



Shanklin Lunch Menu

September 2019

02
Student Holiday
Salisbury Steak w/
brown gravy,
or
Chicken tenders
Tater bites, egg noodles
or broccoli, mixed fruit
or orange

03
Popcorn chicken
Or
Grilled Ham & cheese
Green beans, salad or
rice, diced pears or
fresh banana

04
Chili Mac
Or
Chicken sandwich
French fries, green
beans or salad,
Diced peaches or fresh
apple

05
Golden Chicken
Tenders
Or
Hamburger
Green peas, salad, or
celery sticks,
Apple sauce or
watermelon

06
Cheese Pizza
Or
Plain Hotdog
Side salad,
Cucumber & tomato
salad or collard greens
Pineapple or fruit salad

09
Hamburger
Or
Chicken drumstick w/
biscuit
Side salad, mash
potatoes or fresh broccoli,
Mixed fruit or fresh
oranges

10
Chicken Parmesan w/
spaghetti noodles,
Or
Chicken Sandwich
Side salad, tomato
wedges
Diced pears or fresh
banana

11
Chili cheese baked potato
w/corn bread muffin
Or
Chicken Tenders
Peas, side salad or peas
& carrots
Diced peaches or fresh
apple

12
Chili Mac w/roll
Or
Hamburger
Side salad, celery stick
Or vegetarian beans
Apple sauce or
watermelon

13
Cheese Pizza,
Or
Chicken Nuggets
Side salad, baby carrots
or fresh cucumbers,
Pineapple or fruit salad

16
Popcorn chicken bowl,
Or
Chicken Sandwich
Side salad, tomato
wedges or French fries
Mixed fruit or fresh
oranges

17
Beef Nachos,
Or
Chicken Tenders
Side salad, fresh
cucumbers or green
beans,
Diced pears or fresh
banana

18
Jumbo cheese ravioli in
marinara sauce,
Or
Hamburger
Side salad, celery sticks
or baby carrots
Diced peaches or fresh
apple

19
Soft chicken Taco,
Or
BBQ Pork riblet
Side salad, baby carrots
or campfire beans,
Apple sauce or
watermelon

20
Pepperoni Pizza,
Or
Chicken Sandwich
Side salad, tomato
wedges or fresh
broccoli,
Pineapple or fruit salad

23
Spaghetti & Meat
sauce,
Or
Chicken sandwich
Side salad, baby carrots
or golden corn, mixed
fruit or fresh orange

24
Chicken Nachos,
Or
Hamburger
Side salad, tomato
wedges,
Diced pears or fresh
banana

25
Chicken fried steak w/
country gravy,
Or
Corn dog
Tater bites, peas & carrots
or side salad
Diced peaches or fresh
apple

26
Chili Mac w/ corn bread
muffin,
Or
Chicken tenders
Green beans, side
salad or celery sticks
apple sauce or
watermelon

27
Pepperoni Pizza,
Or
Hamburger
Side salad, cooked
broccoli or cucumber &
tomato
Pineapple or fruit salad

30
Salisbury Steak w/ brown
gravy,
Or
Chicken drumstick
w/biscuit
Side salad, tomato wedges
or green beans
Mixed fruit or fresh orange

01
Baked potato w/broccoli
& cheese, or
chicken tenders side
salad, celery sticks or
fresh golden corn Diced
pears or fresh banana

02
Chicken nuggets
Or
Hamburger
Green beans, side
salad or Baby carrots
Diced peaches or fresh
apple

03
Beef fingers
Or
Chicken Sandwich
Tomato wedges, side
salad or pinto beans
Apple sauce or
watermelon

04
Cheese Pizza
Or
Plain hot dog
Side salad,
cucumber slices or
fresh broccoli
Pineapple or fruit salad

More info... Assorted Fruit, Vegetables, juice and milk
are available Daily
Primary & Shanklin Lunch: \$2.40 Reduce \$0.40

Menu is subject to change

More info...

**Remember to apply for the Free & Reduced Meal
program.**

**We are a peanut sensitive District – Call your school
nurse for allergies**