


SEPTEMBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 B• Yogurt & honey grahams L• Shredded bbq chicken plate ◦ sliced cucumber S• Honey wheat crackers	4 B• Blueberry bagel & cream cheese L• Chicken taco trio ◦ garbanzo, edamame, & shredded carrots S• Cinnamon grahams	5 B• Hot apple pancake bowl L• Cheese pizza (v) ◦ blanched broccoli with ranch (chilled) S• Cinnamon "rumbles" seven grain crackers	6 B• Cinnamon raisin bagel L• Beef cheeseburger ◦ glazed carrots S• Giant cinnamon goldfish grahams
	9 B• Multigrain cheerios & educational snacks L• Chicken bites ◦ steamed corn S• Honey grahams	10 B• Plain bagel & cream cheese L• Spaghetti & meatballs (df) ◦ black beans, edamame, corn & diced carrots S• Honey wheat crackers	11 B• Cinnamon chex & zac attack strawberry bar L• Green chile & cheese tamale (v) ◦ baby carrots with ranch S• Animal crackers with string cheese	12 B• Hot egg, cheese, & green chilie "panada pie" L• Cheesy beef & salsa nacho dip with scoops ◦ lemon pepper green beans S• Cinnamon grahams
16 B• Cheerios & animal crackers (df) (v) L• Crispy chicken sandwich (df) ◦ lemon pepper corn S• Educational snacks with string cheese	17 B• Banana muffin L• Creamy chicken alfredo ◦ garbanzo, edamame, & shredded carrots S• Pretzel goldfish	18 B• Multigrain cheerios & educational snacks L• Chicken taco trio ◦ blanched broccoli with ranch (chilled) S• Strawberry or strawberry-banana yogurt	19 B• Hot peach pancake bowl L• Chicken enchilada plate ◦ sliced cucumber S• Animal crackers with juice	20 B• Mini lemon muffin & string cheese L• Pepperoni pizza ◦ glazed carrots S• Pizza crackers
23 B• Zee zees cinnamon bar L• Five cheese lasagna ◦ sliced cucumber S• Giant cinnamon goldfish grahams with 100% fruit juice	24 B• Yogurt & granola L• Cheese enchilada plate (v) ◦ baby carrots & warm pinto beans S• Pizza crackers	25 B• Autumn spice muffin L• BBQ beef slider ◦ green peas S• Honey grahams	26 B• Hot french toast sticks (v) L• Pancakes & omelet (v) ◦ glazed carrots S• Zac attack apple fruit-filled bar	27 B• Banana muffin L• Red chile chicken tamale ◦ lettuce & tomatoes with ranch S• Animal crackers with fruit
30 B• Yogurt & honey grahams L• Chicken bites ◦ green peas S• Hot & spicy goldfish cheese crackers with 100% fruit juice				

DID YOU KNOW?

We only serve milk that is **rBST-free**. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

◦ Vegetable of the day

Chef reserves the right to change menu for seasonality and new menu innovation.

revolution foods.

This institution is an equal opportunity provider.