



October

UCSD#1 MIDDLE SCHOOL LUNCH MENU

All meals include fruits, vegetables and a choice of 1% white or chocolate milk.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHICKEN SALAD SANDWICH ***** DUTCH WAFFLES HASH BROWNS SAUSAGE PATTY EGG PATTY KETCHUP SYRUP ROSY APPLESAUCE	2 CHEF SALAD ***** SWEET AND SOUR CHICKEN HAM FRIED RICE EGG ROLL CALIF. BLEND VEG FRUIT COCKTAIL FORTUNE COOKIE	3 HOAGIE SANDWICH CHIPS ***** FRITO PIE SWEET YELLOW CORN SHREDDED LETTUCE SALSA GREEN ONIONS CINNAMON APPLE SLICES SNICKERDOODLES	4 HOT HAM & CHEESE SANDWICH ***** PIZZA HUT PIZZA PIZZA SALAD RANCH DRESSING PEARS
7 PIZZA HUT PIZZA ***** CHICKEN TENDERS FRENCH FRIES BBQ SAUCE SALAD CARROT N' CELERY STICKS RANCH DRESSING PEACHES	8 TACO BURGER ***** TACO TOTS NACHO CHEESE SHREDDED LETTUCE BLACK OLIVES SOUR CREAM SALSA PEARS CHOCOLATE CHIP COOKIE	9 RANCH HOUSE SALAD ***** HOT BEEF ON TOAST GREEN BEANS SALAD RANCH DRESSING ROSY APPLESAUCE	10 PHILLY CHEESE STEAK WRAP ***** CHICKEN FRIED STEAK SANDWICH SALAD CUCUMBER SLICES CARROT STICKS RANCH DRESSING FRUIT COCKTAIL	11 STACKED HAM AND CHEESE SANDWICH ***** PIZZA HUT PIZZA SALAD CUCUMBER SLICES RANCH DRESSING LUNCH BUNCH GRAPES CHOCOLATE CAKE
14 NO SCHOOL TODAY	15 NO SCHOOL TODAY	16 KICKEN CHICKEN SANDWICH ***** BBQ RIB PATTY BBQ SAUCE CHIPS SALAD RANCH DRESSING PEACHES	17 SOUTHWEST CHICKEN SALAD ***** CHICKEN NOODLE SOUP GRILLED CHEESE CARROT STICKS SALAD RANCH DRESSING FRUIT COCKTAIL	18 PIZZA HUT PIZZA ***** CHEESE WEDGE MARINARA SAUCE SALAD GRAPE TOMATOES RANCH DRESSING PEARS APPLE CRISP
				
21 PIZZA HUT PIZZA ***** CHEESEBURGER BAKED BEANS SLICED TOMATOES ONION PICKLE SLICES CARROT STICKS RANCH DRESSING PEACHES	22 CHICKEN QUESADILLAS ***** CHICKEN TACOS SHREDDED LETTUCE DICED TOMATOES DICED ONIONS SOUR CREAM REFRIED BEANS BANANAS CHURRO	23 CHINESE CHICKEN SALAD ***** TURKEY GRAVY ON MASHED POTATOES SWEET YELLOW CORN FRUIT COCKTAIL DINNER ROLL	24 BLTC SANDWICH ***** HOT DOG MACARONI AND CHEESE SALAD MUSTARD PACKETS KETCHUP RANCH DRESSING ROSY APPLESAUCE	25 
28 PIZZA HUT PIZZA ***** HOT HAM & CHEESE SANDWICH FRENCH FRIES MUSTARD PACKETS MAYONNAISE PACKETS SALAD RANCH DRESSING FRUIT COCKTAIL	29 STACKED TURKEY SANDWICH ***** PIGS IN A BLANKET CHIPS SALAD DICED TOMATOES RANCH DRESSING PEACHES SUGAR COOKIE	30 SOUTHWEST CHICKEN SALAD ***** HAMBURGER GRAVY ON MASHED POTATOES DINNER ROLL GREEN BEANS SALAD RANCH DRESSING PEARS	31 CALZONE ***** FRENCH TOAST STICKS SAUSAGE LINKS EGG PATTY SYRUP HASH BROWNS KETCHUP ORANGE	