



ALTOONA AREA
SCHOOL DISTRICT
ELEMENTARY
ATHLETIC HANDBOOK

TABLE OF CONTENTS

| | |
|---|-------|
| 1. Purpose of the Athletic Handbook | 3 |
| 2. Philosophy | 3 |
| 3. Altoona Area School District Vision, Mission and Motto | 3 |
| 4. List of Forms | 4-5 |
| a. Volunteer Manual | |
| b. Team Roster/Uniform Sheet | |
| c. Team Attendance Sheet | |
| d. Application & Permit to Use School Property | |
| e. Rental Agreement Release and Indemnification/Hold Harmless Agreement | |
| f. Permission To Participate Form | |
| g. Acknowledgement of Risk and Hold Harmless Agreement for Participants | |
| h. Acknowledgement of Risk and Hold Harmless Agreement for Coaches | |
| i. Student Accident Report Form | |
| j. Uniform Agreement | |
| 5. Athletic Director Guidelines | 6-8 |
| 6. Coaches Guidelines | 9-10 |
| 7. Athlete/Parent Guidelines | 11-12 |
| 8. Sports Related Issues | 13-14 |
| a. Uniform and Equipment | |
| b. Practices | |
| c. Facilities | |
| d. Lightning | |
| e. Miscellaneous | |
| 9. Appendices | 15-24 |

ALTOONA AREA SCHOOL DISTRICT

ELEMENTARY

ATHLETIC HANDBOOK

This Athletic Handbook is intended as a guide to assist Athletic Directors, Coaches, Parents, Athletes and Principals. The AASD, CBRC, & AFL will continue to work collaboratively as we support the children of our community in sport activities. Each section specifically addresses the responsibilities of the Athletic Director, Coaches, Student Athletes and Parents/Guardians. This handbook will address in detail the regulations, rules, and conduct that is required of coaches, participants, and parents. It is imperative that these guidelines are adhered to in order to ensure that the sports experience at our elementary schools is a positive one and its continued existence is maintained.

PHILOSOPHY

The Altoona Area School District athletic programs are an integral part of the total educational process and are available to all students K-12. The purpose of our athletic programs is to provide for each student's social, emotional and physical well-being while developing qualities of leadership, sportsmanship and teamwork. Athletics in the Altoona Area School District will be a positive experience in preparing our students for a vital role in life. Coaches, parents, teachers, administrators and community members must join in partnership to advance this philosophy.

ALTOONA AREA SCHOOL DISTRICT VISION

We will continuously improve the Altoona Area School District so that all are an integral part of our learning community. We strive to cultivate a safe environment where all learn and grow through positive and respectful interactions.

MISSION

We seek to continuously improve the climate, culture, and student achievement within a safe environment by fostering trust, collaboration, and progressive communication.

MOTTO

AASD: Aspire, Achieve, Succeed, Dream

LIST OF FORMS

Below is a description of the forms required to participate in our sports programs. Listed next to each form is the person responsible for completing each form. There is an increasing amount of paperwork and forms involved with this activity; however, the more organized the coaches are, the easier this job should become. It would be prudent for each coach to retain a copy of all the forms collected and for a copy to be retained in the school office. Most forms can be found in the appendix of this handbook.

I. Altoona Area School District Forms

- **Volunteer Paperwork outlined in the AASD Volunteer Manual (Athletic Director/Coach) Please use the link below to access the volunteer manual.**
 - https://www.aasdcats.com/apps/pages/index.jsp?uREC_ID=422926&type=d&pREC_ID=922977 (
 - Volunteer Acknowledgement Form
 - Volunteer Confidentiality Agreement
 - Pennsylvania Criminal History Clearance
 - Federal Criminal History and Fingerprinting
 - A volunteer may NOT have to submit the Federal Criminal History record if the volunteer submits an affidavit affirming that the volunteer has been a resident of the Commonwealth of PA for the entirety of the previous ten (10) years and has never been convicted of a Reportable Offense in PA or any other state or jurisdiction, including foreign jurisdictions.
 - Pennsylvania Child Abuse History Clearance
 - Reportable Offense Obligation
 - Child Abuse Training (Act 31 of 2014)
 - Tuberculin Test

Once all paperwork has been submitted to the school's main office the volunteer's name will be submitted to the AASD Board for approval.
- **Team Roster/Uniform Sheet (Athletic Director/Coach)**
A complete team roster/uniform sheet, including the names of all coaches and assistant coaches is required to be submitted to the school office, and CBRC. At the conclusion of the season the same form is required to be turned in to the school office with the "Date Returned" column completed.
- **Team Attendance Sheet (Athletic Director /Coach)**
The attendance sheet must be maintained for each practice and game. It will be a valuable tool for coaches to account for each child under their supervision. An attendance record will also make it easier to document missed practices should any disciplinary actions be applied.

- **Application & Permit to Use School Property (Athletic Director/Coach)**
The practices are scheduled by the principal and Athletic Director. A gym permit form is required on file in the main office to reserve the use of the school facility. Failure to comply will result in denial of access to the school's gym.
- **Rental Agreement Release and Indemnification/Hold Harmless Agreement (Athletic Director/Coach)**
The AASD is not liable in any way for any damage/injury that occurs as a result of the rental/use of AASD facilities.
- **Permission To Participate Form (Parent/Guardian)**
Each child must have a school district permission slip signed by a parent or guardian on file in the main office. In addition, the league or commission that our students may be playing for requires a permission slip to be signed for our students to participate. The permission slip will include the league rules and regulations.
- **Acknowledgement of Risk and Hold Harmless Agreement for Participants (Parent/Guardian)**
The AASD is not liable in any way for any injury that occurs as a result of your participation in playing of any sport.
- **Acknowledgement of Risk and Hold Harmless Agreement for Coaches (Athletic Director/Coach)**
The AASD is not liable in any way for any injury that occurs as a result of your participation in coaching of any sport.
- **Student Accident Report Form (Coach)**
In the event that a student/coach is injured while practicing on school property this document must be completed and submitted to the school office by the start of the next school day.
- **Uniform Agreement (Parent/Coach)**
A uniform use and care form must be completed for each player on the team when uniforms are distributed. A copy of each form must be given to the Athletic Director and school office.

ATHLETIC DIRECTOR GUIDELINES

1. All Athletic Directors are active members of the school PTO/PTA. Athletic Directors will be responsible to report to the PTO/PTA and the principal.
2. All Athletic Directors must be approved volunteers in accordance with the guidelines established by the AASD.
3. Develop a contingency plan for backup supervision in the event that the assigned Athletic Director cannot complete the schedule. A copy of the backup plan must be submitted to the school office. Teams are expected to maintain a total of two coaches.
4. Each Athletic Director must ensure that all participants have a signed permission form on file in the school office to participate in the activity.
5. Following the completion of the roster and collection of signed permission forms, the Athletic Director is responsible for ensuring that a gym permit is completed, where applicable, and on file in the main office in order to be allowed to use the school's facilities. Failure to comply will result in access being denied to the facility.
6. The Athletic Director is responsible for forwarding all requested paperwork and forms to the main office in a timely manner.
7. Athletic Directors are responsible for monitoring school rules, board policies, league commission regulations, and proper student behavior. Students are strictly prohibited from entering the school's facilities without a coach present.
8. Athletic Directors must treat all children with **RESPECT. Be a good role model. Promote good sportsmanship and team spirit.**
9. There will be no physical or mental abuse of students. Do not humiliate or embarrass students at practices or games. Directors are strictly prohibited from swearing, demonstrating disrespect for officials or administrators, or any other unbecoming conduct. From time to time, the director will be in the public eye and is representing our children and the school to the community. Failure to comply will result in a direct dismissal from the position by the principal.
10. Smoking, use of any other tobacco product, alcohol related or controlled substances is strictly prohibited on school property or while in the company of the student body. This practice is not only against district policy, but is not representative of a good role model. Failure to comply will result in dismissal from the position by the principal.
11. Team rosters and practice schedules are required. In particular, coaches are responsible for providing a roster and schedule to the Athletic Director and the principal. The rosters should include name, address, phone numbers, emergency contact numbers, and uniform numbers. **This must be completed before the first practice.**

12. Athletic Directors, when applicable, are responsible for distributing, recording, and collecting uniforms. A roster of students and their uniform numbers with equipment must be maintained. It is the Athletic Director's **responsibility** to protect the investment in the uniforms made by the PTO/PTA. A copy of this roster and schedules should be forwarded to the Athletic Director and the building principal.
13. If a student is absent from school, that student **is not permitted to practice or play** in sports that day or days the student misses school.
14. There will be no practices in the gym when school is not in session, Monday through Friday, unless approved by the building principal. All practices must be cancelled when school sessions/activities are closed due to inclement weather.
15. Only the Athletic Director and his/her coach(es) and the students on the roster are to be in the school gym.
16. Parity is important in any elementary sports program. Teams should not be loaded with all the best athletes on one team. Athletic Directors will submit team rosters to the school and principal for approval before submitting to CBRC.
17. The following process should be used for the division of Players when there are enough players in one grade level to make two teams:
 - a. The Athletic Director will meet with both coaches together and bring the list of all students signed up to play.
 - b. If the coach's child is playing, his/her child will be placed on their roster first.
 - c. The Athletic Director will flip a coin and the winning coach will select the first player.
 - d. The second coach will select players 2 and 3.
 - e. The turn will revert back to the coach that had the first pick to select players 4 and 5. This process will continue until all students are selected for a team.
18. If a grade level team does not have enough players the following plan will be follow for moving players up (adding players from a lower grade):
 - a. All students of the same gender in the grade below will receive a flyer inviting them to participate in the sport. The flyer will identify the specific information about the team and the number of players needed to complete the roster. The flyer will explain that school will conduct a lottery from all individuals wanting to participate to fill the vacancies and complete the roster.
 - b. Once the deadline for submitting flyers has been reached, the Athletic Director and Principal will conduct a lottery to select the number of players needed in order to fill the roster.

ATHLETIC DIRECTOR GUIDELINES

Please sign below to indicate your dedication to the above rules and regulations and return a copy to school office.

Athletic Director Signature

Date

Altoona Area School District

Revised: June 2018

Elementary Athletic Handbook

COACH GUIDELINES

1. All Coaches must be approved volunteers in accordance with the guidelines established by the AASD.
2. Each coach must ensure that all participants have a signed permission form and emergency information card. First aid kits are available in the school. Report injury to principal by the start of the next school day.
3. The coaches in conjunction with the Athletic Director are responsible for ensuring that a gym permit is completed and on file in the main office in order to be allowed to use the school's facilities. Failure to comply will result in access being denied to the facility.
4. The coach is responsible for forwarding all necessary paperwork and forms to the Athletic Director including: rosters, gym permit, release for coaches, uniform distribution checklist.
5. The coach must develop a contingency plan for backup coaches in the event that the assigned coach(es) cannot complete the schedule. Teams are expected to maintain a total of two coaches.
6. Coaches are responsible for monitoring school rules, board policies, league commission regulations, and proper student behavior. Any violation of school rules will be reported to the AASD and CBRC. Any violation may result in a suspension or removal from the team by the AASD and CBRC.
7. Coaches must treat all children with **respect. Be a good role model. Promote good sportsmanship and team spirit.**
8. There will be no physical or mental abuse of students. Coaches are strictly prohibited from swearing, demonstrating disrespect for officials, or any other unsportsmanlike conduct. Coaches are in the public eye and are representing our children and our schools to the community. Failure to comply will result in dismissal from the coaching position.
9. In accordance with district policy, smoking and the use of any other tobacco product or alcohol related substance is strictly prohibited on school property or while in the company of the student team. Failure to comply will result in dismissal from the coaching position by the principal.
10. Coaches are responsible for providing a team roster and practice schedule to the Athletic Director and the principal. The roster should include name, address, phone numbers, emergency contact numbers, and uniform numbers. Rosters need to be submitted to building principal before gym use.
11. Coaches are responsible for distributing, recording, and collecting uniforms. A roster of students and their uniform numbers with equipment must be maintained. It is the coach's responsibility to protect the investment in the uniforms made by the PTO/PTA.
12. If a student is absent from school, that student **is not permitted to practice or play** in sports that day or days the student misses school.

13. There will be no practices in the gym when school is not in session, Monday through Friday, unless approved by the building principal. All practices must be cancelled when school sessions/activities are closed due to inclement weather.
14. Only the coaches and the team members are to be in the gym.

COACH GUIDELINES

Please sign below to indicate your dedication to the above rules and regulations and return a copy to the school office:

Coach's Signature

Date

Altoona Area School District

Revised: June 2018

Elementary Athletic Handbook

CENTRAL BLAIR RECREATION & PARK COMMISSION - ALTOONA AREA SCHOOL DISTRICT

ATHLETE/PARENT CODE OF CONDUCT

Our purpose is to teach fundamental skills and sportsman-like behavior in a pressure-free setting.

1. All athletes are expected to comply with the rules and regulations of the sport as set forth by the League, Commission and/or the AASD.
2. All athletes must maintain good academic standards as deemed appropriate by the teachers and Principal.
3. Athletes are expected to follow all building policies and procedures set forth by the Principal, and Commission for practice sessions and games.
4. Disrespect to any of the coaches, officials, players, opponents, opposing fans, League Director or the Game Manager will not be tolerated.
5. There will be no swearing under any circumstances.
6. Exhibit good sportsmanlike behavior at all times. Cheer for good plays made by either team. Don't yell at teammates for making a mistake. Never criticize teammates, coaches on the sideline or officials on the court or field. Win or lose, be sure to shake hands with opponents from the other team.
7. Try your hardest in every game, never give up.
8. No jewelry or earrings at the practice or games.
9. No fighting or arguing among team members.
10. Participation is the most important part of the game. Do your best and be proud of your teams.
11. Students absent from school may not participate in the game or practice that night.
12. All athletes are responsible for the maintenance and return of any uniforms and equipment entrusted to them for their use while participating in a sport.
13. Parents/guardians are responsible for transportation for their child to and from practices and games. Athletes should attend scheduled practices. Transportation arrangements will be communicated to the coach by the parents.
14. Parents/guardians will encourage their children to have fun and keep sport in its proper perspective at all times.
15. All athletes and parents/guardians will "Honor the Game" while exhibiting good sportsmanship towards all involved with the sporting event.
16. Parents/guardians and fans will refrain from yelling instruction/comments to the student athletes, coaches and officials during the game and will allow the coaches to coach and the officials to officiate.
17. Parents/guardians and fans will refrain from yelling comments to the officials and disrespect of the officials will not be tolerated. This type of activity may result in being escorted out of the building with no return for the rest of the season.
18. The sports environment will be free of drugs, tobacco and alcohol at all times.

ATHLETE/PARENT CODE OF CONDUCT

I have read and understand the Athlete/Parent Code of Conduct. Please sign below to indicate your compliance with the rules and regulations and return to the school office.

Print Child's Name _____

School _____

Grade _____

Student Signature_____
Date_____
Parent/Guardian Signature_____
Date

Failure to comply with the above guidelines could result in suspension or removal from the team.

Altoona Area School District

Revised: June 2018

Elementary Athletic Handbook

Other Sports Related Issues:

I. UNIFORMS AND EQUIPMENT

- A. Coaches are responsible for uniforms and their return.
- B. A roster and uniform number assigned to each player must be submitted by the coach to the Athletic Director, elementary principal, and CBRC.
- C. Players are responsible to return the uniform and number assigned him/her to the coach at the end of the season. Coaches will return the uniforms to the-Athletic Director.
- D. Permission from the principal must be obtained before any school equipment is issued.

II. PRACTICES

- A. Formal football practice may begin three weeks prior to the start of the season and concludes with the championship game.
- B. Formal basketball practice may begin no earlier than November.
 - 1. All practices must end by 8:30 p.m.
 - 2. Maximum of 1.5 hours of practice per session and no more than two session per team/per week.
 - 3. No practices in the gym when school is not in session, Monday through Friday, unless approved by the building principal. All practices must be cancelled when school sessions/activities are closed due to inclement weather.
- C. The season for the cheerleading squad(s) will be determined by each specific school.
- D. It is mandatory that all coaches maintain a current and accurate roster, and take attendance at the beginning of each practice session and game.
- E. No practice will be permitted on Saturday or Sunday.
- F. All changes or modifications to schedules of practice times must be made through the principal's office prior to the date of the change.
- G. In the event practices interfere with the academic program or building maintenance of the school, the practice will be cancelled.
- H. In the event of disregard for safety practices, regulations or the welfare of the school property and equipment, use of the gymnasium will be terminated for the particular group.

III. **FACILITIES**

- A. Forms must be completed and approved before practice begins.
- B. No gum or food items are permitted in the building.
- C. Sneakers must be worn on the court at all times – no exceptions.
- D. Students should not enter the building without a coach and not until ten (10) minutes prior to the scheduled practice session and must leave immediately at the end of the scheduled time.
- E. Each coach should check the physical condition of the gym prior to practice and immediately report to the custodian any damages or safety hazards. Any damage to or theft of school property will also result in the immediate suspension of any building privileges.
- F. Students and parents will not open doors for anyone except participants in the elementary athletic program.
- G. If school policies regarding safety practices are disregarded, the use of the gym will be terminated.
- H. Coaches and players are only permitted to use the gymnasium, restrooms and water fountains closest to the gymnasium.

IV. **LIGHTNING**

Coaches and Athletic Directors must develop an evacuation plan with the building principal, including identification of appropriate nearby shelters. Criteria for suspension and resumption of play/practice follow:

- A. When thunder is heard, or a cloud-to-ground lightning bolt is seen, the Thunderstorm is close enough to strike your location with lightning.
- B. Suspend play/practice and take shelter immediately.
- C. Thirty-minute rule: Once play/practice has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play/practice.
- D. Any subsequent thunder or lightning after the beginning of the 30-minute count reset the clock and another 30 minute count should begin.
- E. Hold periodic reviews with appropriate personnel.

V. **MISCELLANEOUS**

- A. The Athletic Committee will be a standing committee of the school PTO/PTA. The PTO/PTA Executive Committee will budget money for all sports.
- B. Awards – The principal and PTO/PTA president or committee of each elementary school shall determine the individual and team awards. Prudent judgment should be used in the determination of these awards.
- C. All schools should abide by the CBRC Commission rules and regulations for each sport.

APPENDIX

TEAM ROSTER/UNIFORM SHEET

(To be updated upon any changes to the roster)

Team Name: _____ Date: _____

Coach's Name: _____

Assistant Coach's Name: _____

| Player's Name | Grade Level | Teacher's Name | Uniform Number | Date Issued | Date Returned |
|---------------|-------------|----------------|----------------|-------------|---------------|
| 1. | | | | | |
| 2. | | | | | |
| 3. | | | | | |
| 4. | | | | | |
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| 22. | | | | | |
| 23. | | | | | |
| 24. | | | | | |
| 25. | | | | | |

TEAM ATTENDANCE SHEET

(To be completed at each practice and game)

Team Name: _____ Date: _____

Coach's Name: _____

Assistant Coach's Name: _____

Circle One: Practice Game

| Player's Name | Present | Absent |
|---------------|---------|--------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
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| 25. | | |

APPLICATION AND PERMIT TO USE SCHOOL PROPERTY

Name of person completing the application: _____

Name of Group of Organization: _____

Site Requested: _____

Dates Requested: Start Date: _____ End Date: _____

Days of the week requested (circle):

Monday Tuesday Wednesday Thursday Friday

Time Requested: Start Time: _____ End Time: _____

Description of Activity: _____

Approximate Number of People to Use Site: _____

Name and Address of Person to Contact Regarding the Disposition of this Request:

Name: _____ Phone: _____

Address: _____

I hereby state that the information in this application is true and accurate and that, if approved, I will abide by the rules and regulations for the use of public school property as set down by the Altoona Area School District Board of Education. I also agree that financial restitution will be made to the Altoona Area School District for any property damage attributed to our organization.

Signature, Group or Organization Representative

Date

Signature, Altoona Area School District

Date

This application is: Approved _____ Denied _____

This permit must be furnished upon request to any school district official or police officer. Failure to produce the permit when requested will result in removal from school property.

Tenant/Rental User of Altoona Area School District Premises, Property, Equipment

**Rental Agreement Release and
Indemnification/Hold Harmless Agreement**

I _____(rental user) assume entry on to the Altoona Area School District’s (AASD) premises at my own risk and shall be responsible for any and all injury or damage of any kind resulting from said visit, to persons or property regardless of who may be the owner of the property. I (rental user) waive, release, and discharge any and all rights and claims for damages and / or injury that I may have or hereafter may accrue to me against AASD as a result of my being allowed to enter/rent/use the AASD premises.

In addition to the liability imposed upon “rental user” on account of personal injury (including death) or property damage suffered through the visitor’s negligence, which liability is not impaired or otherwise affected hereunder, “rental user” assumes the obligation to save the AASD from every expense, liability, or payment arising out of or through injury and illness (including death) to any person or persons or damage to property (regardless of who may be the owner of the property) arising out of or suffered through any act or omission of the “rental user”.

I (rental user), on behalf of myself, attorneys, successors and assigns, hereby release, acquit and forever discharge AASD, its subsidiaries, officers, agents, employees, attorneys, successors and assigns from any and all liability for claims for all consequences thereto, relating to liability for bodily injury and/or illness arising in connection with “rental user’s” use of AASD’s premises, property, and / or” rental user’s” personal property under this agreement, dated as of _____, by and between “rental user” and AASD, which “rental user” may now or hereafter have, resulting or which may or will result or arise out of, directly or indirectly, from this agreement.

Rental User (print):

AASD (location): _____

Address:

_____/____/____
Authorized Signature & Title Date

_____/____/____
AASD Signature & Title* Date
*Must be signed by Superintendent or Board Secretary

**PERMISSION TO PARTICIPATE IN
ALTOONA AREA SCHOOL DISTRICT
SPONSORED ATHLETICS**

Parents must complete the permission and liability release form below and return it to your child's coach by _____.

I hereby give my consent for _____ to participate in the practice sessions and games representing _____ Elementary School's PTA/PTO sponsored sporting events. I have completed the *Acknowledgment of Release and Hold Harmless Agreement for Participants* and hereby release and indemnify the Altoona Area School District and Volunteer Coaches assigned by the PTA/PTO from any and all claims as a result of the use of AASD facilities and my child's participation in elementary athletics. My child shall comply with all the rules set forth by the school facilities and coaches or be removed from the team. I will be responsible for transporting my child to and from practice and games.

Parent Name: _____

Parent Signature: _____ Date: _____

Address: _____

Phone: _____

Secondary Phone Number: _____

Does your child have any medical problems? NO

Yes, (Please Explain) _____

Name and phone number of nearest relative in case of emergency:

Name: _____

Phone Number: _____

Secondary Phone Number: _____

Child's Grade Level: _____ Child's Teacher: _____

ACKNOWLEDGMENT OF RISK AND HOLD HARMLESS AGREEMENT FOR PARTICIPANTS

I hereby acknowledge that my child _____ has voluntarily chosen to participate in the activities of the elementary athletics program, including, but not limited to, participating in the program and any and all related activities (hereinafter called "activity/program").

I understand the risks involved in participating in this activity/program. I recognize that its activities involve risk of injury and I agree to accept any and all risks associated with it, including but not limited to property damage or loss, minor bodily injury, severe bodily injury, and death. I am voluntarily allowing my child to participate with full knowledge of the risks involved and hereby agree to accept any and all inherent risks of property damage, bodily injury, or death.

In consideration of my child's participation and to the fullest extent permitted by law, I agree to indemnify, defend and hold harmless Altoona Area School District, its officers, directors, employees, agents, volunteers and assigns from and against all claims arising out of or resulting from my child's participation in this activity/program. "Claim" as used in this agreement means any financial loss, claim, suit, action, damage, or expense, including but not limited to attorney's fees, attributable to bodily injury, sickness, disease or death, or injury to or destruction of tangible property including loss of use resulting therefrom. In addition, I hereby voluntarily hold harmless Altoona Area School District, its officers, directors, employees, agents, volunteers and assigns from any and all claims, both present and future, that may be made by me, my family, estate, heirs or assigns.

I hereby expressly agree to indemnify, defend, and hold harmless Altoona Area School District, its officers, directors, employees, agents, volunteers and assigns for any claim arising out of or incident to my child's participation in this activity/program, unless claim is caused by the sole negligence or willful misconduct of Altoona Area School District.

I also understand that Altoona Area School District does not provide any medical or dental insurance to cover bodily injury, illness or death, nor insurance for personal property damage or loss, nor insurance for liability arising out of my negligent acts or omissions; and I acknowledge that I am completely responsible for my own insurance to cover these expenses.

I further understand that this acknowledgment of risk and hold harmless is intended to be as broad and inclusive as permitted by the laws of the State of Pennsylvania and that if any portion hereof is held invalid, I agree that the balance shall, notwithstanding, continue in full legal force and effect.

I understand and agree to follow all rules of conduct, safety rules, and time limits imposed by the activity/program sponsor and to require my child to do so, as well.

I attest that my child is physically fit to participate in physical activities and that his/her medical condition to do so has been verified by a licensed physician.

I have read the above conditions and accept them as shown by my signature, and my intent to be legally bound.

PLEASE PRINT

Participant's Name: _____ Date of Birth: ____/____/____
Last First Middle Name

Parent Name: _____ Signature: _____ Date: _____

ACKNOWLEDGMENT OF RISK AND HOLD HARMLESS AGREEMENT FOR COACHES

I hereby acknowledge that I have voluntarily chosen to participate in the activities of the elementary athletics program, including, but not limited to, coaching/participating in the program and any and all related activities (hereinafter called "activity/program").

I understand the risks involved in participating in this activity/program. I recognize that its activities involve risk of injury and I agree to accept any and all risks associated with it, including but not limited to property damage or loss, minor bodily injury, severe bodily injury, and death. I am voluntarily participating with full knowledge of the risks involved and hereby agree to accept any and all inherent risks of property damage, bodily injury, or death.

In consideration of my participation and to the fullest extent permitted by law, I agree to indemnify, defend and hold harmless Altoona Area School District, its officers, directors, employees, agents, volunteers and assigns from and against all claims arising out of or resulting from my participation in this activity/program. "Claim" as used in this agreement means any financial loss, claim, suit, action, damage, or expense, including but not limited to attorney's fees, attributable to bodily injury, sickness, disease or death, or injury to or destruction of tangible property including loss of use resulting therefrom. In addition, I hereby voluntarily hold harmless Altoona Area School District, its officers, directors, employees, agents, volunteers and assigns from any and all claims, both present and future, that may be made by me, my family, estate, heirs or assigns.

I hereby expressly agree to indemnify, defend, and hold harmless Altoona Area School District, its officers, directors, employees, agents, volunteers and assigns for any claim arising out of or incident to my participation in this activity/program, unless claim is caused by the sole negligence or willful misconduct of Altoona Area School District.

I also understand that Altoona Area School District does not provide any medical or dental insurance to cover bodily injury, illness or death, nor insurance for personal property damage or loss, nor insurance for liability arising out of my negligent acts or omissions; and I acknowledge that I am completely responsible for my own insurance to cover these expenses.

I further understand that this acknowledgment of risk and hold harmless is intended to be as broad and inclusive as permitted by the laws of the State of Pennsylvania and that if any portion hereof is held invalid, I agree that the balance shall, notwithstanding, continue in full legal force and effect.

I understand and agree to follow all rules of conduct, safety rules, and time limits imposed by the activity/program sponsor and to require my team to do so, as well.

I attest that I am physically fit to participate in physical activities and that my medical condition to do so has been verified by a licensed physician.

I have read the above conditions and accept them as shown by my signature, and my intent to be legally bound.

PLEASE PRINT

Coach's Name: _____

Last

First

Middle Name

Signature: _____ Date: _____

Print forms on the following: AAHS (White); WPK (Yellow); Altoona Area JHS (Pink); Elementary (White)

Please type or print neatly

STUDENT ACCIDENT REPORT FORM

Altoona Area School District

PROCEDURE

1. Form completed by activity supervisor and submitted to school nurse or trainer. The form must be signed by the activity supervisor.
2. Nurse/Trainer completes necessary sections, review and follow-up done, insurance claim information documented.
3. Nurse/Trainer forwards to Principal / A.D. Principal/A.D. forwards to Assistant Superintendent who then forwards to the Business Office.

Incident Date: _____

Building/Department: _____ Incident Location: _____ Time: _____

Location Category: AASD Property School Bus Other District/Away From School Field Trip Other: _____

Name: _____ Grade: _____ DOB: _____ Home Phone: _____
 Address: _____ Town: _____ Zip: _____
 Next of Kin: _____ Parent Guardian Spouse Other: _____

Injury Site: Left Right Midline Both L / R – Specific Body Site: _____

Surface: Grass Art. Turf Wooden Track Wr. Mat Infield Street Concrete Steps Terrazzo Sidewalk

Weather: Hot Warm Cool Cold - Precipitation: Rain Snow Humid Injury Occurred: Indoors Outdoors

Specific description of student activity at time of injury / illness:

Activity Supervisor: _____ Position: _____

Suspected Injury:

Specific Treatment / First-Aid Rendered:

Specific Actions: Sent to Nurse/Trainer EMS/911 Called Returned to Class Sent Home To Hospital To Physician

Parent / Guardian Notified: Time: _____ How: _____ By Whom: _____ Unable to Contact

If unable to contact parent/guardian - Why?: _____

Family Health Insurance: Yes No Company Name: _____

Follow-up with parent/guardian: Date: _____ Follow-up by: _____

Information:

Is injured seeing a physician for this injury? No Yes - Name of Physician: _____

Person Completing Report:
 (Print Name): _____ Title: _____
 (Signature): _____ Date: _____

| | Print Name | Signature | Date Rec'd. | |
|--------------------------|------------|-----------|-------------|--|
| School Nurse/Trainer | | | | Ins. Claim Done: <input type="checkbox"/> Y <input type="checkbox"/> N |
| Building Principal | | | | Form Approval: <input type="checkbox"/> Y <input type="checkbox"/> N |
| Assistant Superintendent | | | | Form Approval: <input type="checkbox"/> Y <input type="checkbox"/> N |

Form No.: ASD-F001 (02/09) Page 1 of 1

ALTOONA AREA SCHOOL DISTRICT SPORTS PROGRAM

UNIFORM AGREEMENT

Please circle sport:

Football Cheerleading Basketball Volleyball

Student's Name: _____

Grade: _____ Teacher: _____

Parent/Guardian (print): _____

Address: _____

Phone: _____ Cell: _____

Emergency Contact: _____

Emergency Contact Phone: _____ Cell: _____

Coach: _____

| List each Item (i.e. shirt, shorts, pom-poms, etc.) | Number on Item | Date Issued |
|---|----------------|-------------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |
| 7. | | |

** Parents please note that by signing below you are agreeing to the following: ALL Uniform items are property of the Altoona Area School District Sports Program. They are to be returned at the end of the season. You will be notified by your child's coach as to the date. Uniforms are expected to be returned in the same condition as issued. Please be sure that uniforms are clean. In the event of loss or damage it is the responsibility of the parents to reimburse the cost of the uniform and items.

Parent Signature: _____