



March 2020

Jersey City Public Schools



PRE-PLATE BREAKFAST Menu

Available to Schools: #5, #8, #11, #17, #20, #22, #23, #25, #27, #28, #30, #38 & Martin Center for the Arts (#41)

Monday	Tuesday	Wednesday	Thursday	Friday
CELEBRATE ❤️ 2 High Fiber Breakfast Round Fresh Orange 100% Fruit Juice 	NATIONAL ❤️ 3 Reduced Sugar Cinnamon Toast Crunch Cereal All-Natural Graham Crackers Raisins 100% Fruit Juice	SCHOOL ❤️ 4 All-Natural Yogurt All Natural Graham Crackers Fresh Apple 100% Fruit Juice	BREAKFAST ❤️ 5 Mini Whole Grain Maple Waffles 4 oz. Apple Juice Orange Wedges	WEEK! ❤️ 6 Apple Cinnamon Cheerios Cereal All-Natural Graham Crackers Fresh Pear 100% Fruit Juice
9 Chocolate Chip Muffin Fresh Pear 100% Fruit Juice	10 Frosted Corn Flakes Cereal All-Natural Graham Crackers Raisins 100% Fruit Juice	11 High Fiber Breakfast Round Fresh Orange 100% Fruit Juice	12 Mini Whole Grain Strawberry Splash Pancakes 4 oz. Apple Juice Orange Wedges	13 Fruity Cheerios Cereal All-Natural Low-Fat Cheese Stick Fresh Pear 100% Fruit Juice
16 High Fiber Breakfast Round Fresh Orange 100% Fruit Juice	Happy St. Patrick's Day! 17 Reduced Sugar Cocoa Puffs Cereal All-Natural Graham Crackers Raisins 100% Fruit Juice 	18 Apple Cinnamon Muffin Fresh Pear 100% Fruit Juice	19 Mini Whole Grain French Toast 4 oz. Apple Juice Orange Wedges	20 Multi-Grain Cheerios Cereal All-Natural Graham Crackers Fresh Apple 100% Fruit Juice
23 Frosted Corn Flakes Cereal All-Natural Sunflower Seeds Fresh Apple 100% Fruit Juice	24 High Fiber Breakfast Round Fresh Orange 100% Fruit Juice	25 All-Natural Yogurt All Natural Graham Crackers Fresh Apple 100% Fruit Juice	26 Mini Whole Grain Blueberry Pancakes 4 oz. Apple Juice Orange Wedges	27 Banana Muffin Fresh Pear 100% Fruit Juice
30 High Fiber Breakfast Round Fresh Orange 100% Fruit Juice	31 Reduced Sugar Cinnamon Toast Crunch Cereal All-Natural Graham Crackers Raisins 100% Fruit Juice			

Available Daily:
 Fat Free White Milk & 1% Lo-Fat White Milk
 Condiments
 Menu subject to change without notice!
 We are an equal opportunity provider and employer



National School Breakfast Week

March 2nd-6th



March 2nd