



Illness Guidelines

When to Keep Your Child Home

Please keep an obviously sick child at home.

- Do not send a child to school with a temperature over 100 degrees F. Remember, if you reduce your child's fever with medication like Tylenol, your child is STILL ill. Please do not medicate your child and send them to school.
- Do not send a child to school that has been vomiting or has had diarrhea within the last 12 hours.
- If your child is ill in the morning, please do not bring them in later in the day. They need to be symptom free for 24 hours. They will be allowed to make up missed work/test(s) when they return to school.

Please Help Us Minimize Illness in Our School!

- Please call the Attendance office daily at 719-955-4675, ext. 465 to excuse your child from school.
- When your child is out for 3 days or more due to illness they will need to bring in a note to excuse their extended absence.

Keeping Your Child Healthy

- Wash hands before eating, after using the bathroom and after using a tissue.
- Cover cough and sneeze into your sleeve. If a tissue is used, throw away the tissue and wash hands immediately.
- Sleep 8+ hours per night.
- Healthy eating habits.
- Find more information at:
www.cdphe.state.co.us/dc/Epidemiology/manual/School_Guidelines.pdf

Do not send your child back to school until he/she has had no symptoms for at least 24 hours.

Thank you for your cooperation,

Shawn Hunt RN BSN
CECCS School Nurse
719-955-4675, ext. 449