



**California School for the Deaf – Elementary & Middle School Menu**  
**January 14 – 18, 2019**

<p>Fresh Fruit Bar Orange Juice Wholegrain Assorted Cereal</p> <p>Wholegrain Toast</p> <p>Maragine, Jelly Non-fat Chocolate Milk Low-fat Milk Soy Milk</p>	<p>Fresh Fruit Bar Applesauce Wholegrain Honey Chex Cereal Wholegrain Zee Bar</p> <p>Assorted Yogurt</p> <p>Chocolate Milk Non-fat Milk Low-fat Soy Milk</p>	<p>Fresh Fruit Bar Banana Wholegrain Assorted Cereal Wholegrain Waffle</p> <p>Syrup Margarine Chocolate Milk Non-fat Milk Low-fat Soy Milk Veggie Bacon</p>	<p>Fresh Fruit Bar Strawberry Cup Wholegrain Assorted Cereal Breakfast Burrito Salsa Chocolate Milk Non-fat Milk Low-fat Soy Milk</p> <p>Wholegrain Tortilla With Melted Cheese</p>	<p>Fresh Fruit Bar Assorted Juice Wholegrain Kix Berry Cereal Hash Brown Patty</p> <p>Wholegrain Toast Ls Catsup Chocolate Milk Non-fat Milk Low-fat Soy Milk</p>
<p>Super greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Applesauce</p> <p>Caser Salad</p> <p>Wholegrain Multi Cheese Pizza</p> <p>Non-fat Chocolate Low-fat Milk Soy Milk</p>	<p>Super greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Canned Mandarin Oranges Herb Roasted Chicken Thighs Wholegrain Rice Pilaf Peas Fresh Wholegrain Dinner Roll Milk Low-fat, Non-fat Chocolate Non-fat Milk</p> <p>Veggie Chicken Breast</p>	<p>Super greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Orange 1/2 Coleslaw Wholegrain Fish Sticks Fresh Wholegrain Dinner Roll Tater Tots Catsup Tartar Sauce Lemon Wedge Wholegrain Animal Cracker Milk Low-fat, Non-fat, Chocolate Non-fat Milk Veggie Breaded Chicken Strips</p>	<p>Super greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Apple Juice Grilled Cheese Sandwich Broccoli Potato Salad</p> <p>Popsicle</p> <p>Milk Low-fat, Non-fat Chocolate Non-fat Milk</p>	<p>Super greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Grape Juice Taco Lettuce, Tomato, Grated Cheese Mexicali Corn Fresh Salsa Teddy Graham Low-fat Milk Non-fat Chocolate Milk Soy Milk</p> <p>Veggie Taco</p>
<p>Super greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Peaches Chicken Enchilada Spanish Rice Sour Cream Salsa</p> <p>Ice Cream Cup</p> <p>Milk Low-fat, Soy</p> <p>Cheese Enchilada</p>	<p>Super greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Polish Sausage Catsup Mustard Sautéed Green Beans Potato Wedges Wholegrain Hot Dog Bun Margarine Milk, Low-fat, Soy Chocolate Non-fat Milk</p> <p>Veggie Burger</p>	<p>Super greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Fresh Melon Beef Lasagna Garlic Bread Peas Non-fat Chocolate Milk Low-fat Milk Soy Milk</p> <p>Veggie Lasagna</p>	<p>Super greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Cucumber Slices Applesauce Tri-Tip Baked Potato Green Beans Biscuit Honey Margarine Sour Cream Milk Low-fat, Soy Milk</p> <p>Veggie Burger Patty</p>	