

POTH INDEPENDENT SCHOOL DISTRICT

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Dear Community Member:

Please join us as an Adult Facilitator at our upcoming Rachel's Challenge event called Chain Reaction for our Freshmen on November 8 from 9-3 in the Poth Junior High Gym. The mission of Rachel's Challenge is to equip and empower students and adults to sustain a positive culture change in their schools and communities by starting a chain reaction of kindness and compassion; based on the life and writings of Rachel Scott, the first person killed in the Columbine High School shootings on April, 20 1999. Since its inception, over 23 million people have heard Rachel's story in live settings worldwide.

Chain Reaction is a powerful, high-energy program in which youth and adult participants are guided through a series of experiential learning processes. The overall goals of the program are to increase personal power and self-esteem, to shift dangerous peer pressure to positive peer support and to eliminate the acceptability of teasing, violence and all forms of oppression. Chain Reaction programs are designed to unite the members of the school and/or community and to empower them to carry the themes of the program back to the greater school population. This program successfully addresses the issues of violence, teasing, social oppression, racism, harassment, conflict management, suicide, peer pressure, alcohol and drugs.

We encourage adults to volunteer as positive role models for the benefits of youth. The program welcomes parents, guardians, teachers, administrators, police officers, elected officials, community members and any other interested adults. This allows youth to see another side of these adults in addition to their assigned community roles.

Adult Facilitators are crucial for the success of the day. Rachel's Challenge presenters will meet with all facilitators for **30 minutes prior** to the start of the program to let you know what is needed from you and to answer your questions. **No prior training is necessary other than the morning check-in meeting.** You must be able to remain on-site and participate fully for the entire program, including **15 minutes** after the program for a post Chain Reaction debriefing.

If you are interested in participating, or know someone that would be interested, please contact Nicole Dziuk for more information. We hope you will be able to join us for this wonderful experience!

Sincerely,
Nicole Dziuk
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Rachel's Challenge Team
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