



JAN 18, 2019 FAMILY FITNESS NIGHT

Get ready to move and have fun!

The CSEE PTO wants to help you kick start the new year with Family Fitness Night. Parents and students are encouraged to enjoy 1 hour of Zumba together. Please wear comfortable clothes, sneakers and bring a hand towel. Water will be provided.

BONUS:

- We will have a Registered Dietitian on site to help us kick start the new year & get us on the right track.
- **FREE Raffle** (*It's a good one, so don't miss out*)



FRIDAY, JAN 18,
2019
FROM 6-7:30PM

ADMISSION:
\$5/PERSON

RSVP BY: TUES,
JANUARY 15, 2019

FITNESS TYPE:
ZUMBA

BROUGHT TO YOU BY
THE CSEE PTO!

(Please Print Clearly)

Student's Name: _____

Teacher's Name _____ Grade/Class: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____