

# Baker Lunch Menu



April 2019



# CREATIONS

## APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>ST</sup>-5<sup>TH</sup></b>	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
<b>8<sup>TH</sup>-12<sup>TH</sup></b>	General Tso's Chicken with Fried Rice and Asian Vegetable Blend	Roasted Turkey and Gravy with Roasted Carrots	Beefy Macaroni with Dinner Roll and Green Beans	Chicken Nuggets with Corn and a Dinner Roll	Pulled Pork Mac and Cheese with Steamed Broccoli
<b>15<sup>TH</sup> - 19<sup>TH</sup></b>	Philly Cheese Steak Sandwich with California Vegetable Blend	Broccoli Chicken Alfredo with Dinner Roll	Chili Baked Potatoes with Dinner Roll	Buffalo Chicken Macaroni & Cheese with Sweet Potato Fries	No School
<b>22<sup>ND</sup> - 26<sup>TH</sup></b>	Orange Chicken with Brown Rice and Asian Vegetables	Macaroni and Cheese with Dinner Roll and Steamed Broccoli <b>V</b>	Chicken Drumstick with Mashed Potatoes, Gravy and a Dinner Roll	Early Release Day	French Toast <b>V</b> with Turkey Sausage and Hash Brown Patties
<b>29<sup>TH</sup> - 3<sup>RD</sup></b>	Oven Roasted Chicken with Macaroni and Cheese and Broccoli	Mini Corn Dogs and Sweet Potato Fries	BBQ Pulled Pork Platter with Baked Beans and a Corn Biscuit	Cheese <b>V</b> or Pepperoni Stromboli and California Vegetable Blend	Baked Penne with Green Beans and a Dinner Roll <b>V</b>

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian. Many of our other daily specials have the option to be made **vegetarian**, just ask!



# GRILL

## APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>EVERYDAY OPTIONS:</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>	Hamburger Cheeseburger Garden/Black Bean Burger <b>V</b> Crispy/Spicy Chicken Patty Bosco Sticks <b>V</b>
<b>1<sup>ST</sup>-5<sup>TH</sup></b>	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
<b>8<sup>TH</sup>-12<sup>TH</sup></b>	BBQ Bacon Cheeseburger	Chicken Philly	Meatball Sub	Hot Dog	Chicken Club
<b>15<sup>TH</sup> -19<sup>TH</sup></b>	Grilled Cheese Sandwich <b>V</b>	Chicken Parm Sandwich	Bacon Cheeseburger	Pulled Pork Sandwich	No School
<b>22<sup>ND</sup> - 26<sup>TH</sup></b>	BBQ Bacon Cheeseburger	Chicken Philly	Meatball Sub	Early Release Day	Chicken Club
<b>29<sup>TH</sup> - 3<sup>RD</sup></b>	Philly Cheese Steak Sandwich	Chicken Parm Sandwich	Bacon Cheeseburger	Pulled Pork Sandwich	Chicken Cordon Blue Sandwich

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat. Items marked with a **V** are vegetarian.





# PIZZA

## APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>EVERYDAY OPTIONS:</b>	Cheese Pizza <b>V</b> Pepperoni Pizza	Cheese Pizza <b>V</b> Pepperoni Pizza	Cheese Pizza <b>V</b> Pepperoni Pizza	Cheese Pizza <b>V</b> Pepperoni Pizza	Cheese Pizza <b>V</b> Pepperoni Pizza
<b>1<sup>ST</sup>-5<sup>TH</sup></b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>
<b>8<sup>TH</sup>-12<sup>TH</sup></b>	<b>Buffalo Chicken Pizza</b>	<b>Sausage Pizza</b>	<b>Surpreme Pizza</b>	<b>Sausage Calzone</b>	<b>Chicken Spinach Alfredo</b>
<b>15<sup>TH</sup> - 19<sup>TH</sup></b>	<b>Mushroom Chicken Pizza</b>	<b>Cheese Flatbread <b>V</b></b>	<b>Bruschetta Pizza</b>	<b>Sausage Pizza</b>	<b>No School</b>
<b>22<sup>ND</sup> – 26<sup>TH</sup></b>	<b>Mac &amp; Cheese Pizza</b>	<b>Sausage Pizza</b>	<b>Buffalo Chicken Pizza</b>	<b>Early Release</b>	<b>Margherita Pizza</b>
<b>29<sup>TH</sup> – 3<sup>RD</sup></b>	<b>BBQ Chicken Pizza</b>	<b>Meatlover’s Calzone</b>	<b>Veggie Pizza <b>V</b></b>	<b>Sausage Pizza</b>	<b>Breakfast Pizza</b>

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.



# SALSA

## APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>EVERYDAY SIDES:</b>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>
<b>1<sup>ST</sup>-5<sup>TH</sup></b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>
<b>8<sup>TH</sup>-12<sup>TH</sup></b>	<b>Beans Enchiladas</b> ✓ Refried Pinto Beans	<b>Cheese Quesadillas</b> ✓ Taco Fiesta Black Beans	<b>Beef or Bean and Cheese Nachos</b> ✓ Taco Fiesta Black Beans	<b>Chicken Fajitas</b> Taco Fiesta Black Beans	<b>Beef Tacos</b> ✓ Refried Pinto Beans
<b>15<sup>TH</sup> -19<sup>TH</sup></b>	<b>Enchilada Suiza</b> Refried Pinto Beans	<b>Chicken Burrito</b> Taco Fiesta Black Beans	<b>Beef or Bean and Cheese Nachos</b> ✓ Refried Pinto Beans	<b>Chicken Fajita Bowl</b> Taco Fiesta Black Beans	<b>No School</b>
<b>22<sup>ND</sup> – 26<sup>TH</sup></b>	<b>Beef or Bean and Cheese Nachos</b> ✓ Taco Fiesta Black Beans	<b>Beef or Bean and Cheese Tacos</b> ✓ Refried Pinto Beans	<b>Chicken Quesadilla</b> ✓ Taco Fiesta Black Beans	<b>Early Release Day</b>	<b>Beef Quesadillas</b> ✓ Taco Fiesta Black Beans
<b>29<sup>TH</sup> – 3<sup>RD</sup></b>	<b>Chicken Fajita Bowl</b> Taco Fiesta Black Beans	<b>Steak Fajitas</b> Refried Pinto Beans	<b>Cheese Quesadillas</b> ✓ Taco Fiesta Black Beans	<b>Beef Tacos</b> Refried Pinto Beans	<b>Beef or Bean and Cheese Nachos</b> ✓ Taco Fiesta Black Beans

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat. Items marked with a ✓ are vegetarian.

# APRIL MENU

## DELI

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Protein</u></b>            Salami            Turkey            Ham            Roast Beef            Chicken/Tuna Salad            Hummus <b>V</b>            American Cheese <b>V</b>            White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b>            Whole Grain Sub            Whole Grain Tortilla            Whole Grain Bread            Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b>            Lettuce            Spinach            Tomato            Onions            Black Olives            Green Peppers            Banana Peppers            Pickles</p> <p><b><u>Sauce</u></b> <b>V</b>            Mayo            Chipotle Mayo            Mustard            Italian/Ranch Dressing</p>	<p><b><u>Protein</u></b>            Buffalo Chicken            Turkey            Ham            Roast Beef            Chicken/Tuna Salad            Hummus <b>V</b>            American Cheese <b>V</b>            White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b>            Whole Grain Sub            Whole Grain Tortilla            Whole Grain Bread            Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b>            Lettuce            Spinach            Tomato            Onions            Black Olives            Green Peppers            Banana Peppers            Pickles</p> <p><b><u>Sauce</u></b> <b>V</b>            Mayo            Chipotle Mayo            Mustard            Italian/Ranch Dressing</p>	<p><b><u>Protein</u></b>            Bacon            Turkey            Ham            Roast Beef            Chicken/Tuna Salad            Hummus <b>V</b>            American Cheese <b>V</b>            White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b>            Whole Grain Sub            Whole Grain Tortilla            Whole Grain Bread            Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b>            Lettuce            Spinach            Tomato            Onions            Black Olives            Green Peppers            Banana Peppers            Pickles</p> <p><b><u>Sauce</u></b> <b>V</b>            Mayo            Chipotle Mayo            Mustard            Italian/Ranch Dressing</p>	<p><b><u>Protein</u></b>            Chicken Nuggets            Turkey            Ham            Roast Beef            Chicken/Tuna Salad            Hummus <b>V</b>            American Cheese <b>V</b>            White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b>            Whole Grain Sub            Whole Grain Tortilla            Whole Grain Bread            Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b>            Lettuce            Spinach            Tomato            Onions            Black Olives            Green Peppers            Banana Peppers            Pickles</p> <p><b><u>Sauce</u></b> <b>V</b>            Mayo            Chipotle Mayo            Mustard            Italian/Ranch Dressing</p>	<p><b><u>Protein</u></b>            Pepperoni            Turkey            Ham            Roast Beef            Chicken/Tuna Salad            Hummus <b>V</b>            American Cheese <b>V</b>            White American/Swiss <b>V</b></p> <p><b><u>Bread</u></b> <b>V</b>            Whole Grain Sub            Whole Grain Tortilla            Whole Grain Bread            Whole Grain Flatbread</p> <p><b><u>Veggies</u></b> <b>V</b>            Lettuce            Spinach            Tomato            Onions            Black Olives            Green Peppers            Banana Peppers            Pickles</p> <p><b><u>Sauce</u></b> <b>V</b>            Mayo            Chipotle Mayo            Mustard            Italian/Ranch Dressing</p>

Each meal meets USDA meal requirements for grades 9-12 with a minimum of 2 oz M/MA, 2 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.





# FAST TAKES

## APRIL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>ST</sup>-5<sup>TH</sup></b>	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
<b>8<sup>TH</sup>-12<sup>TH</sup></b>	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad <b>V</b>	Buffalo Chicken Wrap American Style Sub Ham and Cheese Chicken Caesar Salad Garden Salad <b>V</b>	Turkey Bacon Club Wrap Turkey and Cheese Turkey Bacon Club Sub Buffalo Chicken Salad Garden Salad <b>V</b>	Italian Sub Italian Wrap Ham and Cheese Chef Salad Garden Salad <b>V</b>	Southwest Wrap Buffalo Chicken Sub Turkey and Cheese Taco Salad Garden Salad <b>V</b>
<b>15<sup>TH</sup> -19<sup>TH</sup></b>	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad <b>V</b>	American Wrap Ham and Cheese American Sub Chicken Caesar Salad Garden Salad <b>V</b>	Buffalo Chicken Wrap Turkey and Cheese Ham and Cheese Sub Crispy Chicken Salad Garden Salad <b>V</b>	Crispy Chicken Wrap Ham and Cheese American Sub Chef Salad Garden Salad <b>V</b>	No School
<b>22<sup>ND</sup> – 26<sup>TH</sup></b>	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad <b>V</b>	Buffalo Chicken Wrap American Style Sub Ham and Cheese Chicken Caesar Salad Garden Salad <b>V</b>	Turkey Bacon Club Wrap Turkey and Cheese Turkey Bacon Club Sub Buffalo Chicken Salad Garden Salad <b>V</b>	Early Release Day	Southwest Wrap Buffalo Chicken Sub Turkey and Cheese Taco Salad Garden Salad <b>V</b>
<b>29<sup>TH</sup> – 3<sup>RD</sup></b>	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad <b>V</b>	American Wrap Ham and Cheese American Sub Chicken Caesar Salad Garden Salad <b>V</b>	Buffalo Chicken Wrap Turkey and Cheese Ham and Cheese Sub Crispy Chicken Salad Garden Salad <b>V</b>	Crispy Chicken Wrap Ham and Cheese American Sub Chef Salad Garden Salad <b>V</b>	Chicken Bacon Wrap Italian Sub Turkey and Cheese Fajita Chicken Salad Garden Salad <b>V</b>

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.