

# September 2019

## West Valley Elementary Menu



Deposit online, plus **auto-payment options:**

[www.myschoolbucks.com](http://www.myschoolbucks.com)

(call CN office for student I.D.)

972-6040 or 972-6048

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2) <i>No School Labor Day</i></p>	<p>3) Breakfast Pizza, Fruit Spaghetti w/Meat Sauce Mini Corn Dogs Choice of: salad, edamame, cucumber, peaches, grapes</p>	<p>4) Mini Pancake Sausages, Fruit Cheese Zombie Cheese Pizza Choice of: salad, tomato soup, cauliflower, rosy applesauce, orange slices</p>	<p>5) Cinnamon Bread, Fruit BBQ Chicken Salad Chicken Nuggets Choice of: salad, breadstick, baby carrots, local apples, banana</p>	<p>6) French Toast Sticks, Fruit Fish Sandwich Corn Dog Choice of: salad, sweet corn, veggie sticks, pears, fruit bowl</p>
<p>9) Muffin, Cheese Stick, Fruit Mozzarella Sticks w/Marinara Chicken Sandwich Choice of: salad, baby carrots, edamame, mixed fruit, fruit bowl</p>	<p>10) Breakfast Pizza, Fruit Lunch Bites w/Fruit Snack Hamburger Choice of: salad, broccoli, tomato slices, pineapple tidbits, grapes</p>	<p>11) Mini Pancake Sausages, Fruit Orange Chicken Rice Bowl Pepperoni Pizza Rippers Choice of: salad, cucumbers, red peppers, peaches, orange slices</p>	<p>12) Cinnamon Bread, Fruit Chef Salad Chicken Strips Choice of: salad, dinner roll, baby carrots, strawberries, banana</p>	<p>13) French Toast Sticks, Fruit Bean &amp; Cheese Nacho Bites Beef Hot Dog Choice of: salad, sweet corn, veggie sticks, melon, fruit bowl</p>
<p>16) Muffin, Cheese Stick, Fruit Chicken Teriyaki Burger Beef Soft Taco Choice of: salad, baby carrots, edamame, pears, fruit bowl</p>	<p>17) Breakfast Pizza, Fruit Tater Tot Casserole Pepperoni Pizza Pockets Choice of: salad, breadstick, broccoli, sweet corn, <b>Local Fruit</b></p>	<p>18) Mini Pancake Sausages, Fruit Cheese Zombie Cheese Pizza Choice of: salad, tomato soup, cauliflower, rosy applesauce, orange slices</p>	<p>19) Cinnamon Bread, Fruit SW Chicken Salad Popcorn Chicken Choice of: salad, cornbread, baby carrots, local apples, banana</p>	<p>20) French Toast Sticks, Fruit Turkey Gravy w/Mashed Potatoes Chicken Sandwich Choice of: salad, homemade roll, green beans, blueberries, fruit bowl</p>
<p>23) Muffin, Cheese Stick, Fruit Pizza Bites w/Flatbread Chicken Sandwich Choice of: salad, baby carrots, edamame, strawberries, fruit bowl</p>	<p>24) Breakfast Pizza, Fruit Chicken Alfredo w/Penne Mini Cheeseburgers Choice of: salad, broccoli, roasted zucchini, applesauce cup, local apples</p>	<p>25) Mini Pancake Sausages, Fruit Beef Teriyaki Rice Bowl Bean &amp; Cheese Burrito Choice of: salad, cherry tomatoes, cucumber, mixed fruit, orange slices</p>	<p>26) Cinnamon Bread, Fruit Popcorn Chicken Salad Chicken Nuggets Choice of: salad, breadstick, baby carrots, pineapple tidbits, banana</p>	<p>27) French Toast Sticks, Fruit Tostado w/Chips Corn Dog Choice of: salad, crinkle fries, veggie sticks, sidekicks, fruit bowl</p>
<p>30) Muffin, Cheese Stick, Fruit Sloppy Joe Sandwich Chicken &amp; Waffles Choice of: salad, baby carrots, edamame, mixed berries, fruit bowl</p>			 <p><i>WV menu feature Washington State grown and harvested products</i></p>	 <p><b>Local Stone Fruits</b></p>

**Offered daily:**

- o Additional Breakfast Choices: Cereal, 100% Fruit Juice, Fresh Fruit
- o Milk Choices: Fat Free Chocolate & White Milk, Soy Milk. Milk may be purchased for \$.50 to compliment meals from home.

**This institution is an equal opportunity provider.**

**Menu items may change without notice.**