

NEED HELP?



EVENING PARENT DROP-IN CENTER

Where: Belleville High School – Door #1

When: Monday – Thursday

District Counselors available 4pm – 7pm

Free Services Include:

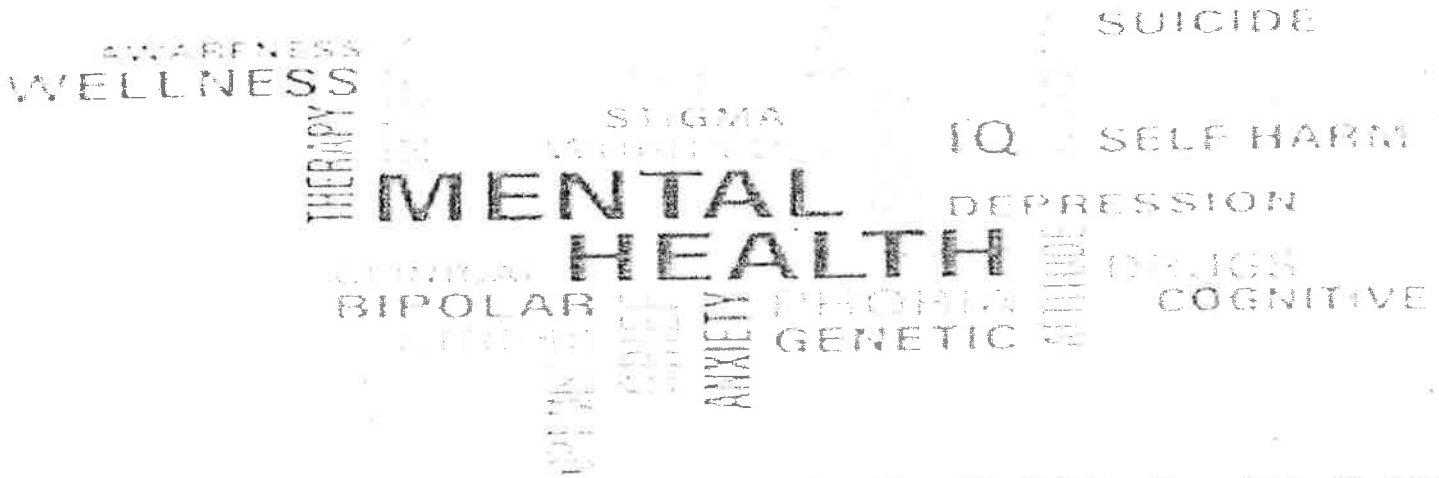
- **One on One Consultations**
- **Support Groups**
- **Parent Workshops**
- **Speaker Series**

* Questions/concerns contact: maria.coyle@belleville.k12.nj.us

gena.dubuque@belleville.k12.nj.us

or call 973-450-3500 x1043

¿NECESITAS AYUDA?



CENTRO DE ACOGIDA PARA

PADRES POR LA NOCHE

Dónde: Belleville High School Puerta # 1

Cuándo: de lunes a jueves

- Los consejeros de distrito estarán disponibles de 4 a 7 de la tarde.

Los servicios gratuitos incluyen:

- ❖ Consultas uno a uno
- ❖ Grupos de apoyo
- ❖ Talleres para padres
- ❖ Serie de oradores invitados

- Preguntas / preocupaciones por favor póngase en contacto con: maria.coyle@belleville.k12.nj.us o gena.dubuque@belleville.k12.nj.us

O llame al 973-450-3500 x1043

PARENT EVENING DROP - IN CENTER

Pre-K – 12th Grade

Parents/Guardians are welcome



Belleville High School

Monday – Thursday

4:00 p.m. – 7:00 p.m.

Enter through Door #1

Questions email: Maria.Coyte@belleville.k12.nj.us or

Gena.Dubuque@belleville.k12.nj.us

MONDAY

4/29/19

Open House

-Ribbon Cutting Ceremony

TUESDAY

4/30/19

Grief Speaks

-Lisa Athan will touch on a variety of loss experiences in addition to death.

Support Group, 6 p.m. – 7 p.m.

-This group is open to individuals and/or their loved ones who have been affected by addiction.

WEDNESDAY

5/1/19

Children and Loss

- Strategies for parents to help their child grieve.

Thursday

5/2/19

Resilience

-Positive coping skills will be discussed.



Evening Parent Drop-In Center

Speaker Series

The Evening Parent Drop-In Center is a safe place for parents to come and learn about mental health. Counselors are present to help parents navigate challenges that they and their children may face.



PROGRAM	DATE	TIME
<p>CONSENT 101: This presentation will provide insight into issues facing students today, such as boundaries, harassment, sexting and the law. Strategies will be offered to parents on how to deal with the stress these issues may be causing their child.</p>	April 24, 2019	6:30 p.m. - 8:30 p.m.
<p>GRIEF SPEAKS: Lisa Athan's presentation will touch on a variety of loss experiences in addition to death. This powerful message of hope, healing and thriving through loss, transition and adversity has been heard by thousands of teens and adults around the country.</p>	April 30, 2019	6:30 p.m. - 8:30 p.m.
<p>BOX OUT BULLYING: This Parent Workshop is designed to give parents practical tools and useful skills to identify bullying, how to properly work with faculty members, and the importance of teaching their children about respect.</p>	May 8, 2019	6:30 p.m. - 8:30 p.m.
<p>STEPHEN HILL: When speaking to parents, Stephen is sure to place a great deal of emphasis on substance abuse prevention through protection.</p>	May 15, 2019	6:30 p.m. - 8:30 p.m.
<p>Larry Thompson: Integrated Care Concepts Larry will speak on mindfulness and the 21st Century adolescent.</p>	June 4, 2019	6:30 p.m. - 8:30 p.m.
<p>TIMOTHY SHOEMAKER: Tim will expose the seriousness of the threats facing today's teens. He explosively uncovers the critical secrets known to help protect them from substance abuse issues.</p>	June 11, 2019	6:30 p.m. - 8:30 p.m.

ALL PROGRAMS WILL BE HELD AT BELLEVILLE HIGH SCHOOL

PLEASE ENTER THROUGH DOOR #1