



# AUGUST 2018

Las Américas ASPIRA Academy

Monday



Tuesday

Wednesday

Thursday

Friday



No School	No School	No School	No School	No School
No School	No School	No School	No School	No School
No School	No School	No School	No School	No School
No School	No School	No School	No School	No School
<b>Mandarin Chicken with Rice</b> Or <i>Vegetarian Option:</i> Vegetable Chili Steamed Broccoli Steamed Peas and Carrots Fruit Variety Milk Variety	<b>Cheesy Fish Taco</b> Or <i>Vegetarian Option:</i> Black Bean Fiesta Salad Mashed Potatoes California Vegetable Blend Fruit Variety Milk Variety	<b>Chicken Patty Sandwich</b> Or <i>Vegetarian Option:</i> Vegetable Quesadilla Oven Fries Steamed Carrots Fruit Variety Milk Variety	<b>Walking Taco</b> Or <i>Vegetarian Option:</i> Stuffed Baked Potato & Biscuit Sautéed Spinach Taco Fiesta Beans Fruit Variety Milk Variety	No School

- Daily Entrées include: Deli Sandwich & Sub, Chef Salads, Yogurt Parfaits, and Nacho & Cheese Platter with Salsa
- Fruit Variety includes daily options of apples, bananas, oranges and seasonal fruits that will be provided from local farms
- Milk Variety includes Non-Fat & 1 % White, Non-Fat Chocolate, and Non-Fat Strawberry options
- Menu subject to change without notice

