



April 2019

Ferndale Area High School Lunch Menu *Menu Subject to Change*

1. General Tso's or Turkey Sand., or Chef Salad, Steamed Rice, Steamed Broccoli, Dinner Roll, Baby Carrots, Pineapple , Milk	2 Chicken Fries or Turkey Sand. or Chef Salad ,Dinner Roll, French Fries, Baked Beans, Corn, Applesauce, Milk	3. Turkey Sub Or Ham Sand., or Chef Salad, Shredded Lettuce, Tomato, Chicken Noodle Soup, Baby Carrots & Celery, Pears, Milk	4. Ham & Cheese on Pretzel Bun or Turkey Sand., or Chef Salad, Seasoned Noodles, Steamed Peas, Peaches, Milk	5. Breakfast For Lunch French Toast Stick w syrup, Sausage Links, Baby Cakes, Apple Juice, Peaches, Milk *Chef Salad or Turkey Sand available
8. Hot Dog on Bun or Ham & Cheese Sand or Chef Salad, Vegetarian Beans, Fresh Vegetable Cup, Mandarin Oranges, Frozen Fruit Cup, Milk	9. BBQ Chicken Sub.,or Ham & Cheese Sand., or Chef Salad, Lettuce & Tomato, Cheese, French Fries, Steamed Green Beans, Mixed Fruit, Milk	10. Turkey Dinner or Ham & Cheese Sand or Chef Salad, Mashed Potatoes w/ Gravy, Steamed Carrots, Dinner Roll, Baked Apples, Milk	11. Walking Taco or Ham & Cheese Sand. or Chef Salad, Shredded Lettuce & Shredded Cheddar Cheese, Salsa, Steamed Rice, Steamed Corn, Peaches , Milk	12.Pizza or Ham & Cheese Sand or Chef Salad, Steamed Broccoli, Carrot & Celery Cup W/ Dip, Mandarin Oranges, Baked Cheetos, Milk
15. BBQ Riblett on Bun or Deli Sand or Chef, Potato Cakes, Baby Carrots, Coleslaw, Peaches, Frozen Sherbet Cup, Milk	16. Hamburger on Bun or Deli Sand Or Chef Salad, Vegetarian Beans, Potato Wedges, Pineapple, Milk	17. Pizza Burger, or Chef Salad, Steamed Broccoli, Fresh Vegetable Cup w/ Dip, Mandarin Orange, Milk	18. Chicken Strips or Deli Sand or Chef Salad, Macaroni & Cheese, Stewed Tomatoes ,Coleslaw, Peaches, Goldfish Crackers, Milk	19. No School for Students
22. No School For Students	23. Steak & Cheese on Pretzel Bun or Turkey Sand., or Chef Salad, Seasoned Noodles, Steamed Broccoli, Peaches, Milk	24. Pasta w/ MeatSauce or PB&J or Chef Salad, Garlic Breadstick, Steamed Peas, Tossed Salad, Mixed Fruit Cup, Fresh Fruit, Milk	25. Taco or PB&J or Chef Salad, Lettuce, Shredded Cheese, Salsa, Steamed Rice, Steamed Corn, Black Beans, Peaches, Milk	26. Maxx Sticks w Sauce or Deli Sand or Chef Salad, Steamed Carrots, Mixed Fruit, Snack Bag, Milk
29. Chicken Patty Sand., or Turkey & Cheese Sand or Chef Salad, Lettuce/Tomato, Steamed Peas, Tator Tots, Mixed Fruit , Milk	30. Sloppy Joes on Bun, Or PB&J or Chef Salad, French Fries, Steamed Green Beans, Mandarin Oranges, Milk	Milk Choices: Fat Free: Vanilla, Chocolate, Strawberry, Skim, 1% White Milk		Meal Prices: HS & Elem Breakfast:\$.1.00, reduced \$.30. Lunch HS: \$1.85 , Elem. \$1.70 Reduced \$.40 Milk \$.45