



March 2020 - School Closure Menu Breakfast and Lunch
St. Thomas and Mercersburg Elementary Schools

Monday	Tuesday	Wednesday	Thursday	Friday
March 2, 2020	March 3, 2020	March 4, 2020	March 5, 2020	March 6, 2020
March 9, 2020	March 10, 2020	March 11, 2020	March 12, 2020	March 13, 2020
March 16, 2020	March 17, 2020	March 18, 2020	March 19, 2020	March 20, 2020
<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk	<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk	<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk	<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk	<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk
<u>Lunch</u> Ham and Cheese Boxed Salad - or- Ham and Cheese Sandwich Assorted Fruit / Veggies Choice of Milk	<u>Lunch</u> Ham and Cheese Boxed Salad - or- Turkey and Cheese Sandwich Assorted Fruit / Veggies Choice of Milk	<u>Lunch</u> Ham and Cheese Boxed Salad - or- Bologna and Cheese Sandwich Assorted Fruit / Veggies Choice of Milk	<u>Lunch</u> Ham and Cheese Boxed Salad - or- Ham and Cheese Sandwich Assorted Fruit / Veggies Choice of Milk	<u>Lunch</u> Ham and Cheese Boxed Salad - or- Turkey and Cheese Assorted Fruit / Veggies Choice of Milk
March 23, 2020	March 24, 2020	March 25, 2020	March 26, 2020	March 27, 2020
<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk	<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk	<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk	<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk	<u>Breakfast</u> Assorted Cereals, Fruit choice of Milk
<u>Lunch</u> Crispy Chicken Salad - or- Turkey and Cheese Sandwich Assorted Fruit / Veggies Choice of Milk	<u>Lunch</u> Crispy Chicken Salad - or- Turkey and Cheese Sandwich Assorted Fruit / Veggies Choice of Milk	<u>Lunch</u> Crispy Chicken Salad - or- Bologna and Cheese Sandwich Assorted Fruit / Veggies Choice of Milk	<u>Lunch</u> Crispy Chicken Salad - or- Ham and Cheese Sandwich Assorted Fruit / Veggies Choice of Milk	<u>Lunch</u> Crispy Chicken Salad - or- Turkey and Cheese Assorted Fruit / Veggies Choice of Milk
March 30, 2020	March 31, 2020	April 1, 2020	April 2, 2020	April 3, 2020

WHOLE GRAIN CEREAL SELECTION MAY INCLUDE:
 Cinnamon Toast Crunch
 Trix
 Cocoa Puffs
 Fruity Cheerios
 Rice Crunch
 Kix
 Cheerios
 Fruit Loops
 Frosted Flakes
SOME SELECTIONS ARE REDUCED SUGAR!

What is a Meal?
Breakfast
 Must Take all four components
 2 bread/grains, fruit or vegetable, milk

Lunch
 Must take at least 4 of the 5 components
 Grain, Protein, Fruit and / or Vegetable
 Choice of Milk

FRUIT MAY INCLUDE
 Canned peaches, applesauce, canned pears, canned pineapple, fruit cocktail, canned mandarin oranges, 100% juice, fresh fruit selection

