



Monday	Tuesday	Wednesday	Thursday	Friday
		USDA is an equal Opportunity employer and provider	CONTACT US: Director: Vincent Palmiero Phone-732-972-2100 ext-6730 <a href="mailto:Email-vpalmiero@mtps.org">Email-vpalmiero@mtps.org</a>	1 One Session Day No Lunch Served
4 Tyson Chicken Nuggets Or Grilled Cheese  <b>Sides For all Meals:</b> Baked Fries, Roll Carrots	5 Chicken Sandwich Or Personal Cheese Pizza  <b>Sides for all Meals:</b> Green Beans Tossed salad	6 Cheese Quesadilla Or Hot Dog  <b>Sides for all Meals:</b> Salsa Baked Beans Peas & carrots Shredded lettuce	7 French Toast Or Baked Fish Sticks  <b>Sides for all Meals:</b> Cheese Omelet Sausage Links Sweet Corn Tater Tots	8 Classic Hamburger Or Pizza Dunkers  <b>Sides for all Meals:</b> Marinara sauce Lettuce & tomato Bacon Baked Fries
11 Tyson Chicken Nuggets Or Pizza Bagels  <b>Sides for all Meals:</b> Sweet Corn Breadstick Potato wedges	12 Grilled Cheese Or Mini Corn Dogs  <b>Sides for all Meals:</b> Seasoned Broccoli Sweet Potato Fries	13 Cheeseburger Or Pepperoni Personal Pizza  <b>Sides for all Meals:</b> Tossed salad Waffle fries	14 Macho Nachos Or Meatball Sandwich  <b>Sides for all Meals:</b> Fiesta Rice Salsa Baked Scoops	15 Pizzeria Style Pizza Or Baked Pasta <b>Sides for all Meals:</b> Chopped Salad Garlic Bread Carrot Sticks w/ Dip
18 Tyson Popcorn Chicken Or French Bread Pizza <b>Sides for all Meals:</b> Garlic Knots Sweet Corn Crispy fries	19 Classic Burger Or Hot Dog  <b>Sides for all Meals:</b> Baked Beans Sweet peas Tater Tots	20 Meatball Sub Or Personal Cheese Pizza  <b>Sides for all Meals:</b> Pasta Salad Potato wedges	21 Buttermilk Waffles Or Philly Cheese Steak <b>Sides for all Meals:</b> Cheese Omelet Sausage Links Smiley Fries	22 Cheesy Breadsticks Or Chicken Quesadilla <b>Sides for all Meals:</b> Marinara sauce Celery sticks Caesar salad
25 Tyson Chicken Nuggets Or Grilled Cheese  <b>Sides for all Meals:</b> Power Peas Brown Rice Dinner Roll	26 Mini Corn Dogs Or French Bread Pizza  <b>Sides for all Meals:</b> Spinach Salad Green Beans	27 Baked Ziti Or Chicken Club Sandwich  <b>Sides for all Meals:</b> Meatballs Garlic Bread Mixed veggies	28 Cheese Quesadilla Or Macaroni & Cheese  <b>Sides for all Meals:</b> Lettuce & Tomato Salsa & Cheddar Cheese Three Bean salad	29 Pizzeria Style Pizza Or Hot Ham & Cheese Panini  <b>Sides for all Meals:</b> Tossed Salad Curly Fries Plain lays Chips
Daily Alternates				
Turkey & Cheese Italian Hero Garden Salad w/ Tuna	Turkey & Cheese Salami & Cheese Garden Salad w/ Tuna	Turkey & Cheese Italian Hero Garden Salad w/ Tuna	Turkey & Cheese Chicken Salad Wrap Garden Salad w/ Tuna	Turkey & Cheese Italian Hero Garden Salad w/ Tuna
Fresh Fruit and Vegetable Bar (Available Daily)				
Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White or 1% Strawberry	Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White or 1% Strawberry	Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White or 1% Strawberry	Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White or 1% Strawberry	Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit Skim Chocolate or 1% White Or 1% Strawberry