

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar	
	NATIONAL SCHOOL BREAKFAST WEEK MARCH 4-8					
M a r c h	Breakfast Mini Maple Pancakes (29) Ojuice/Applesauce (13) Lunch Big Daddy Pizza (35-36) Muffin (25)Yogurt(21)String Chz Steamed Broccoli(5) Mix it up Vegetables(11) Baby Carrot Cups(8) FlavoredApplesce(13)Peaches(18) W1D1	Breakfast Sausage Biscuit (27) Apple Juice/Peaches (18) Breakfast for Lunch French Toast Stix(26) & Eggs Ham &Cheese Sub(30) Warm Baked Cinn Apples(14) Potato Tots(15) Leafy Green Salad (2) Blushing Pears(23) W1D2	Breakfast Bacon,Egg,&Cheese Pizza(23) 100% Fruit Punch/Banana (22) Lunch Hamburger/Cheeseburger(30) Fruit n-Yogurt Parfait (72) Homestyle Baked Beans (36) Potato Wedges (15) Cucumber/Tomato Cup (3) Apple(12)/Carmel(19)Banana(22) W1D3	Breakfast Glazed Goody Ring (29) Apple Juice/Pears (23) Lunch Chili Beans(16)&Hushpuppies(20) Turkey&Cheese Sub(30) Potato Smiles (20) Sweet Corn Nibbles (16) Fresh Vegetable Cup (3) MixedBerryCup(33)Fruit Gelatin(18) W1D4	Breakfast Egg & Cheese Croissant (28) Orange Juice/Pineapple (19) Lunch Chicken(13) & Waffle (43) Snack Bag(47-53) Sweet Potato Fries Buttered Green Peas (11) Baby Carrot Cups(8) Fruit Slushie (20) Pineapple (19) W1D5	
		11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
	E l e m e n t a r y	Breakfast Cinn. Glzed Pancakes (35) Ojuice/Sliced Peaches (18) Lunch Chick Poppers(17)Sauce(*)Roll (27) Muffin (25)Yogurt(21)String Chz Sweet Green Peas (11) Smashed Potatoes (22) Baby Carrot Cups(8) Peaches (18)StrawberryCup(33) W2D1	Breakfast Egg Biscuit (27) w/Gravy (6) 100% Fruit Punch/Applesauce (13) Lunch Cheese Sticks(36) & Sauce(6) Chef Salad(30) Steamed Broccoli(5) X-Ray Vision Carrots(16) Leafy Green Salad (2) FlavorApplesauce(13) Grapes(8) W2D2	Breakfast Warm WG Cini Minis (40) Grape Juice/Banana (22) Lunch Crispy Chicken(16)Sandwich(29) Fruit n-Yogurt Parfait (72) Seasoned Waffle Fries (19) California Blend Veg(3) Celery/Green Pepper Cup (3) Orange Smiles(14)Banana (22) W2D3	Breakfast Maple French Toast Stix (26) Apple Juice/Pears (23) Lunch Veg Beef Soup(14)GrillCheese(32) Turkey&Cheese Sub(30) Corn Niblets(16) Seasoned Green Beans(5) Fresh Vegetable Cup(3) FruitSlushie (20)Raisels(35) W2D4	TEACHER IN-SERVICE NO SCHOOL W2D5
		18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
M e n u		Breakfast Chocolate Chip French Toast (35) Orange Juice/Applesauce (13) Lunch Chic Nuggets(16)Sauce(*)Roll(27) Muffin (25)Yogurt(21)String Chz Sweet Green Peas (11) Smashed Potatoes (22) Baby Carrot Cups(8) MixedBerryCup(35)Applesauce(13) W3D1	Breakfast Chicken (8) Biscuit (27) Apple Juice/Pineapple (19) Lunch Spaghetti(43) & Garlic Bread (14) Grilled Chicken Salad(33) Winter Blend Veg(3) Mix it up Vegetables(11) Leafy Green Salad (2) MM Fruit Salad(38)Banana(22) W3D2	Breakfast Warm WG Fruit Frudal (36) 100% Fruit Punch/Banana (22) Lunch Chicken Pot Pie (42) WowButter Sand/Str Ch/ Chip(59) Seasoned Green Beans(5) Warm Baked Cinn Apples(14) Fresh Vegetable Cup(3) Orange Wedges (14) W3D3	Breakfast Cinnamon French Toast Stix(26) Apple Juice/Pears (23) Lunch Corndog Nuggets(30) Fajita Chicken Wrap (25) Pinto Beans (18) Seasoned Potato Wedges (15) Creamy Cole Slaw(14) Apple(12)/Carmel(19)BI Pears(23) W3D4	Breakfast Mini Maple Pancakes (29) Orange Juice/Peaches (18) Lunch Big Daddy Pizza (35-36) Snack Bag(47-53) Steamed Broccoli(5) Corn Niblets(16) Baby Carrot Cups(8) FruitSlushie (20)Raisels(35) W3D5
	SPRING BREAK Mar. 25th - Mar. 29th					

"This institution is an equal opportunity provider."

***Beside each menu item, the number in parenthesis () indicate carbohydrate grams.

*Sauce, Condiments & Salad Dressing carbs vary from 3-12 grams a packet

Breakfast items offered on a daily basis:
Cereal (14-25) / Fruit (12-22) / 100% Fruit Juice (13-19)

Rotating Alternate Breakfast Choices :
WG Poptart (37-38)/Muffin (23-28)/Cereal Bar (26-29)

Milk choices offered with breakfast and lunch daily:
1% milk (11)/ 1% Chocolate milk (24)/ 1% Strawberry milk (22) FF White Milk (12)

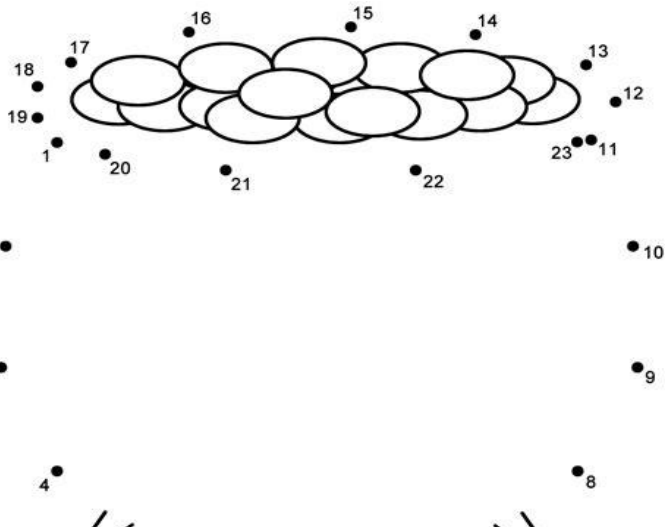


Daylight Savings Time Begins
Sunday, March 10th

Ala Carte items available:

Bottled Water \$.75
Various Ice creams \$.75 -1.00
***Any item purchased in excess or as a single component of the meal plan is considered a la carte and prices will vary.

Happy
St. Patrick's
Day!



St Patrick's Day Word Search

P	K	J	U	A	Q	X	W	N	W	G	B	H	P
A	C	C	E	Z	M	C	O	U	S	A	I	N	T
T	O	I	L	G	R	H	B	A	N	D	R	E	O
R	R	F	U	O	K	L	N	H	P	F	Y	E	D
I	M	T	C	B	V	D	I	C	R	N	S	C	L
C	A	O	K	H	Y	E	A	E	K	E	I	M	A
K	H	S	Y	C	I	M	R	R	T	E	J	Z	R
D	S	N	W	E	J	F	X	P	A	R	T	Y	E
K	I	R	E	L	A	N	D	E	U	G	L	O	M
Q	A	P	L	D	L	O	G	L	B	N	A	G	E

- ❖ EMERALD
- ❖ CLOVER
- ❖ RAINBOW
- ❖ GOLD
- ❖ LUCKY
- ❖ SAINT
- ❖ IRELAND
- ❖ PATRICK
- ❖ LEPRECHAUN
- ❖ PARTY
- ❖ SHAMROCK
- ❖ GREEN



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