

# JUMP START YOUR DAY WITH CBISD BREAKFAST



<p><b>1-A</b> MINI MAPLE PANCAKES FRUIT LOOP CER EAL TOAST/JELLY GREEN PEARS 100% JUICE VARIETY MILK VARIETY</p>	<p><b>1-B</b> CINNAMON ROLLS SAUSAGE PATTY APPLE JACK CEREAL STRAWBERRY CUP GRAHAM CRACKER1 100% JUICE VARIETY MILK VARIETY</p>	<p><b>1-C</b> STRAWBERRY POPTARTS CHOC MINI WHEAT CEREAL/ TOAST/ JELLY CHILLED PEACHES 1005 JUICE VARIETY 1006 MILK VARIETY</p>	<p><b>1-D</b> BOILED EGG / SAUSAGE PATTY/BISCUIT/JELLY CIN.FROSTED FLAKES CEREAL ORANGE SMILEYS 100% JUICE VARIETY MILK VARIETY</p>	<p><b>1-E</b> BREAKFAST COMBO BAR/ KETCHUP APPLE CIN CHERRIOS CEREAL /GRAHAM CRACKER SOUR APPLE APPLESAUCE 100% JUICE VARIETY MILK VARIETY</p>
<p><b>1-A</b> FRENCH TOAST STICKS SYRUP PACKET FRUIT LOOP CEREAL TOAST/JELLY GREEN PEARS 100%JUICE VARIETY MILK VARIETY</p>	<p><b>2-b</b> SCR EGGS/ SAUSAGE PATTY/ BISCUIT/JELLY MARGARINE CUP APPLE JACK CEREAL STRAWBERRY CUP 100% JUICE VARIETY MILK VARIWTY</p>	<p><b>2-C</b> BREAKFAST SAUSAGE PIZZA CHOC MINI WHEAT CEREAL/ GRAHAM CRACKERS BLUE RAS APPLESAUCE 100% JUICE VARIETY MILK VARIETY</p>	<p><b>2-D</b> FLAPSTICK/ SYRUP CIN FROSTED FLAKES TOAST / JELLY RED / CLUSTER GRAPES 100% JUICE VARIETY MILK VARIETY</p>	<p><b>2-E</b> Pig in a blanket MUSTARD PACKET APPLE CIN CHERRIOS CEREAL/ GRAHAM CRACKERS BANANA 100% JUICE VARIETY MILK VARIETY</p>
<p><b>3-A</b> BREAKFAST BURRITO FRUIT LOOP CEREAL TOAST/ JELLY APPLESAUCE PLAIN 100% JUICE VARIETY MILK VARIETY</p>	<p><b>3-B</b> FRENCH TOAST STICKS SYRUP PACKET APPLEJACKS CEREAL TOAST/ JELLY RED APPLE 100% JUICE VARIETY MILK VARIETY</p>	<p><b>3-C</b> EGG/POTATO/SCR SAUSAGE PATTY/JELLY BISCUIT/MAR CUP CIN FROSTED FLAKES CEREAL/ GRAHAM CRACK- ERS ORANGE SMILEYS 100% JUICE VARIETY MILK VARIETY</p>	<p><b>3-D</b> STRAWBERRY POPTART CIN FROSTED FLAKES TOAST/ JELLY 100 % JUICE VARIETY MILK VARIETY</p>	<p><b>3-E</b> YOGURT/ STRAWBERRY GRANOLA / STRAWBERRY APPLE CIN CHERRIOS GRAHAM CRACKERS SOUR APPLE APPLESAUCE 100% JUICE VARIETY MILK VARIETY</p>
<p><b>4-A</b> DUTCH WAFFLES SYRUP PACKET FRUIT LOOP CEREAL TOAST/ JELLY CHILLED PEACHES 100% JUICE VARIETY MILK VARIETY</p>	<p><b>4-B</b> SCR EGGS/ SAUSAGE PATTY/ BISUIT/ JELLY MAGARINE CUP APPLE JACK CEREAL BLUE RASP APPLESAUCE 100% JUICE VARIETY MILK VARIETY</p>	<p><b>4-C</b> CHOC MUFFIN/ SAUSAGE PATTY CHOC MINI WHEAT CEREAL /TOAST/JELLY FRUIT SQUEEZY 100% JUICE VARIETY MILK VARIETY</p>	<p><b>4-D</b> PIG-N-BLANKET MUSTARD PACKET CIN FROSTED FLAKES TOAST / JELLY 100% JUICE VARIETY MILK VARIETY</p>	<p><b>4-E</b> BREAKFAST COMBO BAR APPLE / CIN /CHERIOS CEREAL/ GRAHAM CRACKERS RED APPLES 100% JUICE VARIETY MILK VARIETY</p>

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Check out the CBISD website [cbisd.com](http://cbisd.com) for nutritional information,  
My School Bucks Online payments, menus, promotions and Online Free/Reduced Meal Applications!

***Breakfast is at no cost to elementary students!***

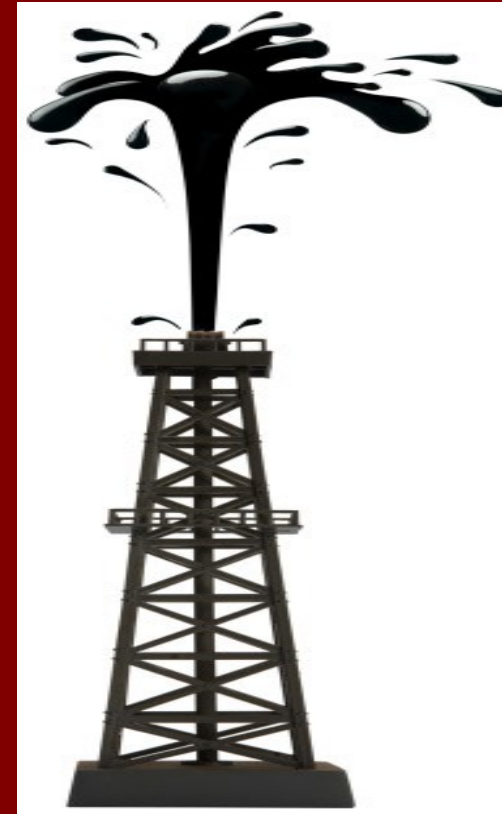
Breakfast cycle dates correspond with Lunch cycles dates.

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(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.

MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY OR PROMOTIONS

# WPE

# OILERS !!!!!



**Columbia-Brazoria ISD**

**2019-2020**

# K-1 MENU

# K-1 LUNCH

**LUNCH PRICES**  
**Reduced Price Lunch \$ .40**  
**Full Price Lunch \$2.75**

# EAT SMART PLAY HARD

CYCLE 1	CYCLE 1-A	CYCLE 1-B	CYCLE 1-C	CYCLE 1-D	CYCLE 1-E
Aug 21-23 Sept 16-20 Oct 15-18 Nov 11-15 Dec.16-19 Jan. 27-31 Feb. 24-28 Mar30-Apr3 Apr27-May1	Chicken Tenders Gravy/ Rolls Cheese Pizza Whipped Potatoes Peas/Carrots Apple slices Milk Variety	Crispy Beef Tacos Tortilla Rounds Pepperoni Pizza Shredded Lettuce/ Tomato Pinto Beans Red Apples  Milk Variety	Chili Cheese Dog Pizza Garlic Sticks Marinara Sauce Baked Beans Carroteenie/ Ranch Orange Smileys Milk Variety	Chopped BBQ Sandwich Pickle Slices Pepperoni Pizza Corn Niblets Sour Applesauce Milk Variety	Roughneck Cheeseburger Pepperoni Pizza Burger Salad Evercrisp fries Pear Cup Milk Variety
CYCLE 2	CYCLE 2-A	CYCLE 2-B	CYCLE 2-C	CYCLE 2-D	CYCLE 2-E
Aug 26-30 Sept 23-27 Oct 21-25 Nov 18-22 Jan.6-10 Feb. 3-7 Mar.2-6 Apr 6-9 May 4-8	Chicken Rings- Gravy/ Rolls Cheese Pizza Potato Wedges Carrot Coins Strawberry Cup Milk Variety	Tamales Pork Cheese Sauce Tortilla MiniRounds Pepperoni Pizza Mexicali Corn Shred/Lettuce/Tom Blue Raspberry Applesauce Milk Variety	Crispito /Cheese Sauce Stuffed Pizza Sticks Marinara Sauce Ranchero Beans VeggieSticks/Ranch  Chilly Pear Cup Milk Variety	Chicken Fried Steak Patty/ Gravy Pepperoni Pizza Whipped Potatoes Mixed Vegetables Banana Milk Variety	Frito Pie Pepperoni Pizza Ranchero Beans Carroteenie/ Ranch Applesauce Cup Milk Variety
CYCLE 3	CYCLE 3-A	CYCLE 3-B	CYCLE 3-C	CYCLE 3-D	CYCLE 3-E
Sept. 3-6 Sept 30-Oct.4 Oct 28-Nov1 Dec.2-6 Jan 13-17 Feb. 10-14 Mar. 16-20 Apr 13-17 May 11-15	Chicken Nuggets Rolls/ Gravy Cheese Pizza Scalloped Potatoes Broccoli/Cheese Apple Slices Milk Variety	Corn Dog Pepperoni Pizza Tossed Salad /Ranch Baked Beans Pineapple Tidbits Milk Variety	Chicken Drumsticks Rolls Pepperoni Pizza Potato Roasters Green Beans Banana Milk Variety	Chili Cheese Enchiladas Crackers Pizza Garlic Sticks Marinara Sauce Pinto Beans Fiesta Salad Applesauce Cup Milk	Fish Sticks Cheese Pizza Cole Slaw Potatoes- Fries Chilly Peaches Milk Variety
CYCLE 4	CYCLE 4-A	CYCLE 1-B	CYCLE 4-C	CYCLE 4-D	CYCLE 4-E
Sept 9-13 Oct 7-11 Nov.4-8 Dec 9-13 Jan 21-24 Feb 18-21 Mar. 23-27 Apr 20-24 May 18-21	Popcorn Smackers Goldfish Crackers Cheese pizza Macaroni/ Cheese Sliced Cucumbers/ Ranch Raspberry Applesauce Milk Variety	Crispito / Cheese Sauce Tortilla Rounds Pepperoni Pizza Pinto Beans Tossed Salad/ Ranch Red Apples Milk Variety	Spaghetti /Gr Beef Breadsticks Stuffed Pizza Sticks Marinana Sauce Italian Green Beans Tossed Salad / Ranch Pears Milk Variety	Chili Cheese Fries Crackers Pepperoni Pizza Mexicali Corn Carroteenie/ Ranch Red Apples Milk Variety	Nachos Cheese Pizza Broccoli Winter- Blend Veggie Sticks/ Ranch Strawberry Cup Milk Variety

**FRUITS-Fuel up with fruits.**

**VEGETABLES-Color your plate with veggies.**

**GRAINS-Make at least 1/2 grains WHOLE grains.**

**PROTEIN-Choose a variety of proteins.**

**DAIRY-Contains calcium for strong bones.**