



Middle School

March 2020

Contact Us
 school.lunch@hcsid.org
 310 North 13th Street
 Harlingen, TX 78550
 (956 427-3310)

2
Chicken on a Bun
Spicy Chicken Burger
Meatlovers Pizza

Tator Tots
 Golden Corn
 Burger Salad
 Fresh Baby Carrots

3
Lemon Grass Chicken NEW
Steamed Rice
Spicy Chicken Tenders
Garlic Toast
Yummy Yogurt

Mixed Veggies
 Savory Green Beans
 Carrot- Pineapple Salad NEW
 Romaine Salad

4
Macho Nacho
Vegetarian Burrito NEW

Charro Beans
 Golden Corn
 Sliced Cucumbers
 Fresh Baby Carrots

5
Chicken Parmesan
Chicken Rings NEW
Yummy Yogurt
Garlic Texas Toast

Broccoli w/Cheese NEW
 Carrot Coins
 Veggie Dippers
 Fresh Baby Carrots

6
Pepperoni Pizza
Cheese Pizza
Hot Pocket
Fish Burger

Baked Potato Wedges
 Vegetable of the Day
 Fresh Baby Carrots
 Carrot & Celery Sticks w/Ranch

9
Savory Hamburger
Savory Cheeseburger
Meat lovers Pizza

Tator Tots
 Golden Corn
 Burger Salad
 Fresh Baby Carrots

11
Mandarin Orange Chicken
Steamed Rice
Chicken Tenders
Garlic Toast
Yummy Yogurt

Mixed Veggies
 Savory Green Beans
 Carrot- Pineapple Salad NEW
 Romaine Salad

12
Chicken Tacos
Vegetarian Burrito NEW

Charro Beans
 Golden Corn
 Sliced Cucumbers
 Fresh Baby Carrots

13
Meatball Sub NEW
Chicken Rings NEW
Yummy Yogurt
Garlic Texas Toast

Broccoli w/Cheese NEW
 Seasoned Baked Potato NEW
 Veggie Dippers
 Fresh Baby Carrots

14
Pepperoni Pizza
Cheese Pizza
Corn Dog

Baked Potato Wedges
 Vegetable of the Day
 Fresh Baby Carrots
 Carrot & Celery Sticks w/Ranch

16 _____

17 _____ S P R

18 _____ I N G B R E A

19 _____ K _____

20 _____

23
Chicken on a Bun
Spicy Chicken Burger
Meatlovers Pizza

Tator Tots
 Golden Corn
 Burger Salad
 Fresh Baby Carrots

24
Lemon Grass Chicken NEW
Steamed Rice
Spicy Chicken Tenders
Dinner Roll
Yummy Yogurt

Mixed Veggies
 Savory Green Beans
 Carrot- Pineapple Salad NEW
 Romaine Salad

25
Macho Nacho
Vegetarian Burrito NEW

Charro Beans
 Golden Corn
 Sliced Cucumbers
 Fresh Baby Carrots

26
Chicken Parmesan
Chicken Rings NEW
Yummy Yogurt
Honey Buttered Biscuit

Broccoli w/Cheese NEW
 Carrot Coins
 Veggie Dippers
 Fresh Baby Carrots

27
Pepperoni Pizza
Cheese Pizza
Hot Pocket

Baked Potato Wedges
 Vegetable of the Day
 Fresh Baby Carrots
 Carrot & Celery Sticks w/Ranch

30
Savory Hamburger
Savory Cheeseburger
Meat lovers Pizza

Tator Tots
 Golden Corn
 Burger Salad
 Fresh Baby Carrots

31
Mandarin Orange Chicken
Steamed Rice
Chicken Tenders
Dinner Roll
Yummy Yogurt

Mixed Veggies
 Savory Green Beans
 Carrot- Pineapple Salad NEW
 Romaine Salad

1
Chicken Tacos
Vegetarian Burrito NEW

Charro Beans
 Golden Corn
 Sliced Cucumbers
 Fresh Baby Carrots

2
Meatball Sub NEW
Chicken Rings NEW
Yummy Yogurt
Honey Buttered Biscuit

Broccoli w/Cheese NEW
 Seasoned Baked Potato NEW
 Veggie Dippers
 Fresh Baby Carrots

3
Pepperoni Pizza
Cheese Pizza
Corn Dog

Baked Potato Wedges
 Vegetable of the Day
 Fresh Baby Carrots
 Carrot & Celery Sticks w/Ranch

Offered Daily:
 Sandwiches
 Wraps & Chef Salads
Featuring:
 Spring Salad w/Spinach & Strawberries
NEW
 Caesar Chicken Wrap **NEW**
 Tuna Salad Wrap **NEW**
 Chicken Salad on Croissant **NEW**
 Variety of Fresh Fruit
 Canned Fruit of the Day
 Variety of Milk Choices
Vegetarian Entrée or Vegetarian Accommodation Available
All Menus are subject to change
***All Students must take a FRUIT or VEGGIE at every meal.**

Breakfast Menu Offered Daily:
 Assorted Cereal, Muffins, Cereal Bars, Food Court Smoothies, Fresh Fruit, 100% Fruit Juice, Assorted Milk

Breadbasket (Select 1 or 2)
 Popart
 Assorted Cereal
 Cereal Bars
 Muffin
 Cheese Stick

Monday
 PBJ Sandwich
 Fruit & Yogurt Parfait

Tuesday
 Breakfast Pizza
 Kolache
 Donut Holes

Wednesday
 Bacon & Egg Taco
 Mini Pancakes
 Fruit & Yogurt Parfait

Thursday
 Pancake Wrap-Up
 Tamales
 Donut Holes

Friday
 Chorizo & Egg Taco
 PBJ Sandwich
 Fruit & Yogurt Parfait

*** A complete breakfast consists of at least 3 components.**
*** Students must take a FRUIT or FRUIT JUICE.**
*** Students must be able to select their own items.**

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