talking about the Momo Challenge, which has been reported as an Internet hoax but also as a social media phenomenon directed at children and young adults. It features a frightening avatar who asks a child to perform various tasks, some that escalate to cause self-harm. I am not a Momo expert and do not know if this is real or not. However, I do know that the concern it is causing our children and parents is very real.

I think this situation serves as an excellent reminder to all of us about the important role we play as parents and adults in monitoring our children's online activity. Here are a few tips shared by national online safety experts that may be helpful to you:

- 1. Regarding the Momo Challenge, specifically, tell them it's not real.** Just like any urban legend or hoax, this concept can be quite frightening for young people. Talk to your children and help them to understand that Momo is not a real person and cannot directly harm them. Also, tell your children not to actively look for information about this as it may only cause them more distress.
- 2. Be present when your child is online.**
- 3. In addition to monitoring your children's online activity, it is important for you to talk to them about their online actions.**
- 4. Take advantage of device settings and parental controls** to restrict the online content that your children can access.
- 5. Talk to your children about peer pressure.** Be sure that they know that they should not do something they are not comfortable with, online or offline.
- 6. Report and block any online content that you deem to be inappropriate or harmful** as soon as you come across it. This can help to prevent your children from viewing this content.
- 7. Be careful about sharing information about hoaxes.** In many cases, it is better to investigate and report concerns rather than repost them and spread possible misinformation. As we know, not everything online is real, and sharing it can cause additional worry for our children.

As always, I thank you for your support of your children at home and for reaching out to us with concerns about issues that might have a negative impact on them.

Sincerely,

William Bo Ford, Jr.  
Principal