



BREAKFAST MENU APRIL 2019

	2	3	4	5
	Breakfast Pizza Toasty Cheese Sandwich STRAWBERRY OVERNIGHT OAT ICED CINNAMON ROLL	Homemade French Toast BAR! Chicken breakfast sandwich COFFEE CAKE SMOOTHIE	YOGURT BAR SERVED WITH VARIETY OF FRESH FRUIT Toasty Cheese sandwich STRAWBERRY OVERNIGHT OAT ICED CINNAMON ROLL	Bacon, egg & cheese burrito served with tots Toasty cheese sandwich BAGEL & CREAM CHEESE SMOOTHIE
8	9	10	11	12
Breakfast Taco served with Tater tots Toasty Cheesy Sandwich POPTART KIT SMOOTHIE	Egg, cheddar & Herb Quesadilla served with Tots Waffles served with Sausage link OVERNIGHT OAT FRUIT BENTO BOX	Pizza Bagel served with Tots Toasty Cheese Sandwich COFFEE CAKE SMOOTHIE	HOMEMADE PANCAKES BAR! Chicken Biscuit Sandwich STRAWBERRY OVERNIGHT OAT ICED CINNAMON ROLL	Egg, sausage, cheese Tacos served with Tater tots French toast sticks served with sausage link BAGEL & CREAM CHEESE SMOOTHIE
15	16	17	18	19
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
22	23	24	25	26
Ham, Egg & Cheese burrito served with tater tots Pancakes served with Sausage Link POPTART KIT SMOOTHIE	Breakfast Pizza Toasty Cheese Sandwich STRAWBERRY OVERNIGHT OAT ICED CINNAMON ROLL	Homemade French Toast BAR! Chicken breakfast sandwich COFFEE CAKE SMOOTHIE	YOGURT BAR SERVED WITH VARIETY OF FRESH FRUIT Toasty Cheese sandwich STRAWBERRY OVERNIGHT OAT ICED CINNAMON ROLL	Bacon, egg & cheese burrito served with tots Toasty cheese sandwich BAGEL & CREAM CHEESE SMOOTHIE
29	30	27	28	29
Breakfast Taco served with Tater tots Toasty Cheesy Sandwich POPTART KIT SMOOTHIE	Egg, cheddar & Herb Quesadilla served with Tots Waffles served with Sausage link OVERNIGHT OAT FRUIT BENTO BOX			

Served everyday

Oatmeal

Pork Sausage, Egg & Cheese Bagel

Sausage & Egg on English Muffin

Bagel with Cream Cheese

Cinnamon Roll

Variety of Cereal

Breakfast Parfait

PB & JELLY

TUESDAY AND THURSDAY

BREAKFAST SANDWICH ON CROISSANT



Variety of Whole Fruit offered Daily

Apples, Oranges, Bananas and Raisins

**Milk Offered Daily:
1% white and
Non-fat chocolate milk**



All pizzas made w/ reduced fat cheese

Served Daily

Classic Cheese, Veggie Lovers and Pepperoni Pizza

LUNCH
APRIL 2019

create PALIHIGH



Offered Daily:
Chicken Caesar Salad

WEEK March 4-8 & 18-22

MONDAY: Berry Parfait

TUESDAY: Berry Parfait

WED: PB & Jelly

THURSDAY: Classic Tuna Salad over Lettuce

FRIDAY: Little Italy Wrap

WEEK March 11-15 & 25-29



MONDAY: Egg Salad Sandwich

TUESDAY: Fruit Parfait

WEDNESDAY: Hummus Dip, Vegetables and Flat bread

THURSDAY: Mandarin Chicken Salad

FRIDAY: Chicken

	2 Beef Chili Nachos Make your Sandwich to order	3 General Tso's Chicken served with Lo Mein Noodles Roasted Turkey with Gravy served with Mashed Potatoes, Mixed Veggies and dinner roll	4 Chicken Pasta Alfredo served with Mixed Veggies and Cheese Stuffed Breadstick Soft Chicken Tacos served with Black Beans and Mexican Rice	5 Flatbread Pizza served with side Caesar salad BBQ Pulled Pork Sandwich served with Seasoned Fries and Corn on Cob
ASIAN	MEXICAN	AFRICAN AMERICAN	ITALIAN	AMERICAN
 FRESH ASIAN FLAVORS	Chicken Nachos Make your Sandwich to Order	Teriyaki Glazed Chicken served with Fried Rice Chicken Breast Tenders & Waffle served with Mac & Cheese and Mixed Fruit	Italian Meat Sauce served with Spaghetti, Caesar Salad and breadstick Beef Hard shell tacos served with Pinto Beans and Mexican Rice	BBQ Bacon Cheddar Burger served with Seasoned Wedges Chili Baked Potato served with breadstick
15	16	17	18	19
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
22	23	24	25	26
 FRESH ASIAN FLAVORS	Carnitas Nachos Make your Sandwich to Order	Teriyaki Chicken and Vegetables served with Brown Rice Beef Lasagna served with Caesar Salad and dinner roll	Mashed Potato & Chicken Bowl served with Seasoned Corn and Dinner Roll Carne Asada Tacos served with Seasoned Black Beans and Mexican Rice	Pizza Bar served with Garden Salad Tostito Nachos
29	30			
Pesto Chicken Penne Pasta served with Mixed Veggies and Dinner Roll Italian Chicken Parm Sandwich served with Herb Roasted Potatoes	Beef Chili Nachos Make your Sandwich to order			



Offered Daily:

Spicy Chicken Sandwich and Cheeseburgers

MONDAY

CHICKEN NUGGETS & GRILLED CHEESE SANDWICH

TUESDAY

BACON CHEESEBURGER AND GARDEN BURGER

WEDNESDAY

CHICKEN NUGGETS AND GRILLED CHEESE SANDWICH

THURSDAY

TURKEY CORN DOG AND ITALIAN PHILLY CHEESE STEAK SANDWICH

FRIDAY

GRILLED CHEESE AND HOT WINGS

All served with French Fries

ON A DAILY BASIS WE OFFERED A VARIETY OF FRESH VEGETABLES AND FRUIT ALONG WITH THE MEAL

Milk Offered Daily:

1% white and

Non-fat chocolate milk

Offered daily with lunch

"This institution is an equal opportunity provider"