

Lemon Grove School District

8025 Lincoln Street, Lemon Grove, CA 91945 Phone: 619-825-5600 Fax: 619-303-8573

February 15, 2018

School Safety

Dear Families,

We are all aware and concerned about school safety and school culture. In light of tragic events, many of you may wonder what we are doing to keep our children safe in Lemon Grove School District.

In the aftermath of tragedies, we diligently review our policies to ensure that every measure is taken to ensure the security of our campuses. In addition, we provide a safe space for our students to share their concerns, ask questions, and find answers.

The [National Association of School Psychologists](#) offers effective ways to talk with students following such a traumatic event. Schools should:

- Create a sense of safety by returning to normal, predictable routines as soon as possible.
- Listen to the concerns and feelings of their students.
- Suggest that students limit their use of media to lower their stress and to maintain balance and perspective.
- Acknowledge that sleep difficulties are common and can lead to fatigue and poor participation.

For parents, the American Psychological Association (APA) recommends honesty with their children -- acknowledging that bad things do happen, but reassure children with the information that many people are working to keep them safe, including their parents, teachers and local police. The APA also advises limiting children's exposure to news coverage following such traumatic events. Additional guidance can be found on the association's [website](#).

All California public schools are required to have a comprehensive school safety plan. In addition to ensuring physical safety prevention measures, educators also emphasize the importance of positive school climate and culture in prevention. Our Board of Education

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approved our School Safety Plans for each Lemon Grove School District site in open session at our School Board meeting on February 13th this week.

Please know that your child's safety is our number one priority. Thank you for partnering with us to follow school rules that ensure safety for all students.

Yours in Education,



Dr. Kimberly Berman

Superintendent