



Dear Fifth Grade Parents and Guardians,

Three Rivers Charter School is providing you with timely communication regarding your student's participation in health. In two weeks we will start a new unit with sensitive material. An opt out form is attached to this communication. If you decide to opt out of a lesson, we ask that you speak with your child and let him/her know ahead of time that he/she will not be participating in the lesson.

Beginning April 19, your student will begin the topics of identity acceptance, mental health, and personal care & puberty. These topic areas have been identified as containing material that may be sensitive for some families. The state standards are as follows:

- HE.2.5.6 Provide examples of how friends, family, media, society and culture influence how people think they should act on the basis of their gender.
- HE.3.5.6 Discuss the qualities of people at home, school or in communities who can provide medically accurate information and/or support about healthy sexuality, including sexual orientation and gender identity.
- HE.3.5.9 Discuss sources of support, such as parents or other trusted adults, they can tell if they are being teased, harassed or bullied based on gender identity, sexual orientation, and gender expression.
- HE.7.5.4 Demonstrate ways to treat yourself and others with dignity and respect, with regard to gender, gender identity, and sexual orientation.
- HE.1.5.2 Analyze examples of physical, mental, social, emotional, and environmental health.
- HE.4.5.8 Demonstrate asking for help and support if they or someone they know is being hurt or feels unsafe.
- HE.3.5.8 Discuss the sources of support, such as parents or other trusted adults, including school staff, they can tell if they are experiencing sexual abuse.
- HE.3.5.10 Discuss sources of support, such as parents or other trusted adults, they can tell if they are being sexually harassed or abused.

If you are interested in viewing the curriculum, you may make an appointment with TRCS staff. We are happy to answer any questions that you may have that will help you to make an informed decision about your child's instructional experience.

Sincerely,

TRCS Staff



Health Curriculum Opt-Out

Name: _____ Student Grade: _____

Student's Teacher: _____

Parent Name(s): _____

Parent Phone Number(s): _____

Parent Email Address(es): _____

Please read below and select all that apply:

- I am choosing to opt out of the health curriculum (standard or material covered) and would like my child to be given an alternate/unrelated activity during the time of instruction for all lessons.

- I have previewed the curriculum associated with this unit.

- I have told my student that they will not be participating.

Parent Signature: _____ Date: _____