



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
7	8	9	10	11	
Cheeseburger	Chili	Beef Taco & Chips	Pork Roast w/Gravy	BBQ Sandwich	Calories...806
PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	Combread	Chicken Sandwich	Sodium.1405 mg
French Fries	Potato Rounds	French Fries	PB&J Sandwich	Baked Beans	Sugar 30.3 g
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Mashed Potatoes	French Fries	Carbohydrates 103.9 g
Fruit Cocktail	Rip Tide Slushie	Corn	Turnips	Peaches	
Applesauce cup	Fresh Fruit	Peach Cup - Pineapple	Fresh Fruit		
		Rice Krispies Treat	Apricots Cup		
14	15	16	17	18	
Chicken Chunks	Chicken Sandwich	Chicken Teriyaki Nuggets	Baked Chicken /Roll	Pizza	Calories...590
PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	Sodium.852 mg
Mac & Cheese	Lettuce & Tomato	Scalloped Potato	Mashed Potatoes w/Gravy	Baked Beans	Sugar 35.9 g
Roll	Corn	Steamed Broccoli & Cheese	Seasoned green beans	French Fries	Carbohydrates 83.6 g
Blackeyed Peas	Diced Pears	Roll	Slushie	Diced Peaches	
Carrots	Applesauce Cup	Fresh Fruit	Strawberry Cup	Cookie	
Fruit Cocktail		Peaches			
Applesauce cup					
21	22	23	24	25	
	Chicken Sandwich	Hot Dog	Country Fried Steak	Pizza	Calories...640
	PB&J Sandwich	PB&J Sandwich	Combread	PB&J Sandwich	Sodium.918 mg
Holiday	Potato Rounds	French Fries	PB&J Sandwich	Baked Beans	Sugar 30.4 g
	Green Beans	Lettuce & Tomato	Mashed Potatoes	French Fries	Carbohydrates 94.7 g
	Rip Tide Slushie	Corn	Turnips	Peaches	
	Fresh Fruit	Peach Cup - Pineapple	Fresh Fruit	Pudding	
		Rice Krispies Treat	Apricots Cup		
28	29	30	31		
Chicken Chunks	Chicken Sandwich	PB&J Sandwich	Baked Chicken /Roll		Calories...520
PB&J Sandwich	PB&J Sandwich	Country Fried Steak	PB&J Sandwich		Sodium.674 mg
Mac & Cheese	Lettuce & Tomato	Scalloped Potato	Mashed Potatoes w/Gravy		Sugar 32.7 g
Roll	Corn	Steamed Broccoli & Cheese	Seasoned green beans		Carbohydrates 73.6 g
Blackeyed Peas	Diced Pears	Roll	Slushie		
Carrots	Applesauce Cup	Fresh Fruit	Strawberry Cup		
Fruit Cocktail		Peaches			



Georgia Grown

Menu subject to change based on availability.

Locally Grown

