

January Menu

Every lunch also includes a choice of milk. And a chef salad.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p><i>Enjoy Your Day Off!</i></p>	<p>8</p> <p>Build your Own Tacos or Taco Salad Spanish Rice Charro Beans Fresh Salad w/ Toppings Homemade Salsa Fruit Cup</p>	<p>9</p> <p>Homemade Pigs in a Blanket or Corn Dog Baked Beans Fresh Salad w/ Toppings Fruit Cup</p>	<p>10</p> <p>Spaghetti with Meat Sauce with Garlic Toast or Pizza Seasoned Vegetables Fresh Salad w/ Toppings Banana Sundae</p>	<p>11</p> <p>Chili Dog Basket with Baked Fries Fresh Salad w/ Toppings Fresh Fruit</p>
<p>14</p> <p>Homemade Salisbury Steaks or Chicken Strips with Hot Roll Mashed Potatoes Seasoned Green Beans Fresh Salad w/ Toppings Fruit Cup</p>	<p>15</p> <p>Build Your Own Tacos or Tornadoes with Spanish Rice Refried Beans Fresh Salad w/ Toppings Homemade Salsa Fruit Cup</p>	<p>16</p> <p>Chicken & Waffles Steamed Vegetables Fresh Salad w/ Toppings Fruit Cup</p>	<p>17</p> <p>Spagazza with Garlic Toast or Pizza Seasoned Sweet Corn Fresh Salad w/ Toppings Frosty Fruit</p>	<p>18</p> <p>BBQ on Bun Basket with Fries Fresh Salad w/ Toppings Fresh Fruit</p>
<p>21</p> <p><i>Enjoy Your Day Off!</i></p>	<p>22</p> <p>Build Your Own Tacos or Chili Cheese Nachos with Spanish Rice Charro Beans Fresh Salad w/ Toppings Homemade Salsa Rainbow Pears</p>	<p>23</p> <p>Soup, Sandwich, and Salad <i>Choice of Soup and Sandwich with Green Salad & Toppings</i> Fresh Corn Bread Fresh Oranges</p>	<p>24</p> <p>Chicken Parmesan w/ Garlic Stick or Pizza Steamed Broccoli Fresh Salad w/ Toppings Berries & Cream</p>	<p>25</p> <p>Sweet & Sour Chicken Sandwich or Chicken Strip Basket with Fries Fresh Salad w/ Toppings Fresh Fruit</p>
<p>28</p> <p>Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Sautéed Vegetable Fresh Salad w/ Toppings Fruit Cup</p>	<p>29</p> <p>Build Your Own Tacos or Quesadillas with Spanish Rice or Pizza Refried Beans Fresh Salad w/ Toppings Homemade Salsa Fruit Cup</p>	<p>30</p> <p>Monterrey Chicken with Hot Roll or Burger Steamed Vegetables Fresh Salad w/ Toppings Fruit Cup</p>	<p>31</p> <p>French Bread Pizza or Pizza Sweet Seasoned Corn Fresh Salad w/ Toppings Colorful Apple Sauce</p>	<p>February 1</p> <p>Chili Dog Basket with Fries Fresh Salad w/ Toppings Fresh Fruit</p>

Did you know that snow forms when water vapor in the atmosphere freezes into ice crystals? Snowflakes form in a variety of different shapes.



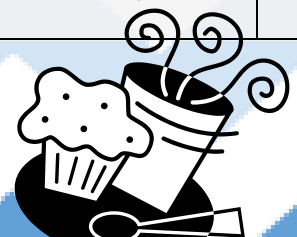
Stock up on Healthy Fruits and Vegetables during these Cold Winter months!

Fun Fruit Facts
Oranges are easy to find this time of year and are packed full of Vitamin C.
There are 7,500 different kinds of Apples grown in the world.
Try One!



An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll or French Toast	Taco Tuesday! Choice of Taco	Breakfast Pizza or Sausage Biscuit	Cinnamon Roll or Pancake Wrap	Waffles or Muffin & Yogurt



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