

# February 2019 - More @ Four Snacks

## NEWTON-CONOVER CITY SCHOOLS

Snacks are provided daily for our Pre-Kindergarten Classes

All snacks provided meet the USDA's Child Care snack requirements for the NCPK program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
Banana - 1/2 c 1% Milk - 4 fl oz	Cucumber Slices - 1/2 c Ranch Dip - 1 oz 1% Milk - 4 fl oz	Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz	Applesauce - 1/2 c 1% Milk - 4 fl oz	Rice Chex Bowl Pack - 1 oz 1% Milk - 4 fl oz
11	12	13	14	15
Chz Quesadilla - 1.25 oz wt Water 	Turkey & Chz Wrap - 1.5 oz Water	Sliced Peaches - 1/2 c 1% Milk - 4 fl oz	Cheerios Bowl Pack - 1 oz 1% Milk - 4 fl oz	Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz
18	19	20	21	22
Fresh Orange Wedges - 5/8 c 1% Milk - 4 fl oz	Ham & Cheese Wrap - 1.5 oz wt Water	Carrot Chips - 1/2 c Ranch Dip - 1 oz 1% Milk - 4 fl oz	Sliced Pears - 1/2 c 1% Milk - 4 fl oz	NO SCHOOL TEACHER WORKDAY 
25	26	27	28	
Banana - 1/2 c 1% Milk - 4 fl oz	Cucumber Slices - 1/2 c Ranch Dip - 1 oz 1% Milk - 4 fl oz	Cheddar Goldfish - .75 oz wt 1% Milk - 4 fl oz	Applesauce - 1/2 c 1% Milk - 4 fl oz	

Menus, Nutrition, and Allergen Information can be found on our system website: [www.newton-conover.org](http://www.newton-conover.org) - Menus are subject to change - Notice is given when possible

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