

**RELEASE FOR MEDICAL
TREATMENT/DISCLAIMER**

Camper's Name:

List Medical Conditions for Coaches/
Physicians to be aware of:

I hereby authorize any medical treatment which may be advised or recommended by a physician, or deemed necessary by camp staff. I waive and release Oak Grove High School and camp staff from all rights and claims for damages, injuries, or loss to person or property which may be sustained during, before or after participation at camp, whether or not damage, injury, or loss is due to real or perceived negligence. Further, I allow bus transport to a local batting cage if inclement weather.

Parent/Guardian Signature:

Date: _____

**PAYMENT & CONTACT
INFORMATION**

**Send Completed
Registration
& Release Form
with Payment to:**

**Coach David Thomas
3507 Midway School Rd.
Winston-Salem, NC
27107**

For Questions

Phone:

336-474-8280

336-403-9861

Email:

davidthomas@davidson.

k12.nc.us

**2019
Grizzly
Baseball
Fundamentals Camp**



June 17 - 19

8:30 - 11:30 a.m.

Oak Grove Baseball Field

*Ages - Kindergarten to Rising 9th
Grade*

Cost — \$75

Camp Details

As the weather warms, the sights and sounds of baseball emerge. While hitting the field must be about FUN for your child, a solid knowledge of fundamental skills will give your child the opportunity to enjoy the game to its fullest and excel at higher levels.

Camp staff will assist your child in learning fundamental skills and techniques necessary for increased enjoyment and development.

Individual and group drills that “break down” play processes, along with game simulation, are designed to increase each camper’s knowledge of the game, stimulate enjoyment and interest, and improve play. Our hope is to produce mentally and physically improved players for all levels.

Sportsmanship and team concept (working with and for others) will be stressed, as baseball is both individualistic and team-oriented in concept.

Staff includes current Oak Grove players and Oak Grove Baseball coaches.

Instruction begins promptly at 8:30 a.m. daily and concludes at 11:30 a.m. at Oak Grove High Baseball field. Campers should plan to arrive to check-in at 8:00 the first morning, Monday, June 17.

Recommended Equipment:

- Baseball glove/s
 - Hat
- Pants/sweats—shorts are not advised
 - Athletic supporter and cup
- Baseball shoes (in case of rain, have tennis shoes for indoors)
 - Water Bottle
 - NO JEWELRY!

While rising 9th graders are welcome, this camp in no way serves as a tryout for the Oak Grove Baseball program.

#BeOG!

Registration Form

Camper’s Name: _____

Address: _____

City: _____ Zip: _____

Home Phone: _____

Parent Cell: _____

Email: _____

Age: _____ Date of Birth: _____

Camper’s Position/s: _____

T-Shirt Size (Circle one):

Youth: Small Medium Large

OR

Adult: Small Medium Large X Large

Make Checks Payable to:

Oak Grove High School

Registration fee includes daily instruction, t-shirt, and daily snack.