



Physical Education

Physical Education Exemption Request Form 2018-2019

Physical Education exemption is made available to students who participate in out-of-school athletic pursuits and/or training when that commitment **exceeds 6 hours per week**. Please complete the form below and return to Mrs. Alejandre in room 41 C. **You MUST attach a business card and/or proof of enrollment in activity.** If your request for P.E. exemption is approved you will be notified by receiving an approval letter via mail, along with a log sheet. **Until that time you will be expected to attend the regular P.E. class.**

Please make sure everything is complete before submitting.

Name: _____ Grade: _____ Advisor: _____

Name of Alternative Activity: _____ Team Name: _____

Will you get picked up from school at 2:30? _____ If no, why not? _____

Does the sport exceed 8 hours a week or more? _____

Total number of hours participating in the given activity (including games): _____

Exempt students are NOT required to participate in Fitness Testing scheduled for November (pre), March (mid) and May (post). If you **would like** to participate in testing please check this box

Circle Trimester(s) you will be PE exempt:

Trimester 1, Trimester 2, Trimester 3

Circle the day(s) you will you be exempt from PE: (meaning you will NOT be in PE)

Monday--- Tuesday---Wednesday---Thursday

By initialing each box you acknowledge and accept the Physical Education exemption requirements. The following items will need to be completed prior to the end of **each trimester**.

1. A signed and completed log form with coach/instructor signature

2. A 2 page essay minimum (prompts vary per trimester)

I acknowledge all the information above is true. I understand a grade of a "Fail" for the trimester will be earned if all requirements are NOT met; as well as denial for future exemption.

Student signature: _____

Parent signature: _____ Home telephone number: _____

Coach/instructor signature: _____

Best way to contact coach: email/text/phone call - Contact information: _____

**Coaches please note, If Physical Education Department Chair cannot reach you after 2 attempts, student exemption form will be denied. Please provide best contact information above.*

**** Students MUST sign out in the Administration Office at 2:30 pm. If student is staying on campus, student MUST wait in the front blue tables NO EXCEPTIONS.**

***** It is your responsibility to inform Mrs. A of ANY changes regarding your exemption.**

Exemption request deadlines. Any requests turned in after the dates below, will automatically be denied.

Trimester 1: Friday, September 14, 2018

Trimester 2: Friday, January 18, 2019

Trimester 3: Friday, April 19, 2019

Log form and Essay due dates.

Trimester 1: Monday, December 10, 2018

Trimester 2: Monday, March 11, 2019

Trimester 3: Tuesday, May 28, 2019