



DIME BOX ISD

SERVED DAILY
Fruit or 100 % Fruit Juice
1% WHITE

Pre-K Head Start

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 8-11 & 22-25				
Mini Pancakes Fruit Juice Syrup	Breakfast Pizza Chilled Fruit Cup	Cinnamon Toast Fruit Juice Jelly	Sausage Biscuit Chilled Fruit Cup Jelly	Yogurt Cup/Cereal Fruit Juice
January 14-18 & 28-31, February 1				
Sausage Kolache Fruit Juice	Yogurt Cup W/Cereal Chilled Fruit Cup	Cinnamon Toast Fruit Juice Jelly	Chicken Biscuit Chilled Fruit Cup Jelly	French Toast Sticks Fruit Juice Syrup

WHY EAT SCHOOL BREAKFAST???

School Breakfast really is the most important meal of the day for kids as it provides the necessary fuel to start a day of learning and achievement.

Higher Academic Scores

Students who eat breakfast earn, on average, a letter grade higher in math than kids who don't

Improved behavior

Hungry children are more likely to have discipline problems

Reduced tardiness and absenteeism

Kids who participate in the School Breakfast Program are tardy and/or absent from school less.

