



Pirate's Café News

2018-2019

Dear Parents:

If your income changes, or you feel you may qualify at any time, please do not hesitate to fill out an application online at the riverviewschools.com website.



2018-2019 Breakfast/Lunch Prices

Elementary:	Breakfast-	.30 Reduced	\$ 1.25 Full Pay
	Lunch-	.40 Reduced	\$ 2.65 Full Pay *
Seitz:	Breakfast-	.30 Reduced	\$ 1.75 Full Pay
	Lunch-	.40 Reduced	\$ 3.00 Full Pay
High School:	Breakfast-	.30 Reduced	\$ 2.50 Full Pay
	Lunch-	.40 Reduced	\$ 3.50 Full Pay



* New Price for 2018-2019 school year

Free/Reduced Applications

ANNOUNCEMENT FROM OUR DIRECTOR:

Don't Forget to Turn in Your Free/Reduced Application. Not sure if you qualify? We recommend all families fill out the application. You may access an application online at: www.riverviewschools.com and click on the link labeled: frapps.horizonsolana.com/rivco1.

If you have any questions about qualifications, the form itself, or need further information, please do not hesitate to call the Food Service Department.

WHEN IN DOUBT, FILL IT OUT!

Sincerely,

Jeff Edwards


Jeff Edwards
Food Service Director, Riverview Community Schools
734-287-2087



**For Menu Options Available:
Download our Free App for Apple/ Android Phones**

Here you will find your school menu, nutritional information and allergens for each meal at each building. For more information go to www.chartwellsschools.com, and check out What's Cooking!



<p>Summer Break 31</p> <hr/> <p>Entrees 7</p> <ul style="list-style-type: none"> Beef Hamburger on a Bun Crisp Jumbo Chicken Corn Dog <p>Sides</p> <ul style="list-style-type: none"> Garden Steamed Peas Garden Veggie Bar Applesauce Fruit Choices 	 <p>Beef Hamburger on a Bun</p> <p>Hamburgers are an American classic! Ours are made with high quality beef. Top your burger with romaine lettuce and tomato slices from the garden veggie bar layered on a whole wheat bun. Kids love this burger, and it's no question as to why: it's delicious!</p>	<table border="1"> <tr><td><i>1 each</i></td><td>Serving Size</td></tr> <tr><td><i>329</i></td><td>Calories</td></tr> <tr><td><i>14 g</i></td><td>Fat</td></tr> <tr><td><i>5 g</i></td><td>Saturated Fat</td></tr> <tr><td><i>49 mg</i></td><td>Cholesterol</td></tr> <tr><td><i>533 mg</i></td><td>Sodium</td></tr> <tr><td><i>32 g</i></td><td>Total Carbs</td></tr> <tr><td><i>4 g</i></td><td>Fiber</td></tr> <tr><td><i>19 g</i></td><td>Protein</td></tr> <tr><td><i>2676 IU</i></td><td>Vitamin A</td></tr> <tr><td><i>89.9 mg</i></td><td>Calcium</td></tr> <tr><td><i>3.3 mg</i></td><td>Vitamin C</td></tr> <tr><td><i>3.6 mg</i></td><td>Iron</td></tr> </table>	<i>1 each</i>	Serving Size	<i>329</i>	Calories	<i>14 g</i>	Fat	<i>5 g</i>	Saturated Fat	<i>49 mg</i>	Cholesterol	<i>533 mg</i>	Sodium	<i>32 g</i>	Total Carbs	<i>4 g</i>	Fiber	<i>19 g</i>	Protein	<i>2676 IU</i>	Vitamin A	<i>89.9 mg</i>	Calcium	<i>3.3 mg</i>	Vitamin C	<i>3.6 mg</i>	Iron
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Applying Money to Accounts

Money may be deposited on your child's account using **My Payments Plus** located on the Riverview Community School District's web page.

School Charging Policy

Charging a Meal

Every student enrolled in the Riverview Community School District is assigned a lunch account that can be used to purchase standard program meals from the school kitchen.

In addition to the standard meal, a la carte food and beverage items are available for purchase. A student's lunch account must have sufficient funds to purchase a la carte items. A la carte items at the elementary level (i.e. a dessert or a second entrée) and at the secondary level (i.e. vendor pizza, chips, snacks and bottled beverages) will not be allowed to charge to the account without sufficient funds.

Chartwell's and Riverview Community School District are committed to providing healthy, nutritious, and well-balanced meals.



Simply Good- Food Focus

Simply Good is an annual food and nutrition education program that expands students' knowledge of food to include nutrition facts, sustainability information and even food preparation tips.

This program aims to move the conversation about food from the cafeteria to the classroom, hallways, homes and the community. Student awareness of food is often very limited to their own personal experiences. Through special events, activities and special food focuses, we educate students about the importance of eating healthy meals, while also introducing a variety of new ingredients that broaden their food horizons. Monthly activities highlight seasonal and nutrient-rich foods such as red and orange vegetables in the fall and leafy green and cruciferous vegetables in the spring to engage students around healthful eating and living.



Announcement from Our Director

BEGINNING ON FEBRUARY 20, SEITZ CAFÉ WILL
BE OFFERING A **MADE TO ORDER OMELET
STATION DURING BREAKFAST.**

THIS WILL BE SERVED ON **WEDNESDAY'S FROM
7:30 AM -7:50 AM.**

****PRICES ARE THE SAME AS FOR LUNCH. IF YOU
QUALIFY FOR FREE MEALS , REDUCED,
OR FULL PAY MEALS.**

chartwells

eat. learn. live.

