

## School Health Advisory Council Minutes

11/21/19 12:05 p.m. | Meeting called to order by Monica Porras, RN

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### In Attendance

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Messina Moro- Parent

Marisa Mercer- Parent

Nathaniel Lee- Uncle

Belinda Martinez- Parent

Roseanne Harrington- Community Member/MHMR

Sabrina Meares- School Nurse

Monica Porras- District Nurse

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### Approval of Minutes

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NA

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### What is SHAC

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Reviewed and discussed what SHAC is. Discussed that we must meet 4 times per year. This year we will meet again in January, March and May. Next year we would like to have 2 meetings in the fall and 2 meetings in the spring.

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### Review of Bylaws

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Briefly reviewed bylaws and went over membership criteria. Discussed Officer Roles/responsibilities for SHAC. We discussed you must notify committee if you are going to miss a meeting. We can send an e-mail if needed to keep members up to date when they do have to miss. The Chairman may call an emergency meeting if needed. Members are encouraged to read the Bylaws prior to next meeting so we can discuss any changes that are recommended at the next meeting.

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### Worksheet- Creating A Vision

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Recommendation made by Mrs. Porras to do worksheet prior to going over bylaws. It may be helpful to make better decisions regarding the bylaws.

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### Questions/Comments

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Ways to get more members and community resources involved may include: Getting the PIA involved, possibility of having meetings via Skype with other campuses within our district, sending out flyers, giving parents involved a free dress pass for their students.

Types of community members to get involved would include but are not limited to a Mental Health Worker, Pediatrician, Fire Chief etc.

Mrs. Moro wanted to know if food allergy policies would be something we may be able to discuss in the future. She was advised that yes we can discuss what policies like this we would like to change or discuss at the January meeting.

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#### Next Meeting

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January 22, 2020, TLCA Elementary Conference Room

March 18, 2020, TLCA Elementary Conference Room

May 20, 2020, TLCA Elementary Conference Room

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#### Motion to Adjourn

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Time: 12:34 p.m.



## SHAC Meeting Minutes

**March 1, 2019**

1. Welcome/Introduction
  - a. Everyone introduced themselves
2. Approved Previous Meeting Minutes
  - a. No objections, approved
3. Bylaws
  - a. Monica & April take on the task of creating Bylaws for SHAC
  - b. Voted: elected officers hold office 2 years
4. Review and Vote
  - a. Elect Leaders – did not accomplish this due to lack of parent attendance
  - b. Wellness Policy
    - i. Reviewed, no objections to minor grammatical changes
    - ii. Talked about making addition to state no caffeine offered to students
5. Worksheets
  - a. Passed out worksheets to get more involvement from community
  - b. Will turn in at next meeting
6. Questions/Comments
  - a. Discussed ways to increase attendance
    - i. Next meeting schedule at lunch with food provided
7. Adjourn





## **TLCA SHAC Meeting Minutes**

**August 23, 2017**

**9:30 am**

### **1: Welcome**

Introduced all attending members

### **2: Update on Wellness Policy**

- a) Revisions have been made and policy is ready for board approval
- b) Assessment of Local Wellness Policy is currently being conducted

### **3: Membership**

- a) Entirely new committee
- b) Still looking for more parents/community member to join
- c) Will attend PIA and school functions to advertise for membership

### **4: Questions/Comments**

- a) District will be receiving their TDA audit this school year
  - a. Onsite will be September 27 @ Texas Leadership of Abilene
- b) Will be looking into possibly holding Relay for Life and Jump Rope for Heart events this school year
- c) Discussed the possibility of purchasing attachment for water fountains to fill sports bottle at all campuses – will discuss with PIA
- d) Will schedule and post next meeting on SHAC website

### **5: Adjourn**

Members present during this meeting:

Elizabeth Sides – Parent/School Volunteer

Mary Sebesta – School Counselor

Brandy Eisenbach – School Nurse

Eric Hair – Assistant Principal

Lola Ojeda – Child Nutrition Staff

Monica Goodroe – Food Service Coordinator

Greg Flores – Administrator