



**MATER DEI CATHOLIC HIGH SCHOOL
HEALTH INFORMATION
SCHOOL YEAR 2019/2020**

Dear Parents/Guardians:

All New Incoming Students attending Mater Dei Catholic High must have on file a copy of their current Immunization (Shot) Record and a Physical Exam form. All Returning Students planning on participating in athletics are required to have a Physical Exam every 12 months. These two documents must be turned into the Attendance Office no later than **June 30, 2019.**

All athletes are required to have on file in the Attendance Office an updated Physical Exam, Sports Off Campus Release, and Concussion forms to practice and compete with their respective team. Students not participating on a sports team are required to have a new physical every two years.

__ Physical Exam **(Required for all incoming freshmen, transfer students, and students involved in interscholastic sports; otherwise a new physical is required every two years).** Form is available in the Attendance office or on the website under Athletics – Health Required Forms.

__ Copy of Current Immunization Card **(Required for all incoming 9th Graders and new Students to MDCHS)**

__ Emergency Contact Information **(Required for all students)** Form is completed on the Family Enrollment Portal under Internal & Optional Items.

__ Sports Off Campus Release & Concussion **(Required for all students)** Form is completed on the Family Enrollment Portal under Internal & Optional Items.

Note: Students attending school for the first time in the state of California with prior education from another country or state are required by law to show proof of receiving the Whooping Cough Booster Shot, called Tdap. Any student coming from another country or state who does not have proof of getting a Tdap booster shot will not be allowed to start school until proof of immunization is given to the school.

Thank you,

Mrs. Alvarado,
Attendance Coordinator