

# BREAKFAST

## FREE BREAKFAST ALL YEAR FOR EVERYONE !!!

1-A <b>POP TART -STRAWBERRY</b> OR FROOT LOOPS CEREAL CINNA BREAD	1-B <b>BISCUIT-EGGS-SAUSAGE</b> OR RICE KRISPIES -CEREAL CINNA BREAD	1-C <b>BREAKFAST BURRITO</b> OR LUCKY CHARMS- CEREAL CINNA BREAD	1-D <b>BLUEBERRY MUFFIN</b> SAUSAGE PATTY OR FROSTED FLAKES CINNA BREAD	1-E <b>DUTCH WAFFLES</b> OR APPLE CHEERIOS CEREAL CINNA BREAD
2-A <b>FRENCH TOAST STICKS</b> OR FROOT LOOPS CEREAL CINNA BREAD	2-B <b>BREAKFAST TACO—LOS CABO</b> OR LUCKY CHARMS CEREAL CINNA BREAD	2-C <b>EGG EXTRAVAGANZA</b> TOAST OR RICE KRISPIES CEREAL TOAST	2-D <b>MINI MAPLE PANCAKES</b> OR FRUIT LOOP CEREAL CINNA BREAD	2-E <b>PIG-N-BLANKET</b> OR CHEERIOS CEREAL CINNA BREAD
3-A <b>FLAPSTICK-SYRUP</b> OR FROOT LOOPS CEREAL CINNA BREAD	3-B <b>BISCUIT-EGGS-SAUSAGE</b> OR APPLEJACKS CEREAL CINNA BREAD	3-C <b>POP TARTS—</b> <b>STRAWBERRY</b> OR LUCKY CHARMS— CEREAL CINNA BREAD	3-D <b>BLUSBERRY MUFFIN</b> SAUSAGE OR FROSTED FLAKES CINNA BREAD	3-E <b>BISCUIT 7 SAUSAGE PAT-</b> <b>TY</b> OR CHEERIOS CEREAL CINNA BREAD
4-A <b>FRENCH TOAST STICKS</b> OR FROOT LOOPS CEREAL CINNA BREAD	4-B <b>POP TARTS- STRAWBER-</b> <b>RY</b> APPLEJACKS CEREAL CINNA BREAD	4-C <b>BREAKFAST TACO</b> OR LUCKY CHARMS— CEREAL TOAST	4-D <b>MINI MAPLE PANCAKES</b> OR FROSTED FLAKES CINNA BREAD	4-E <b>PIG-N-BLANKET</b> OR RICE KRISPIES—CEREAL CINNA BREAD

### All Breakfast Meals Include

**100% Fruit Juice \*\*\* Fruit Of The Day \*\*\* Milk Variety**

For a complete breakfast meal students must take at least 3 food items one of which must be a fruit or vegetable.

Note: Menu items in **RED** count for **2** food items.

Ala carte prices will be charged for individual items if a complete meal is not taken.

Check out the CBISD website [cbisd.com](http://cbisd.com) for nutritional information,  
My School Bucks Online payments, menus, promotions and Online Free/Reduced Meal Applications!

**ALL STUDENTS BREAKFAST FREE OF CHARGE**  
Adults Breakfast \$2.25

**Breakfast cycle dates correspond**  
with **Lunch cycles dates.**

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MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY OR PROMOTIONS

Columbia-Brazoria ISD

# CHS

## 2018-2019

# MENU

**FREE**  
**BREAKFAST FOR**  
**ALL Students !!!**



**Necks**

**COLUMBIA HIGH SCHOOL**

### LUNCH PRICES


Reduced Price Lunch \$ .40  
 Full Price Lunch \$3.15  
 Adult Lunch Price \$3.75



### Every Day Entrée Choices:

1. PLATE LUNCH (yellow)
2. ROUGHNECK PIZZERIA (blue)
3. ELMO'S GRAB-N-GO BOX (PINK)

# ROUGHNECK LUNCH



## 6 Entrée Choices every day!

CYCLE 1	ENTRÉE CHOICE	1-A	1-B	1-C	1-D	1-E
Aug 13-17	<b>PLATE LUNCH</b>	<b>CHICKEN TENDERS</b> CREAM GRAVY-ROLL	<b>CRISPY TACO-SALSA</b> TORTILLA CHIPS	<b>STEAK FINGERS</b> CREAM GRAVY-ROLL	<b>BBQ BAKED POTATO</b> TEXAS TOAST	<b>CHICKEN SANDWHICH</b> MAYO-MUSTARD
Sept 10-14	<b>ROUGHNECK PIZZERIA</b>	<b>PEPPERONI PIZZA</b> GARLIC DIPPING STICKS HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>MEATLOVERS PIZZA</b> HOT FRIED CHEESEBURGER BASKETS
Oct 11-18						
Nov 5-9						
Dec 10-14						
Jan 21-25	<b>ELMO'S GRAB-N-GO</b>	<b>SPECIAL: NACHOS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: TACO STICKS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: HOT WING</b> POPCORN CHICKEN BASKET	<b>SPECIAL: CHESSE PIZZA</b> POPCORN CHICKEN BASKET	<b>SPECIAL: FRITO PIE</b> POPCORN CHICKEN BASKET
Feb 18-22	<b>SIDES</b> <small>(goes with all entrée choices)</small>	WHIPPED POTATOES VEGGIE STICKS-RANCH DIP APPLE WEDGES...APPLESAUCE	SHRED LETTUCE-TOMATOES REFRIED BEANS DICED PEACHES... WATERMELON APPLESAUCE	GREEN BEANS POTATO ROASTERS CUCUMBER-TOMATO ORANGE...PEAR CUP	MIXED VEGETABLES BUTTERED CORN APPLESAUCE...PEACHES.	BURGER VEGGIE CUP OVEN FRIES-KETCHUP PEAR CUPS...BANANA
Mar 25-29						
Apr 22-26						
May 27-31						
CYCLE 2	ENTRÉE CHOICE	2-A	2-B	2-C	2-D	2-E
Aug 20-24	<b>PLATE LUNCH</b>	<b>CHICKEN RINGS-GRAVY</b> DINNER ROLL	<b>ORANGE CHICHEN</b> VEGETABLE FRIED RICE	<b>BAKED SPAGHETTI</b> GARLIC BREADSTICK	<b>BEEF STEAK PATTY</b> GRAVY-ROLLS	<b>TACO STICKS</b> TORTILLA CHIPS
Sept 17-21	<b>ROUGHNECK PIZZERIA</b>	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>CHEESE PIZZA</b> GARLIC DIPPING STICKS HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS
Oct 15-19						
Nov 12-16						
Dec 17-21						
Jan 28- Feb1	<b>ELMO'S GRAB-N-GO</b>	<b>SPECIAL: NACHOS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: CRISPY TACO</b> POPCORN CHICKEN BASKET	<b>SPECIAL: HOT WINGS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: CRISPITOS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: FRITO PIE</b> POPCORN CHICKEN BASKET
Feb 25-Mar1	<b>SIDES</b> <small>(goes with all entrée choices)</small>	BABY BAKER POTATOES SUMMER SPINACH CARROT COINS STRAWBERRIES...SOUR APPLESAUCE	VEGETABLE FRIED RICE BROCCOLI CORN APPLESAUCE...MANDARIN ORANGES	PEAS AND CARROTS TOSSED GARDEN SALAD CHILLED PEAR CUP...GREEN APPLES	WHIPPED POTATOES CORN ON THE COB SLICED CUCUMBERS BANANA...PEACH CUP	RANCHERO BEANS VEGGIE STICK DIPPERS APPLESAUCE...BANANA
Apr 1-4						
Apr 29-May3						
CYCLE 3	ENTRÉE CHOICE	3-A	3-B	3-C	3-D	3-E
Aug 27-31	<b>PLATE LUNCH</b>	<b>KING RANCH CASSEROLE</b> TORTILLA CHIPS	<b>TAMALES</b> TORTILLA CHIPS	<b>CHEESE ENCHILADAS</b> CRACKERS	<b>BREADED CHICKEN PATTY</b> GRAVY-DINNER ROLL	<b>STEAK SANDWHICH</b>
Sept 24-28	<b>ROUGHNECK PIZZERIA</b>	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>CHEESE PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS
Oct 22-26						
Nov26-30						
Jan 7-11						
Feb 4-8	<b>ELMO'S GRAB-N-GO</b>	<b>SPECIAL: NACHOS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: DELI WRAP</b> POPCORN CHICKEN BASKET	<b>SPECIAL: HOT WINGS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: TACO STICKS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: FRITO PIES</b> POPCORN CHICKEN BASKET
Mar 4-8	<b>SIDES</b> <small>(goes with all entrée choices)</small>	BLACK EYED PEAS CARROT COINS GRANNYSMITH APPLE...PEARS	REFRIED BEANS TOSSED SALAD PINEAPPLE TIDBITS...RED APPLE	PINTO BEANS-FIESTA SALAD CORN-ZUCCHINI MEDLEY ORANGE...APPLESAUCE CUP	BABY BAKERS POTATOES GREEN BEAN CARROTEENIE W RANCH	CRINKLED FRIES VEGGIE STICKS-RANCH FROSTY PEACH CUPS...BANANA
Apr 8-12						
May 6-10						
CYCLE 4	ENTRÉE CHOICE	4-A	4-B	4-C	4-D	4-E
Sept 3-7	<b>PLATE LUNCH</b>	<b>POPCORN CHICK SMACKER</b> GRAVY—HOT ROLL	<b>CHILLI MAC</b> BREADSTICKS	<b>ORANGE CHICKEN WITH</b> ORIENTAL RICE IN TAKE OUT BOX	<b>TAMALES</b> SPANISH RICE TORTILLA ROUNDS	<b>BACON CHEESEBURGER-</b> MAYO-MUSTARD
Oct 1-5	<b>ROUGHNECK PIZZERIA</b>	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>CHEESE PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> HOT FRIES CHEESEBURGER BASKETS	<b>PEPPERONI PIZZA</b> GARLIC DIPPING STICKS HOT FRIES CHEESEBURGER BASKETS
Oct 29- Nov2						
Dec 3-7						
Jan 14-18						
Feb 11-15	<b>ELMO'S GRAB-N-GO</b>	<b>SPECIAL: NACHOS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: STUFFED PIZZA</b> STICKS POPCORN CHICKEN BASKET	<b>SPECIAL: HOT WINGS</b> POPCORN CHICKEN BASKET	<b>SPECIAL: BEEF BURRITO</b> POPCORN CHICKEN BASKET	<b>SPECIAL: FRITO PIE</b> POPCORN CHICKEN BASKET
Mar 18-22	<b>SIDES</b> <small>(goes with all entrée choices)</small>	SCALLOPED POTATOES CUCUMBER SLICES BLUE APPLESAUCE...STRAWBERRY	TOSSED SALAD-RANCH ITALIAN BLEND VEGGIES TROPICAL FRUIT...MANDARIN ORANGES	PEAS & CAROTS VEGGIE STICKS-RANCH FORTUNE COOKIE BANANA...PEACH CUP	CORN NIBLETS SHRED LETTUCE & TOMATO SALSA DIPPING CUP RED APPLE ...APPLESAUCE	OVEN FRIES-KETCHUP OVEN FRIES SANDWICH VEGGIE CUP STRAWBERRY CUP...ORANGE
Apr 15-19						
May 13-17						

**PLATE LUNCH**  
*Hot Traditional Homestyle Meal*

**ROUGHNECK PIZZERIA**  
*Sliced Pizza Variety or Cheeseburger Boat*

**ELMO'S GRAB-N-GO BOX**  
*Daily Special - Popcorn Chicken*

Choose 1 entrée from the 6 entrée choices above.

Each entrée includes  
**ALL** available sides  
**PLUS** milk variety choice

For a complete LUNCH meal students must take at least 3 components, one of which must be a vegetable or fruit side dish. Students may take all offered components within each meal grouping.. Note: Menu items in **RED** count for 2 components. Ala carte prices will be charged for individual items if a complete meal is not taken.